

DULUTH PARKS AND RECREATION

WINTER/SPRING PROGRAMS

JANUARY - MAY 2025



duluthmn.gov/parks

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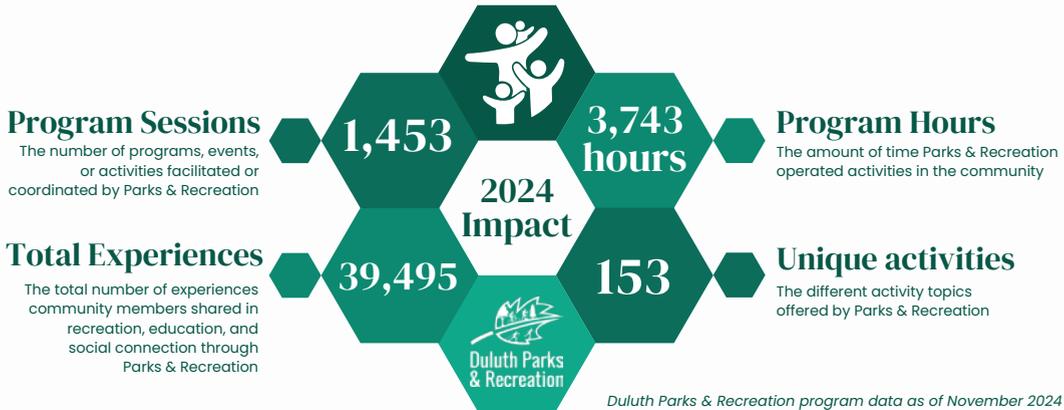


ABOUT US

Welcome to the 2025 Winter-Spring program brochure! Get ready to mark your calendars, because there is something in here for everyone! We hope you make time to head outdoors, connect with friends, family, and neighbors to enjoy all that our park system has to offer. From guided hikes, bus tours, sports leagues, and community gatherings we hope you'll join us and our program partners out and about in our park spaces!

Programs, Events, & Activities 2024 Year in Review

Duluth Parks & Recreation provides the community with a wide range of opportunities to spend time together, build relationships and skills, and live healthy, active lifestyles. If you've participated with us so far, THANK YOU! If you haven't yet, we'd love to see you at a program, activity, or event in 2025!



Along the great Lake Superior, Duluth's extensive and all-season park system is a critical component of the city's physical, environmental, social, and economic well-being. In addition to a number of destination-quality parks, Duluth's park system offers an array of recreation amenities and a diverse trail network. Duluth's trail system includes 10 miles of horseback trail, 30 miles of paved accessible trail, 16 miles of gravel accessible trail, 38 miles of cross-country ski trail, 85 miles of bike-optimized singletrack trail, and more than 150 miles of natural surface hiking trails!

FOLLOW US ON SOCIAL MEDIA!

@DuluthParksMN

Facebook Instagram

Duluth Parks & Recreation

Stay up to date with the latest from Duluth Parks & Rec!

Learn about programs, events, alerts, trail closures, and projects in the Duluth park and trail system.

Mission Statement

To promote the health and well-being of our community, environment and economy by facilitating recreational opportunities and coordinating the enhancement of our parks, facilities and natural resources now and into the future.

Vision Statement

To be the central driving force in strengthening the heritage of a healthy, active community for future generations by continuing on the path of improving and enhancing our parks and facilities, protecting our natural resources, and developing partnerships to deliver recreation programs and services.

Parks Planning

Parks & Recreation planning, design, construction, and public engagement efforts related to parks, park facilities, trails, and natural resources is led by our Stewardship team. Stewardship projects aim to improve park access and recreational experiences for our citizens, reduce conflicts, enhance resiliency, and protect our natural resources. To learn more about active parks planning, design, and construction projects, please visit our Progress in the Parks page at: duluthmn.gov/parks/parks-planning/progress-in-the-park

Financial Assistance Policy

The goal of the fee assistance policy is to lower financial barriers to participation in park programs for Duluth residents in financial need. Eligibility for the program is determined by completing an application and verifying City of Duluth residency. Qualified household members will be eligible to receive a discounted price on Parks and Recreation program fees. The discount is valid for the calendar year in which citizens applied and applicants must reapply for fee assistance each year. To qualify for assistance, applicants must affirm, one, that they are Duluth residents, and, two, that they are receiving, or are eligible for, one of the following benefits:

- School Free and reduced lunch program
- Housing Authority (HUD) Section 8 Rent Subsidy
- Medicare or Medicaid
- County financial assistance (SNAP, Emergency or Medical Assistance, Unemployment)
- Social Security Disability

The amount of fee assistance provided to each participant is limited per calendar year to \$300 per participant for qualifying programs.

INFORMATION

Weather Hotline

Call the weather hotline at 218-730-4321 for information on program cancellations or trail closure information, visit our Facebook page, **DuluthParksMN**, for the most up to date program information.

Visit duluthmn.gov
to register for programs

Registration

Online

To register for parks and recreation programs, please visit our online registration system at duluthmn.gov/parks/register. Log in with your username and password, or create an account if you are new.

Create Account

- Go to duluthmn.gov/parks/register
- Select “Create an Account”
- Enter all required information (all family members, contact information and birthdates must be entered – including correct year)

Over the phone

- Duluth Parks and Recreation Office, 218-730-4300

Payment

Payment must be made at the time of registration by cash, check or credit card.

Cancellations and Refunds

- Participants wishing to withdraw from a program must do so at least three days prior to the start of the program or by the stated registration deadline to guarantee a full refund.
- Partial refunds after the start of the program are only considered if injury or serious illness occurs and must be approved.
- Refunds can take up to three weeks to process.
- If program is cancelled by Parks & Recreation, full refunds will be issued.

