

FOR IMMEDIATE RELEASE City of Duluth Parks and Recreation Division

411 West First Street, Duluth, Minnesota 55802 218-730-4309 | www.duluthmn.gov | Kathleen Bergen, Parks and Recreation Division Mgr.

For more information contact Amy Norris, Public Information Coordinator 218-730-4312

DATE: 04/22/2013

SUBJECT: Parks and Recreation offers Spring Ultimate Frisbee at Heritage Sports Center

BY: Amy Norris, Public Information Coordinator

Parks and Recreation offers Spring Ultimate Frisbee at Heritage Sports Center

Learn Ultimate Frisbee

This recreational opportunity is open to youth, ages 7 – 18 years old. Just drop in at the Heritage Sport Center Turf Facility and learn the game of Ultimate Frisbee from members of the Twin Ports DINGWOP Team. Join us for Ultimate Frisbee on Wednesday, April 24th, May 1,8,15,22 from 7:00 - 8:00 pm at the Heritage Sport Center Turf facility. The event is FREE. The Heritage Sports Center is located at 120 South 30th Avenue West. For more information call Parks and Recreation at 730-4322.

###