

Duluth Parks & Recreation

55+ NEWSLETTER

November & December 2025

RECENT EVENTS

Fishing at the Lester River

The fall season brings many great things, including fishing for salmon and steelhead at streams along the north shore. On a Wednesday morning in September, participants learned how, when, and where to fish for salmon and steelhead trout at the mouth of the Lester River.



Birdwatching programs kept their eyes on the skies!



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DULUTH PARKS & RECREATION

55+ programs are opportunities for socializing, learning, fitness, games and more!

CONTACT & REGISTRATION

There are several ways you can register or request more information:



Register online at duluthmn.gov/parks
or Email: parks@duluthmn.gov



Senior Programs phone line:
(218) 730-4310
City Hall Parks & Recreation office:
(218) 730-4300
City Hall hours: 8:30 a.m.- 4 p.m.



Fill out a registration form at
the Evergreen Community Center
Parks office

UPCOMING CLOSURES

Holiday Closures

Duluth Parks & Recreation is closed:
November 11 (Veterans Day)
November 27 & 28 (Thanksgiving)
December 24 & 25 (Winter Holiday)
January 1 (New Years)

Election Closures

Evergreen and Morgan Park
Community Centers will be closed
Tuesday, November 4.

Cleaning Closures

Evergreen Community Center will be closed
November 7 for deep cleaning.

UPCOMING PROGRAMS

See front page for registration details

JIGSAW PUZZLE COMPETITION

Gather a team of up to 4 people and indulge in a night of friendly competition and speed puzzling! See how quickly you can complete a 500 piece puzzle. Prizes for teams will be drawn at random, and awards for the top three teams will be given at the end of the evening. All teams may keep their competition puzzle. Optional: bring a puzzle for the puzzle swap table!

- 5-6 p.m. - Casual Puzzling/Warm-up
- 6-7:50 p.m. - Competition
- All puzzling will conclude at 7:50 p.m. for awards

Team registration is required. Hurry, spaces fill fast!

Ages: 18+

Thursday | November 6 | 5-8 p.m. | \$40 per team

Evergreen Community Center, 5830 Grand Ave

Course #4236

MAKE A SNOWMAN ORNAMENT

Make a snowman ornament you can hang on a tree or give as a present. All supplies will be provided and you get to assemble. Enjoy cider and cookies while you craft. Bring \$5 cash for each ornament. Open until supplies run out.

This is a drop-in program, you do not need to register. Limited crafts available, first-come, first-served.

Ages: 55+

Wednesday | November 19 | 1:30-3:00 p.m.

\$5 per ornament | Evergreen Community Center,
5830 Grand Ave



LEARN TO PLAY MAHJONG!

Mahjong is a tile-based game of skill, strategy, and luck, similar to the card game rummy. It is played with a set of 144 tiles that are divided into suits, winds, and dragons. The first player to complete their hand, known as "mahjong," wins the round.

The Mahjong Activity Club plays every Wednesday at Evergreen Community Center. If you are interested in learning how to play, you are welcome to join! No experience or equipment necessary.

Contact us ahead of time so the group leader knows to expect you. Call (218) 730-4310.

Ages: 55+

Wednesdays | 12-3:30 p.m. | Evergreen Community Center, 5830 Grand Ave | Free



FAMILY MOVIE NIGHT

Friday nights in November and December, we will transform the Morgan Park Community Center into a movie theater to enjoy a cozy movie night! We'll have the big screen, comfy chairs, and free popcorn to make the evening extra fun. Bring a blanket or your favorite seat to get extra cozy. It's the perfect way to kick off the weekend with friends, family, and a great film! All movies rated PG.

✳ Funding for these programs provided by the Great Lakes Restoration Initiative in cooperation with the National Park Service.

Ages: All

Friday | 6:30-8 p.m. | Free

Morgan Park Community Center, 1242 88th Ave W

- November 7 - "Inside Out 2"
- November 14 - "A Minecraft Movie"
- November 21 - "Moana 2"
- December 12 - "Spiderman: Into the Spiderverse"

GENTLE YOGA

Yoga offers many benefits to the mind and body! It can relieve stress and tension, calm the nervous system, improve balance, and help maintain mobility. Our yoga instructor will guide you through a relaxing flow to leave you feeling refreshed. No previous experience is necessary, all levels welcome! Adaptations can be made where possible.

Please arrive 15 minutes early and wear comfortable clothing. You may bring your own yoga mat or the instructor will have some available. Optional items to bring include a water bottle if desired, beach towel, and a throw pillow for comfort in lying positions.

Pre-registration required. No drop-ins are allowed.