Photo Policy

Photographs and video are occasionally taken of participants while they are in programs, special events, city facilities, or while enjoying park spaces. Please note that these photos may be published by the City of Duluth.

Contact Us



218-730-4300



parks@duluthmn.gov



duluthmn.gov/parks



Facebook: DuluthParksMN



Parks and Recreation – City Hall (Ground Floor) 411 W. First St., Duluth, MN 55802

COLD FRONT

CELEBRATE THE BEST OF WINTER FUN!



SATURDAY, FEBRUARY 1

NOON-6 P.M. • BAYFRONT PARK, DULUTH

Snow Play • Youth Dog Sled Rides • Bonfires
Curling • Ice Skating • Sledding Luge • XC Skiing
Giant Ski Race • Fat Biking • Snow Volleyball

For a complete schedule, visit ColdFrontDuluth.com



YETI HUNT



JIGSAW PUZZLE COMPETITION

Gather a team of up to 4 people and indulge in a night of friendly competition and speed puzzling! See how quickly you can complete a 500 piece puzzle. Prizes will be awarded to the top finishing teams. All teams get to keep their competition puzzle. Once you have completed your puzzle, you may leave, or stay and work on another puzzle.

All puzzling will conclude at 7:50 p.m. when awards will take place.

- 5-6 p.m. Casual Puzzling/Warm-up
- 6 p.m. Puzzle Competition Begins
- 7:50 p.m. Puzzling concludes/Awards

Ages: 18+
Evergreen Community Club, 5830 Grand Ave.
W | March 5 | 5-8 p.m. | \$40 | Course #3932

COMMUNITY EVENTS

S'MORE SKI GROOMING

Join Parks & Recreation and the Duluth Cross Country Ski Club (DXC) at Lester-Amity Chalet to learn about what it takes to keep our ski trails in great condition throughout the winter, and how the MN Ski Pass gives back to our community. See the Pisten Bully equipment up close and ask questions of our talented groomers.

DXC will host a social ski outing on the Lester Park ski trails with classic and skate ski groups at 4 p.m. All abilities welcome. Lester Park Trails have 4k of lighted trail. No registration required.

Ages: All

Lester-Amity Chalet, *2940 Seven Bridges Rd.*

Tu | Feb. 18 | 3-5 p.m. | Free

COMMUNITY JOKE TRAIL

Get in some exercise and some laughs on our "Joke Trail"! Travel clockwise around the quarry floor to read the jokes (questions on the front, and answers on the back). Stay tuned to our social media pages for how to submit a joke for our Joke Trail!

Ages: All | Explore on your own
Quarry Park, *1325 N. 59th Ave. W.*
F-Th | March 28 - April 3 | Free

SPRING WAKE-UP

Join others on the Lakewalk as we wake up with Spring! We encourage you to bring a hot beverage, go for a walk, watch the sunrise, and welcome in the Spring equinox. A group hike to Leif Erikson Park and back will begin at 7:10 a.m. (sunrise) for those interested.

Flower seed packets will be given to the first 20 people who join us!

Ages: All

Lakewalk, Above the Lighthouse Lot, *500 Canal Park Dr.*

Th | March 20 | 7-8 a.m. | Free



GENERAL PROGRAMS

MUSIC TOGETHER

Discover the joy of making Music Together! Sing, laugh, move, and learn along with your baby, toddler, or preschooler for 45 minutes of pure fun each week in these award-winning classes. We bring families together in a warm, supportive environment with the goal of having everyone feel comfortable singing, dancing, and jamming. Because young children learn best from the powerful role models in their lives, our engaging classes show parents and caregivers how to help their children become confident, lifelong music-makers – just by having fun making music themselves. Classes are mixed-age so the siblings can be together. Infants under eight months on the first day of the session attend free with a paid sibling. Receive a CD, a code to download the music, an illustrated songbook, and parent education materials.

Try a free demo class to see if this program is a good fit for your family.

Ages: Infant-Preschool with Adult Caregiver
Portman Community Center, 4601 McCulloch St.

Day	Date	Time	Cost	Course #
M	*Jan. 6-March 24	9:15-10:00 a.m.	\$182	3867
M	*Jan. 6-March 24	10:15-11:00 a.m.	\$182	3868
M	*Jan. 6-March 24	4:30-5:15 p.m.	\$182	3869
M	*Jan. 6-March 24	5:30-6:15 p.m.	\$182	3870
M	March 17 – FREE DEMO	10:15-11:00 a.m.	FREE	3865
M	March 17 – FREE DEMO	5:30-6:15 p.m.	FREE	3866
M	**March 31-June 9	9:15-10:00 a.m.	\$182	3871
M	**March 31-June 9	10:15-11:00 a.m.	\$182	3872
M	**March 31-June 9	4:30-5:15 p.m.	\$182	3873
M	**March 31-June 9	5:30-6:15 p.m.	\$182	3874

*No class on Jan. 20 and Feb. 17.

**No class on May 26.

Note: additional sibling is \$105; use “Additional Sibling – Music Together” discount during check-out for this rate.

Max Enrollment: 12

GENERAL PROGRAMS

BAYFRONT WARMING HOUSE

Join us down at Bayfront to enjoy skating in the heart of Duluth! The warming house will be open daily starting early January, weather permitting, and limited skates are available for use for free. Friday nights are official S'mores Nights! We will also have backyard curling available to play during open skating hours. Weather cancellations or updates to hours will be posted on our website and social media: duluthmn.gov/parks/weather-cancellations

Ages: All | Free
Bayfront Family Center, 700 Railroad St.

