FOR IMMEDIATE RELEASE



City of Duluth - Parks and Recreation

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DATE: 7/31/2020

SUBJECT: City of Duluth Parks and Recreation August Program Schedule

BY: Kate Van Daele, Public Information Officer

City of Duluth Parks and Recreation August Program Schedule

[Duluth, MN] The City of Duluth's Park and Recreation division is proud to announce programs taking place in August. This news blast contains highlights of upcoming offerings, for more detailed information please visit our website www.duluthmn.gov/parks. Click here to see our brochure and the other programs taking place this summer!

All programs require pre-registration three days in advance unless otherwise noted andwill be run in accordance with Minnesota Department of Health and CDC guidelines per our pandemic operations plan found on our website at www.duluthmn.gov/parks/COVID.

*For the members of the media, please call Kate Van Daele if you are interested in featuring any of these programs. These events are not public and require registration. We are happy to coordinate interviews with prior notice. Thank you!

Bayfront Tot Track

Ages: 0-5, with parent

Riding toys, wagons, strider bikes along with an assortment of outdoor activity equipment will be available to rent. Our paved path circling the park is the perfect place for families to shift gears and get some fast-track exercise. This equipment may be used anywhere in Bayfront Festival Park.

<u>Day</u>	Date	Time
F-Su	Weekly through Aug. 31	9 a.m.–noon
М	Weekly through Aug. 31	2–5 p.m.

Location: Bayfront Family Center, 700 West Railroad Street

Nature Knowledge

Ages: All

Ever wondered what adaptations make owls such skilled hunters? Who is making those animal tracks in my yard? How was Lake Superior created? Join us to learn about the natural world around us.

Day	Date Topic	Time	Cost	Location		Course	#
W	Aug. 12 Rock Talk	s: Geology 6-7 p.m	. \$3	Quarry Park,	1325 N 59th Ave W	1361	

Full Moon Hike

Ages: All

Join us on the evening of the full moon as we enjoy the peacefulness of the forest under the night sky. Head-lamps are recommended. Hikes will be beginner level.

Day		Time	Cost	Location	Course #
М	Aug. 3	8–9 p.m.	\$2	Brewer Park Trailhead. 2588 Haines Rd	1289

Women Hike Duluth

Ages: All

We have partnered with Hike Duluth to provide guided hikes at various parks throughout Duluth to encourage women to be active and meet others who also enjoy the outdoors.

Day	Date	Time	Cost	Location Course	<u>#</u>
Tu	Aug. 18	6–7 p.m.	Free	Highland Trailhead, 7051 W Skyline Parkway	1333

Guided Hikes

Ages: All

Join us at our parks and on our trails for some exercise and fresh air!

Lunch Break

<u>Day</u>	Date	Time		Cost	Location	Course #
W	Aug. 5	12:30-1:15 p.m.		\$2	Kingsbury Creek Trailhead, 7215 Wased	ea St 1337
W	Aug. 19	9 12:30-1:15 p.m.		\$2	Enger Tower, 1601 Enger Tower Rd	1338
Sunda	ay .					
Day	Date	Time	Cost	Locati	on	Course #
Su	Aug. 9	5 -7 p.m.	\$2	Martin	n Road Trailhead, <i>3801 Martin Rd</i>	1342

Open Skating

Ages: All

Get out of the heat AND have some active fun! Limited skates are available for loan. Participants must pre-register online by Friday for their desired session. Each 45 min session will be limited to 25 people. Arrive 15min early to allow for health screens and to put on skates.

Day	Date	Time	C	ost Course #	
Su	Weekly through Aug. 30	3–3:45, 4:15–5 p.m.	\$3	See website, varies by date and tir	ne

Location: Essentia Duluth Heritage Sports Center, 120 S. 30th Ave. W.

Adventure Day Camp

Ages:6-12

Want to end the summer exploring a variety of outdoor recreation topics and activities? Join us for a variety of activities including group games, nature-based activities, art projects, outdoor skills, and more! Registration required one week prior to session.

Day	Date	Time	Cost		Course #
M-Th	Aug. 24–27	7:30 a.m.–5 p.m.	\$160	1225	
M–Th	Aug. 31-Sept. 3	7:30 a.m.–5 p.m.	\$160	1226	
LOCAT	ΓΙΟΝ: Bayfront Family	y Center, 700 Railroad Street			

Park Play

Ages:6-12

Join us at the park for some activities including group games, nature-based activities, art projects, outdoor skills, and more! Registration required one week prior to session.

Day	Date	Time	Cost	Course #
M–Th	Aug. 17-20	8 a.m12:30 p.m.	\$80	1219

LOCATION: Bayfront Family Center, 700 Railroad Street

Generations Outside (GO!)

Ages: 55+ with youth grandchild(ren) 6+

This program is focused on building generational relationships between grandparents and grandchildren through experiences in the great outdoors!

Day	Date	Topic	Time	Location	Course #		
W	Aug. 5	GO! Hiking	9:30–11 a.m.	Park Point Trail, Park Point near	aırport	1346	
W	Aug. 19	GO! Create	1-2:30 p.m.	Bayfront Family Center, 350 Har	bor Dr	1347	
W	Aug. 26	GO! Birding	9:30-11 a.m.	Hawk Ridge, 3980 East Skyline I	Parkway	1348	
Sa	Aug. 29	GO! Create	9:30-11 a.m.	Memorial Park, 5315 Grand Ave		1349	
Cost:	Cost: \$2/session/person						

Equipment Rental

It's time for summer fun! We are adding a selection of rental equipment for you to enjoy this summer. Whether you're having a backyard barbeque, hiking a new trail, or practicing sports skills, we have something to make your summer great! **Make your reservations online at duluthmn.gov/parks/register.**

Equipment will be picked up and dropped off in a curbside format outside of the Bayfront Family Center (700 West Railroad Street). Rental timeframe is Friday-Monday. Your specific timeslot will be determined during registration. Please make reservations by end of day Thursday.