Ages: 55+

Portman Gentle Yoga

Portman Community Center, 4601 McCulloch St

- Session 2

Tuesdays | November 4-December 16*

5:30-6:30 p.m. | \$30 | Course #4164

**No class on November 11*

Lafayette Gentle Yoga

Lafayette Community Center, 3016 Minnesota Ave

- Session 2

Wednesdays | November 5-December 17*

4:30-5:30 p.m. | \$30 | Course #4163

**No class on Nov. 26.*

FULL MOON HIKE

On the evening of the full moon, join us for a hike to catch the moon rising over our great City.

Headlamps provided if needed.

Ages: All

- Wednesday | November 5 | 5-6 p.m. | \$5

Waabizheshikana, 7011 Pulaski St

Difficulty: Easy | Course #4221

- Thursday | December 4 | 5-6 p.m. | \$5

Hawk Ridge, 4031 E Skyline Pkwy

Difficulty: Easy | Course #4222

ADULT OPEN PICKLEBALL

Indoor pickleball is back! Drop-in pickleball, no registration required. Monday and Friday will be beginner+ play, while Tuesday and Thursday are for intermediate+ play. Game rotation will vary based on attendees. Bring your own paddle and gym shoes.

No pickleball on the following holidays: Nov. 11, Nov. 27, Nov. 28.

Ages: All

Mondays, Tuesdays, Thursdays, Fridays

October 14-December 19 | 9-11 a.m.

Washington Center Gym, 310 N 1st Ave W

\$3 per day



EVERGREEN SENIOR BOARD

Everyone welcome!

2nd Friday of the Month

September - May

10:30 am

Evergreen Community Center

ONGOING PROGRAMS

SENIORS GET SAVVY

Do you have questions about your new device? Want to learn how to best utilize your settings? Bring your questions and drop-in for an informational Q&A session to help build your confidence in technology! Be sure to bring your devices and know your passwords. Please note, this is NOT a repair or virus removal service. This program can help with basic technology questions, but may not be able to answer all individual inquiries.

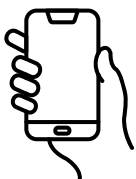
This is a drop-in program, you do not need to register.

Ages: 55+

November 20, NO December program

10 a.m.-Noon | Free

Evergreen Community Center, 5830 Grand Ave.



2nd HALFERS AFTERNOON BREAK

Looking for a social group? This is an informal get together to grow connections and friendships. Enjoy discussions on many topics. Coffee and tea are available. You do not need to register, you can just drop in at the Evergreen Senior Center's Conference Room.

Ages: 55+

2nd and 4th Wednesdays of the month | 3-4:30 p.m.

Free | Course #3583

Evergreen Community Center, 5830 Grand Ave.

Bonebuilders

Bonebuilders is a volunteer run exercise group that enhances overall energy and wellness. Exercises primarily take place seated, with the option to use light weights. Participants are guided through a variety of movements to help build bone density, strengthen muscle, improve overall health.

Ages: 55+

Every Tuesday & Thursday | 9-10 a.m. | Free

Evergreen Community Center, 5830 Grand Ave

WEDNESDAY FUN AT EVERGREEN COMMUNITY CENTER

OPEN GAME TIME

Come play a game, color, or work on a puzzle at the Evergreen Community Center. This Open Game Time is open to anyone who is 55+. The Evergreen Community Center has many games and puzzles available, but you are welcome to bring your own.

Ages: 55+

Wednesdays

1:30-3 p.m. | Free

**Evergreen Community Center,
5830 Grand Ave.**

No Game Time November 26, December 24 or 31



SENIOR HOLIDAY PARTY

THURSDAY, DECEMBER 11, 2025

10:30 A.M. - 1:30 P.M.

MORGAN PARK COMMUNITY CENTER

\$15



**RAFFLE
PRIZES**

**LIVE
MUSIC**

**HOT
DINNER**

**Register by December 1. No walk-ins.
Members of different households must register for
themselves.**

**You can register online, fill out a form at the
Evergreen office, or call (218) 730 - 4310.**

SOLSTICE LUMINARY HIKE

Sunday, December. 21

5 - 8 p.m.

Free | All Ages

Enjoy a hike on a snow-stomped path lit by candle
luminaries. Sip hot chocolate around the fire as we
welcome in longer days ahead.

Enger Park Golf Course, 1801 W. Skyline Pkwy.
Limited parking; please carpool.

ACTIVITY CLUBS

Activity Clubs are community run groups that meet on an ongoing basis in community centers. Club topics range from coffee and chat, cards, BINGO, crafts, or any other interest that a group of community members might have.

Activity Clubs are free or have a small fee. Everyone age 55+ is welcome to join. If you would like to know more about joining or starting an Activity Club, please contact the 55+ Recreation Specialist at (218) 430-4310.