Warming House Hours

M-F 3-7 p.m.
Sa Noon-7 p.m.
Su Noon-4 p.m.

Ice rink is open to skate during City of Duluth park hours, 6 a.m.-10 p.m.

BACKYARD CURLING

Learn the art and fun of backyard curling! We have an outdoor curling rink down at Bayfront Skating Rink that is free to use all winter when skating rink is open. You will learn how to throw, score, and laugh while curling outdoors!

Ages: All
Bayfront Family Center, 700 Railroad St.
W | Jan. 29 | 4-5 p.m. | Free | Course #3915

DEVELOP SKILLS TO SKATE

This instructional ice skating program is for youngsters just starting out on skates. Class consists of developing basic skating skills. It is suggested that children bring helmets (bike or other is fine) to the class. Please arrive early to allow time to get skates on before lessons begin.

Ages: 5-14
Bayfront Family Center, 700 Railroad St.

Tu | Jan. 21-Feb. 18

Ages	Time	Course #
5-9	5:15-6 p.m.	3928
10-14	6:15-7 p.m.	3929

Max Enrollment: 8

GENERAL PROGRAMS

OPEN SKATE

This is an opportunity for anyone to ice skate. Indoor rink, music, and no sticks or pucks allowed for a comfortably paced environment for active fun and interaction. Limited skates available for use. Register online in advance or pay at the door.

Ages: All | \$3
Jan. 5-May 28

Essentia Duluth Heritage Center, 120 S. 30th Ave. W.

Su 3-5 p.m.
W 6:30-8 p.m.

No Open Skate April 20, May 28

HOLIDAY THEME NIGHT AT OPEN SKATE

Valentine's Party! Bring your loved ones out for our free and fun Skate for the Heart skating party with crafts, Valentine treats, and music provided.

Ages: All
Essentia Duluth Heritage Center, 120 S. 30th Ave. W.

W | Feb. 12 | 6:30-8 p.m. | Free

MORGAN PARK WINTER SAMPLER

Come experience a new and unique way of playing in the snow! We will be at Morgan Park with outdoor recreation equipment to try. Kick sleds, snowshoes, cross country skis, disc golf, and much more! Come mingle, do a craft, make a S'more, and hang with us as we play in the snow. All ages welcome. *Funding for these programs provided by the Great Lakes Restoration Initiative in cooperation with the National Park Service.*

Ages: All
Morgan Park, 1242 88th Ave. W.

Free

Day	Date	Time	Focus	Course #
Su	Jan. 12	Noon-2 p.m.	Snowshoeing	3901
Th	Feb. 13	3-5 p.m.	Kick sledding	3902
Sa	Feb 22	Noon-2 p.m.	Cross Country Skiing	3903

GENERAL PROGRAMS

FULL MOON HIKE

On the evening of the full moon, join us for a hike to enjoy the peacefulness of the night sky. Headlamps and snowshoes provided if needed.

Ages: All | \$5 | Difficulty: Moderate

Day	Date	Time	Location	Course #
M	Jan. 13	6-7 p.m.	Hartley Park, <i>3001 Woodland Ave.</i>	3918
W	Feb. 12	5:30-6:30 p.m.	Waabizheshikana Pulaski Trailhead, <i>7011 Pulaski St.</i>	3919
F	March 14	7:30-8:30 p.m.	Hawk Ridge, <i>E. Skyline Pkwy.</i>	3920
Su	April 13	8:30-9:30 p.m.	Twin Ponds, <i>W. Skyline Dr. & 14th Ave. W.</i>	3921
M	May 12	8:30-9:30 p.m.	Park Point, <i>4599 Minnesota Ave.</i>	3922

WOMEN HIKE DULUTH

We have partnered with Hike Duluth to provide guided hikes at various parks to encourage women to be active and meet others who also enjoy the outdoors. Wear sturdy shoes and dress for the weather. Each month will be a new location.

Ages: All
Free

Day	Date	Time	Location	Course #
Sa	Jan. 18	10 a.m.-Noon	Chambers Grove Park, <i>13404 MN-23</i>	3933
Sa	Feb. 15	10 a.m.-Noon	Enger Park Golf Course, <i>1801 W. Skyline Pkwy.</i>	3934
Tu	March 18	6-7 p.m.	Brighton Beach, <i>Congdon Blvd. & Brighton Beach Rd.</i>	3935
Tu	April 15	6-7 p.m.	Waabizheshikana Pulaski Trailhead, <i>7011 Pulaski St.</i>	3936
Tu	May 20	6-7 p.m.	Lincoln Park, <i>Lincoln Park Dr. & W. 3rd St.</i>	3937



GENERAL PROGRAMS

BACKCOUNTRY SKIING - CITY OF DULUTH PARKS

Come explore our city parks on a pair of backcountry skis. These wide skis paired with a universal binding (bring your own winter boot) will allow us to kick and glide through any depth of snow. We will be making our own trails, not skiing on groomed cross-country ski trails. These skis are beginner friendly – both wide and stable and the binding accepts most winter boots. Adventure awaits in City of Duluth parks!

Ages: 12+ | \$10 | Difficulty: Beginner

Day	Date	Time	Location	Course #
M	Feb. 10	5:30-7:30 p.m.	Morgan Park, 1242 88th Ave. W.	3926
Th	Feb. 13	10 a.m.-Noon	Lester Park, 61st Ave. E. & Superior St.	3927

Max Enrollment: 8

INTRO TO ARCHERY

Come learn a new skill and practice your accuracy at Intro to Archery! Participants will learn the basic safety, technique, and process for shooting archery and practice their skills on the range. This is an introductory class for families and community members to learn the basics of archery.

