# FOR IMMEDIATE RELEASE



# City of Duluth - Parks and Recreation

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SUBJECT: City of Duluth Parks and Recreation Upcoming Events and Programs

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## City of Duluth Parks and Recreation Upcoming Events and Programs

Highlights of upcoming Parks and Recreation offerings, for more information please visit our website www.duluthmn.gov/parks

Check out our Winter/Spring digital Parks and Recreation programming brochure here to see the other programs happening!

#### **Pre-School Skate**

Ages: 0-6

This is an opportunity for young children, accompanied by an adult, to begin teaching their pre-school aged children how to ice skate without the crows and intimidating speed of advanced skaters.

Day Date Time Cost
Tu Weekly 9:15-10:30 a.m. \$2

Location: Essentia Duluth Heritage Sports Center, 120 S. 30th Ave. W.

## Senior Open Gym

Ages: 55+

The large gym will be open and participants will have access to a large variety of sports equipment and games. This is an opportunity for active fun and social time with others. Beverages and healthy snacks will be served afterwards in the community room overlooking downtown, where conversations can unfold!

Day Date Time Cost Location

Th Weekly 9-11 a.m. (Gym) \$2 Washington Center Gym, 310 N. First Ave. W

11-noon (Socialize) Community Room

### Archery - Games and Challenges

Ages: 8+

Looking to test and improve your skills in unique archery games? Following a short refresher on range safety and shooting technique. These sessions will give you the opportunity to work on your form and cover how to use an archery scorecard. Prerequisite: Intro to Archery or Archery Night

Day	Date	Time	Cost	Location	Course #
M	March 9	6 – 8 p.m.	\$5	Washington Center Gym	#1169
M	March 13	6 – 8 p.m.	\$5	Washington Center Gym	#1170

Max Participants: 16, pre-registration required

# **Generations Outside (GO!)**

Ages: 55+ with youth grandchild(ren) 6+

This program is focused on building generational relationships between grandparents and grandchildren through experiences in the great outdoors! Registration will close when filled or one day before each session. Limited space available.

Day Date Activity Time Cost Location Course # Sa March 28 GO! Hiking 9:30 – 11:30 a.m. \$2/person Hartley Park #1179

### **Nature Knowledge**

Ages: All

Join us to learn about the natural world around us in these educational activities based in parks throughout the city.

Dav Time Topic Cost Location Course # Su March 29 1 - 2 p.m.Rock Talk (Geology) \$2 Lester Park #1182 #1183 Tu March 31 5 - 6 p.m.Rock Talk (Geology) \$2 **Enger Park** 

#### **Full Moon Snowshoe Hike**

Ages: All

Join us on the evening of the full moon as we enjoy the peacefulness of the forest under the night sky.

Snowshoes and headlamps available for use (or bring your own). Restrooms are not available at

trailheads in the winter. Please arrive early to allow time to put on snowshoes. Hikes will be beginner

level.

Day Date Time Cost Location Course #

M March 9 6:45–8 p.m. \$4 Park Point Beach Hike

1191 Meet at: Park Point Nature

Trailhead

#### **Women Hike Duluth**

Ages: All

Monthly guided hikes at various parks to encourage women to be active and meet others who also enjoy the outdoors. Wear sturdy shoes and dress for the weather. Carpooling is encouraged, as many places have limited parking. Restrooms are unavailable at trailheads during the winter.

Day Date Time Cost Location

Sa March 21 1–2 p.m Free Magney-Snively Closed Road 1196

Meet at: 9900 block of West Skyline Parkway

#### **Outdoor Rec Club**

Ages: All

Get outside and explore Duluth this spring through a variety of outdoor opportunities. Attend as many of the weekly sessions as you can. Whatever your skill level, join other members of the community to stay active together this spring. Activity locations will be sent upon registration.

Dav Date Time Cost Course #

M March 2–May 18 5:30–6:45 p.m. \$50 for all sessions #1201

Weekly Themes:

March 9 ...... Snowshoeing/Hiking

March 16 ...... Snow Golf

March 23 ..... Nordic Walking

March 30 ...... Map and Compass

### **Fireside Crafts**

Ages: Adults

Embrace new craft projects this winter while enjoying the ambiance of our winter-wonderland at the Bayfront Family Center. Bring a blanket, and cozy up by the fireplace while learning a new skill and taking home a project! No experience necessary; materials and instruction provided.

Pre-registration required, registration closes 2 days prior to program.

Day Time Cost Location

Th 6-8 p.m. \$20 per session Bayfront Family Center, 700 Railroad Ave.

March 12: Lino Printing Course #: 1211

Learn how to create unique prints using linoleum blocks!

March 26: Basket Weaving Course #: 1212

Learn about basketry and some of the many basket-making materials available all around you, then craft your own beautiful and functional basket!