The bows that will be used are not suitable for children under the age of 8. All equipment provided; no personal archery equipment will be allowed. Closed-toe shoes required for archery.

Ages: 8+
Washington Center Gym, 310 N. 1st Ave. W.

Detailed schedule of Intro to Archery classes will be announced by January 6, 2025.



GENERAL PROGRAMS

OPEN ARCHERY

Once you've taken an Intro to Archery class, camp, or program through Parks & Recreation, join us for Open Archery. This program is a chance for you to come review and practice your archery skills!

The bows that will be used are not suitable for children under the age of 8. All equipment provided; no personal archery equipment will be allowed. Closed-toe shoes required for archery.

Ages: 8+

Washington Center Gym, 310 N. 1st Ave. W.

Detailed schedule of Archery classes will be announced by January 6, 2025.

ARCHERY TOURNAMENT

Join in on some friendly competition in an Archery Tournament! Participants will test their archery skills in scoring rounds shot from two different distances. Prizes for top archers in each age group (10-13, 14-17, and 18+).

Prerequisite is a Parks & Recreation Intro to Archery class or Parks & Recreation Archery Club course. All equipment provided; no personal archery equipment will be allowed. Closed-toe shoes required for archery.

Ages: 10+

Washington Center Gym, 310 N. 1st Ave. W.

Sa | March 29 | 1-3 p.m. | \$10 | Course #3864

ARCHERY LEAGUE

Archery League is designed for beginner recreational archers to continue skill development through friendly competition. Participants will learn how to use a scorecard and participate in scoring rounds each week to track personal progress.

Prerequisite is a Parks & Recreation Intro to Archery class, Archery Camp, or Archery Club course. All equipment provided; no personal archery equipment will be allowed. Closed-toe shoes required for archery.

Ages: 10+

Washington Center Gym, 310 N. 1st Ave. W.

M | April 7-28 | 6:20-7:40 p.m. | \$35 | Course #3862

GENERAL PROGRAMS

GONE FISHIN'

The first Gone Fishin' program of the season has us fishing out at Munger Landing on the St. Louis River. No experience needed. We will talk fishing while fishing. Bring your fishing gear if you have it or use ours if you just want to try out fishing for the first time. This class is for everyone that is 18 years of age or older.

Ages: 18+

Munger Landing, *end of Clyde Ave.*

W | May 14 | 8-10 a.m. | \$5 | Course #3917

Max Enrollment: 12

MARCH FAMILY MOVIE NIGHT

Join Parks & Recreation for a Friday night movie night on the big screen every Friday night in March! Chairs will be provided, however, feel free to bring a cozy blanket or something to sit on. Popcorn will be provided for your movie viewing experience! All children under the age of 14 must be accompanied by an adult.

Ages: All

Morgan Park Community Center, *1242 88th Ave. W.*

F | 6:30-8 p.m. | Free

Date	Movie	Course #
March 7	The Super Mario Bros. Movie – PG	3883
March 14	The Wild Robot – PG	3884
March 21	Secret Life of Pets – PG	3885
March 28	Migration – PG	3886

Max Enrollment: 60



PADDLING THE BOUNDARY WATERS

Have you ever wanted to go to the Boundary Waters? Come learn what is needed to get out for an overnight paddle. We will discuss permits, meals, route picking, gear needed and even have a chance to practice portaging a canoe.

Ages: 18+

Lafayette Park, 3016 Minnesota Ave.

Th | April 24 | 5:30-7:30 p.m. | \$5 | Course #3916

Max Enrollment: 12

BIRDING 101

The St. Louis River corridor is one of the busiest stopping spots in the Spring for migratory birds in the region. Come learn the basics of birding as we walk along the river. Learn to use binoculars and where to find birds and begin to identify them. Bring your own binoculars and field guides or use ours! Transportation from Morgan Park Community Center available. *Funding for these programs provided by the Great Lakes Restoration Initiative in cooperation with the National Park Service.*

Ages: All

Waabizheshikana Pulaski Trailhead, 7011 Pulaski St.

Cost: Free

Day	Date	Time	Course #
Sa	May 10	10-11:30 a.m.	3887
W	May 21	10-11:30 a.m.	3888



GENERAL PROGRAMS

SCIENCE HIKE

Parks and Recreation is teaming up with Duluth Foot Trails Alliance to offer a monthly hike and science adventure. We will lace up snowshoes when needed (provided for free if you need a set) and hike in different parks around the city. Come prepared to learn something new and get fresh air with a great crew!

Ages: 10+
Th | 5:30-7 p.m. | Free

Date	Session	Location	Course #
Jan. 23	Intro to Snowshoes	Piedmont Trailhead, 7011 Pulaski St.	3923
Feb. 20	Beach Volcanoes	Park Point Nature Trail, 45th St. & Minnesota Ave.	3924
March 20	Winter Phenology	Lincoln Park, Lincoln Park Dr. & W. 3rd St.	3925

WAABIZHESHIKANA WALK

Join Parks & Recreation as we walk sections of Waabizheshikana, The Marten Trail. Enjoy views of the St. Louis River as we chat about new trail projects and look for signs of spring. Held at a different section biweekly, we'll meet at the trailhead and walk the trail together. This trail is wide, hard packed, and certain sections are gentle sloping. Transportation from Morgan Park Community Center is available. *Funding for these programs provided by the Great Lakes Restoration Initiative in cooperation with the National Park Service.*

Ages: All
Su | 1-2 p.m. | Free

Date	Location	Course #
March 30	Pulaski Trailhead, 7011 Pulaski St.	3879
April 13	Morgan Park, 1242 88th Ave. W.	3880
April 27	Boy Scout Landing, 11 Commonwealth Ave.	3881
May 18	Chambers Grove, 13404 MN-23	3882



ADULT LEAGUES

OPEN PICKLEBALL

Indoor recreational, drop-in pickleball, no registration is required. Game rotation will vary based on attendees. Bring your own paddle, ball, and gym shoes.

Mondays & Fridays – Beginner Open Play
Tuesdays & Thursdays – Intermediate Open Play

9-11 a.m. | \$3 per day | Jan. 6 - May 16*
Washington Center Gym, 310 N. 1st Ave. W.

*No pickleball Jan. 20, Feb. 17-21, March 31-April 4.

Parking: There are limited open parking spaces in front of the playground. Parking is available on the street. DO NOT park in the permitted numbered spaces.

ULTIMATE FRISBEE LEAGUE

Throw, catch, and score your way to a great time by participating in this indoor Ultimate Frisbee league. Sign up as an individual and then be placed on a team. Register by Thursday, March 27.

Ages: 18+
Essentia Duluth Heritage Center
120 S. 30th Ave. W.
Su | April 6-May 18 | 4-7 p.m. | \$30
Course #3876

*No league April 20
Max Enrollment: 60 participants

VOLLEYBALL LEAGUE

This is a fun, recreational open (no gender restrictions) league! Played as 6 v 6. Season consists of a regular season and end of year playoffs. Register by Thursday, January 9.

Ages: 18+
Washington Center Gym, 310 N. 1st Ave. W.
Su | Jan. 19-March 2 | 6-10 p.m.
\$150 per team | Course #3875

Max Enrollment: 8 teams

KICKBALL LEAGUE

This is a fun, recreational open (no gender restrictions) league! Season consists of a regular season and end of year playoffs. League will be played each Sunday except for April 9. Register by Thursday, March 27.

Ages: 18+
Essentia Duluth Heritage Center,
120 S. 30th Ave. W.
Su | April 6-May 18 | 4-7 p.m. | \$150 per team
Course #3877

*No league April 20
Max Enrollment: 8 teams

YOUTH PROGRAMS

YOUTH ARCHERY CLUB

Archery Club provides opportunities to learn, develop, and practice archery skills over the course of four sessions. Topics covered will begin with basic safety and technique, then progress to games and challenges and competition-style scoring practice to track skill development. Participants will also learn strategies to observe peers and provide feedback on archery skills.

All equipment provided; no personal archery equipment will be allowed. Closed-toe shoes required for archery.

Ages: 10-16

Washington Center Gym, 310 N. 1st Ave. W.

Th | March 6-27 | 6:20-7:40 p.m. | \$35 | Course # 3863

HOMESCHOOL GYM TIME

This program will provide various activities for youth to stay active indoors during the colder months. Each day will consist of a structured activity led by staff for the first half of the session; the second half will allow for continued practice of the day's focus or for other games and activities using a variety of sports and play equipment.

This activity engages a wide range of ages; groups will be split by age for some activities, other activities will include all ages together. Limited space available; registration in advance required.

Ages: 6-14

Washington Center Gym, 310 N. 1st Ave. W.

F | Feb. 7-March 28* | 12:30-1:45 p.m. | \$2/day | Course #3848-3854

*No Homeschool Gym Time on Feb. 21

Max Enrollment: 16

TODDLER PLAYTIME

Come enjoy some indoor play space during the winter months! Both adults and children have the opportunity to engage in active play and socialize with others. Adults choose toys and equipment that are suitable for the age and interest of their children. This is an open-play style program and no facilitated program will be provided.

Ages: 0-5 with caregiver

Free

M | Jan. 27-March 31* | 10-11:30 a.m. | Morgan Park Community Center, 1242 88th Ave. W.

W | Jan. 8-March 26* | 10-11:30 a.m. | Washington Center Gym, 310 N. 1st Ave. W.

*No Toddler Play Time on Feb. 17 or 19

55+ Senior Program Locations:

Evergreen Community Center | 5830 Grand Ave. | Board meeting: Second Friday at 10:30 a.m.

Harrison Community Center | 3002 W. 3rd St.

Morgan Park Community Center | 1242 88th Ave. W.

Portman Community Center | 4601 McCulloch St.

SENIOR DINING

Meals for seniors are provided by the Arrowhead Economic Opportunity Agency (AEOA) at some of our park locations for a \$4.50 contribution for those 60 and above, or \$7.50 for those under 60. Meal reservations must be made at least 24 hours in advance. Dining menus can be found at Evergreen Senior Center.

To sign up for senior dining, please call: 218-727-4321 or 218-727-6448

55+ ACTIVITY CLUBS

Activity Clubs are volunteer-organized groups that meet in park spaces and community centers throughout the city. Everybody aged 55+ is welcome to join an existing or create a new Activity Club. For more information on creating or participating in an Activity Club, please visit: duluthmn.gov/parks seniors or contact the Senior Phone Line at 218-730-4310. Schedules are subject to change.

Activity	Location	Day	Time
500 Cards	Evergreen, 5830 Grand Ave.	Tu, F	12:15-3 p.m.
BINGO	Evergreen, 5830 Grand Ave.	Th	12:30-3 p.m.
BINGO	Morgan Park, 1242 88th Ave. W.	W	12:30-3 p.m.
Bone Builders	Evergreen, 5830 Grand Ave.	Tu, Th	9-10 a.m.
Bridge	Portman Park, 4601 McCulloch St.	M	Noon-3 p.m.
Cribbage	Evergreen, 5830 Grand Ave.	M	6:30-8:30 p.m.
Cribbage	Evergreen, 5830 Grand Ave.	Tu	Noon-4 p.m.
Cribbage	Evergreen, 5830 Grand Ave.	Sa	1-4 p.m.
Cribbage	Morgan Park, 1242 88th Ave. W.	Tu	12:30-3 p.m.
Dominoes	Evergreen, 5830 Grand Ave.	M	10 a.m.-noon
Hand and Foot	Evergreen, 5830 Grand Ave.	M	Noon-3 p.m.
Men's Coffee and Chat	Portman Park, 4601 McCulloch St.	W	9-11 a.m.
Play/Learn Mahjong	Evergreen, 5830 Grand Ave.	W	Noon-3 p.m.
Puzzles & Play	Portman Park, 4601 McCulloch St.	W	11 a.m.-1 p.m.

HAWK RIDGE WINTER WALKERS

Get outside and stay active during the depths of winter! Join us in a casual 1.5 mile walk at Hawk Ridge every Wednesday morning from February 5 to March 19. We will meet at the parking lot entering from Glenwood Street. Come dressed for wind, snow, sleet, or sun. If there are dangerous weather or driving conditions, the walk will be cancelled. Call Parks and Recreation for cancellation information at (218) 730-4300.

This is a drop-in style program. No registration.

Ages: 55+

Hawk Ridge, *E. Skyline Pkwy.*

W | Feb. 5-March 19 | 9-10 a.m. | Free | Course # 3892

GREAT TRAILS IN YOUR TOWN

Come learn about great trails near your neighborhood and across Duluth. We will discuss trails for all users, and highlight options for flatter terrain and easy access. Discover new trailheads, learn about lesser-known trails, and ask questions. This is a drop-in style event. Please register so we can provide materials for you.

Ages: 55+

Evergreen Community Center, *5830 Grand Ave.*

M | May 19 | 11 a.m.-Noon | Free | Course #3893

Portman Community Center, *4601 McCulloch St.*

W | May 21 | 5-6 p.m. | Free | Course #3894



GENTLE YOGA

Yoga offers many benefits to the mind and body! It can relieve stress and tension, calm the nervous system, improve balance, and help maintain mobility. Our yoga instructor will guide you through a relaxing flow to leave you feeling refreshed. No previous experience is necessary, all levels welcome! Adaptations can be made where possible.

Please arrive 15 minutes early and wear comfortable clothing. You may bring your own yoga mat or the instructor will have some available. Optional items to bring include a water bottle if desired, beach towel, and a throw pillow for comfort in lying positions.

Advance registration required.

Ages: 55+

Portman Community Center 4601 McCulloch St.

Session 1

Tu | Jan. 7- Feb. 18 | 5:30-6:30 p.m. | \$35 | Course #3895

Session 2

Tu | Feb. 25- April 8 (No Class March 18) | 5:30-6:30 p.m. | \$30 | Course #3896

Session 3

Tu | April 15- May 20 | 5:30-6:30 p.m. | \$30 | Course #3897

Lafayette Community Center 3016 Minnesota Ave.

Session 1

We | Jan 15-Feb 19 | 5:45pm-6:45pm | \$30 | Course #3899

Session 2

We | Feb 26- Apr 9 | 5:45pm-6:45pm | \$30 | Course #3900

No Yoga March 19

Session 3

We | April 16-May 21 | 5:45pm-6:45pm | \$30 | Course #3904

FIRE SAFETY WITH THE DULUTH FIRE DEPARTMENT

Join us for an informative and interactive fire safety event. The morning will begin with a tour of the West Duluth Fire Station. Afterward, we will go back to Evergreen Community Center for a Fire Prevention presentation from the Fire Marshall. This will be a wonderful opportunity to engage with local firefighters and learn tips to keep your home safe.

The first 15 people to register will receive a free fire extinguisher! Please register on the Parks and Recreation website or call 218-730-4300.

Ages: 55+

Evergreen Community Center, 5830 Grand Ave.

M | Feb. 10 | 10-11:30 a.m. | \$5 | Course #3931

ADVANCE CARE PLANNING

Take Control of your future by planning ahead with a Health Care Directive. Join us with experts from Aspirus St. Luke's Hospice for a comprehensive session where you'll gain a clear understanding of your options, learn common terminology, and acquire the necessary tools to confidently manage your advance care planning. By the end of this session, you'll be equipped with knowledge about selecting a health care agent, identifying various types of advance directives, and understand the components of a health care directive form.

Ages: 55+

Evergreen Community Center, *5830 Grand Ave.*

Th | March 6 | 10-11:30 a.m. | Free | Course #3228

Portman Community Center, *4601 McCulloch St.*

Tu | April 15 | 1-2:30 p.m. | Free | Course #3890

DULUTH AGING SUPPORT

Calling all adults and older adults!

- Would you like help getting groceries delivered?
- Want to find new ways to volunteer or get involved with the community?
- Need a ride to the doctor?
- Looking for ways to stay socially engaged?
- Just searching for something new to try?

Duluth Aging Support can point you in the right direction! Their mission is to connect residents to resources of all types throughout the community. We welcome your questions about anything from caregiving to volunteer opportunities at our monthly drop-in sessions. A representative with Duluth Aging Support will have a table set up in Evergreen available to chat. For sensitive topics, there is a private room available for discussion. No registration necessary.

Ages: 55+

Evergreen Community Center, *5830 Grand Ave.*

Tu | 10-10:30 a.m. | Free | Course #2187

Jan. 21

Feb. 18

March 18

April 15

May 20

AARP TAX-AIDE HELP

AARP Foundation Tax-Aide provides tax assistance to anyone, free of charge, with a focus on taxpayers who are over 50 and have low to moderate income. Tax-Aide volunteers are trained and IRS-certified every year to make sure they know about and understand the latest changes and additions to the tax code. Pre-registration required. Call 218-310-5744 M-F, Noon-6 p.m. to make a reservation.

Ages: 55+
Free

Evergreen Community Center, 5830 Grand Ave.
Mondays and Tuesdays | Feb. 10-April 15
12-4 p.m. | Course #2835

2ND HALFERS AFTERNOON BREAK

Looking for a social group? This is an informal get together to grow connections and friendships. Enjoy sincere discussions aimed at eliminating isolation and loneliness. Coffee and tea will be served. You do not need to register, you can just drop-in.

Ages: 55+
Evergreen Community Center, 5830 Grand Ave.
W | 2nd and 4th Wednesdays of the month |
3-4:30 p.m. | Free | Course #2901

FALL PREVENTION

Most falls occur indoors in the person's own environment. Falls can result in moderate to severe injuries that can significantly change a person's quality of life. The good news is that most falls are preventable. Come learn about fall risk factors and prevention tips, including health and safety precautions. Presentation and treats provided by FOX Rehabilitation. Please register so the instructor can prepare materials for you.

Ages: 55+
Evergreen Community Center, 5830 Grand Ave.
Tu | Jan. 21 | 1-2 p.m. | Free | Course #3889

HOSPICE 101

Do you know the different kinds of hospice care that are available? Join us with experts from Aspirus St. Luke's Hospice to learn about what your options are. Discuss ways you can be prepared, what questions to ask, and how to make plans that are best for you.

Ages: 55+
Portman Community Center,
4601 McCulloch St.
Th | March 13 | 9-10:30 a.m. | Free |
Course #3428

55+ PROGRAMS

SENIORS GET SAVVY

Do you have questions about your new device? Want to learn how to best utilize your settings? How to access Facebook on your phone? Bring your questions and drop-in for an informational Q&A session to help build your confidence in technology! Be sure to bring your devices and know your passwords. Please note, this is NOT a repair or virus removal service. This program can help with basic technology questions but may not be able to answer all individual inquiries.

Ages 55+

Evergreen Community Center, 5830 Grand Ave.

Th | 10 a.m.-Noon | Free | Course #3209

Jan. 23

Feb. 20

March 20

April 17

May 15

DAY TRIP: CHANHASSEN DINNER THEATER PRESENTS "GREASE"

Rev up your engines! Discover the drama, comedy, and pop-culture satire that has made Grease one of the most popular productions of all time! Don't forget the music, with songs like "Summer Nights," "We Go Together," "Greased Lightnin'," "Beauty School Dropout" and so many others, including the hits you love from the movie. Have fun as you groove and bop along!

Members of the same household may register together. All others (friends or relatives) should register themselves. Pick-up locations are at Wheeler Athletic Complex in west Duluth, and the Scanlon Park and Ride. Registration closes February 23, 2025. No refunds are allowed after registration closes.

Ages: 55+

Wheeler Athletic Complex, 3501 Grand Ave.

W | March 26 | 7:30 a.m.-7:45 p.m. | \$140 | Course #3891

PATIO PLANTERS

Get ready for summer by making a compact patio planter. You will make your own tomato and herb planter that is perfect for a patio, deck, or other small space. Containers, soil, and plants will be provided. Please register to ensure enough materials are provided.

Ages: 55+

Evergreen Community Center, 5830 Grand Ave.

Tu | May 13 | 11 a.m.-Noon | \$15 | Course 3457

FACILITY RESERVATIONS

FACILITIES

Facility	Address	Capacity	Handicap Accessible	Wi-Fi Available	Projection Screen	Microwave	Sink	Fridge	Stove	Ample Off-Street Parking	Limited Off-Street Parking	On-Site Event Host
City Center West/Evergreen Center	3501 Grand Ave.	50	x	x	x	x	x	x	x		x	
Morgan Park Community Center	1242 88th Ave. W.	100	x		x	x	x	x		x		
Harrison Community Center	3002 W. 3rd St.	50	x		x	x	x	x	x		x	
Portman Community Center	4601 McCulloch St.	50	x		x	x	x	x		x		
Lafayette Community Center	3026 Minnesota Ave.	50	x			x	x	x			x	
Park Point Beach House	4750 Minnesota Ave.	200	x		x	x	x	x		x		x
Wade Stadium	101 N. 35th Ave. W.	400	x							x		x
Washington Center Gym	310 1st Ave. W.	100	x								x	

PARKS

Park	Address	Capacity	Private Events	Wedding Events	Pavilion	Gazebo	Stage	Stadium	Electricity	Grill(s)	Permanent Restroom (May - Oct)	Portable Toilet	Playground	Ample Off-Street Parking	Limited Off-Street Parking
Bayfront Playfront Park	350 Harbor Dr.	20	x	x	x						x	x	x	x	
Brighton Beach Park	6202 Congdon Blvd.	50	x	x	x					x		x	x	x	
Chambers Grove Park	13419 W. 3rd St.	100	x	x	x				x	x	x	x	x	x	
Chester Park	1801 E. Skyline Parkway	200	x	x			x			x		x	x	x	
Enger Park	1601 Enger Tower Dr.	100	x	x		x			x	x	x				x
Gichi-ode' Akiing Park	218 Canal Park Dr.	50		x					x		x			x	
Lakewalk Plaza	504 Canal Park Dr.	50		x								x		x	
Leif Erikson Park	1301 London Rd.	250	x	x			x		x			x			x
Lester Park	61 Lester River Rd.	250	x	x	x				x	x		x	x		x
Lincoln Park	2505 W. 3rd St.	100	x	x	x		x			x		x			x
Memorial Park	5315 Grand Ave.	50	x	x	x					x		x	x		x
Park Point Pavillion 1	4750 Minnesota Ave.	50	x	x	x				x	x		x		x	
Park Point Pavillion 2	4750 Minnesota Ave.	50	x	x	x				x	x		x		x	
Rose Garden	15 S. 13th Ave. E.	150		x		x			x		x			x	
Sister Cities Park	218 Canal Park Dr.	50		x							x			x	
Wade Stadium - Special Event	101 N 35th Ave W.	400	x	x				x	x			x		x	

The following buildings are managed by third parties on behalf of Parks & Recreation.

Please contact them directly for assistance.

- [Bayfront Family Center](#) • 218.755.5051 • bayfrontfestivalpark.com
- [Chester Bowl Chalet](#) • 218.724.9832 • sam@chesterbowl.org • chesterbowl.org
- [Central Hillside Community Center](#) • 218.727.5372 • jimmonette@1roofhousing.org
- [Hartley Nature Center](#) • 218.724.6735 • info@hartleynature.org
- [Gary New Duluth Recreation Center](#) • 218.464.1930 • gnd.community
- [Lester-Amity Chalet](#) • 218.721.8241 • duluthxc.com
- [Woodland Community Center](#) • 218.722.4745 • eranta@duluthymca.org



Evergreen Center



Harrison Community Center



Lafayette Community Center



Morgan Park Community Center



Park Point Beach House



Portman Community Center



Wade Stadium



Washington Center Gym



Bayfront Playfront Park



Brighton Beach



Chambers Grove Park



Chester Park



Enger Park



Duluth Parks & Recreation



Gichi-Ode' Akiing (Lake Place Park)



Lakewalk Plaza



Leif Erikson Park



Lester Park



Lincoln Park



Memorial Park



Park Point Pavilion



Rose Garden



Sister Cities Park

FACILITY RESERVATIONS

ATHLETICS

Make a Reservation - Athletics, Facilities, and Parks

Permit applications and facility rentals can be found online: duluth.gov/parks/reservations-permits

Athletic Facility	Address	Multi-Use Field	Youth Baseball	HS/College Baseball	HS Baseball Field	Softball Field	Pickleball	Tennis	Bocce Ball	Horseshoes	Basketball Court	Sand Volleyball
Blackmer Park	8301 Beverly St.	x	x									
Chester Park	1800 E. Skyline Pkwy.	x										
Duluth Heights	33 W. Mulberry St.	x										
Helmer Carlson (Basswood Field)	900 N. Basswood Ave.		x			x						
Lincoln Park	25 Ave. W. & W. 5th St.	x										
Irving Park	20 S. 57th Ave W.	x										
Merritt Park	4017 W. 7th St.	x	x			x	x				x	
Wheeler Complex	35th Ave. W. & Grand Ave.						x	x	x	x	x	x
Wheeler Ball Field 1	35th Ave W. & Grand Ave.		x			x						
Wheeler Ball Field 2	35th Ave W. & Grand Ave.		x			x						
Wheeler Ball Field 3	35th Ave W. & Grand Ave.		x			x						
Wheeler Ball Field 4	35th Ave W. & Grand Ave.		x			x						
Wheeler Ball Field 5	35th Ave W. & Grand Ave.				x							
Wade Ball Field 6	35th Ave W. & 1st St.		x			x						
Wade Ball Field 7	35th Ave W. & 1st St.		x			x						
Wade Stadium	35th Ave W. & 1st St.			x								
Woodland Park	3211 Allendale Ave.	x	x			x						



Blackmer Park



Duluth Heights



Irving Park



Lincoln Park



Merritt Park



Wheeler Pickleball Courts



Wade Stadium



Woodland Field

Parks Planning

Parks & Recreation planning, design, construction, and public engagement efforts related to parks, park facilities, trails, and natural resources is led by our Stewardship team. Stewardship projects aim to improve park access and recreational experiences for our citizens, reduce conflicts, enhance resiliency, and protect our natural resources. To learn more about active parks planning, design, and construction projects, please visit our Progress in the Parks page at: duluthmn.gov/parks/parks-planning/progress-in-the-park

Guiding Documents

Parks & Recreation decisions and services are guided and informed by a series of reference documents, such as mini-master plans, natural area management plans, and ordinances as approved by the Parks and Recreation Commission and/or City Council. To learn more about the background, public engagement processes, design approach, and recommendations related to specific parks and natural areas, please visit our Parks Planning Library and Duluth Natural Areas Programs pages at duluthmn.gov/parks/parks-planning/parks-planning-library/ and duluthmn.gov/parks/natural-resources/dnap

Project Highlight - Kitchi Gammi Park

A ribbon cutting for Kitchi Gammi Park, Brighton Beach, was held on October 28, 2024. It was great to reach this much anticipated milestone and officially reopen the park! The shoreline restoration, park improvements, and road reconstruction was a complex project involving numerous City departments and divisions, as well as support from community groups. Park signage will be installed at the park in 2025. The project totaled \$6.4 million with funding from FEMA, MN State Park Road Account grant, City Street Improvement Sales Tax, and the Parks Fund.







duluthmn.gov/parks