Portman Community Center, 4601 McCulloch St

Bridge (Competitive)	Mondays	11:30 a.m. - 3 p.m.
Men's Coffee & Chat	Wednesdays	9 - 11 a.m.

Morgan Park Community Center, 1242 88th Ave W

Cribbage	Tuesdays	12:30 - 3 p.m.
BINGO (cash to play)	Wednesdays	12:15 - 3 p.m.

Evergreen Community Center, 5830 Grand Ave

Bone Builders	Tuesdays Thursdays	9 - 10 a.m.
Dominoes	Mondays	10 a.m. - 11:45p.m.
Hand & Foot	Mondays	11:45 - 3 p.m.
500 Cards	Fridays	12:15 - 3 p.m.
Cribbage	Tuesdays	12:30 - 3:30 p.m.
Cribbage	Saturdays	1 - 3 p.m.
Cribbage	Mondays	6:30 - 8:30 p.m.
Mahjong (learn/play)	Wednesdays	12:00 - 3:30 p.m.
Open Game Time	Wednesdays	1:30 - 3 p.m.
BINGO (cash to play)	Thursdays	12:15 - 3 p.m.





November 2025

Evergreen Senior Programs Calendar

Evergreen Community Center, 5830 Grand Avenue

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Cribbage Tournament 8am-6pm
	3 Dominoes 10am- 12pm Hand & Foot 11:45- 3pm Cribbage 6-9 pm	4 Evergreen closed for Election	5 Play/Learn Mahjong 12-3:30pm Open Game Time 1:30-3pm	6 Bone Builders 9-10am BINGO 12:30-3pm Jigsaw Puzzle Competition 5-8pm	7 Evergreen closed for Deep Cleaning	8 Cribbage 1-4pm
9	10 Dominoes 10am- 12pm Hand & Foot 11:45- 3pm Cribbage 6-9 pm	11 Parks & Recreation closed for Veterans Day	12 Play/Learn Mahjong 12-3:30pm Open Game Time 1:30-3pm 2nd Halfers Afternoon Break 3 - 4:30pm	13 Bone Builders 9-10am BINGO 12:30-3pm Library program: Bea dwork 5pm	14 Evergreen Senior Board Meeting 10:30am 500 Cards 12:15-3pm	15 Cribbage 1-4pm
	17 Dominoes 10am- 12pm Hand & Foot 11:45- 3pm Cribbage 6-9 pm	18 Bone Builders 9-10am Cribbage 12:30-3:30pm Library program: Book Bingo 6-7pm	19 Play/Learn Mahjong 12-3:30pm Open Game Time 1:30-3pm Make a Snowman Craft 5-8pm	20 Bone Builders 9-10am Senior Get Savvy 10am - 12pm BINGO 12:30-3pm Library program: Chess club 5pm	21 500 Cards 12:15-3pm Library program: Book club 3:45pm	22 Cribbage 1-4pm
23 Programs subject to change during Holiday weeks	24 Dominoes 10am- 12pm Hand & Foot 11:45- 3pm Cribbage 6-9 pm	25 Bone Builders 9-10am Cribbage 12:30-3:30pm Irving Community Club 6pm	26 2nd Halfers Afternoon Break 3 - 4:30pm	27 Parks & Recreation closed for Thanksgiving	28 Parks & Recreation closed for Thanksgiving	29



December 2025

Evergreen Senior Programs Calendar

Evergreen Community Center, 5830 Grand Avenue

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Dominoes 10am- 12pm Hand & Foot 11:45- 3pm Cribbage 6-9 pm	2 Bone Builders 9-10am Cribbage 12:30-3:30pm	3 Play/Learn Mahjong 12-3:30pm Open Game Time 1:30-3pm	4 Bone Builders 9-10am BINGO 12:30-3pm	5 500 Cards 12:15-3pm	6 Cribbage 1-4pm
7	8 Dominoes 10am- 12pm Hand & Foot 11:45- 3pm Cribbage 6-9 pm	9 Bone Builders 9-10am Cribbage 12:30-3:30pm	10 Play/Learn Mahjong 12-3:30pm Open Game Time 1:30-3pm	11 Bone Builders 9-10am Senior Holiday Party @ Morgan Park -No BINGO-	12 Evergreen Senior Board Meeting 10:30am 500 Cards 12:15-3pm	13 Cribbage 1-4pm
14	15 Dominoes 10am- 12pm Hand & Foot 11:45- 3pm Cribbage 6-9 pm	16 Bone Builders 9-10am Cribbage 12:30-3:30pm Library program: Book Bingo 6-7pm	17 Play/Learn Mahjong 12-3:30pm Open Game Time 1:30-3pm 2nd Halfers Afternoon Break 3 - 4:30pm	18 Bone Builders 9-10am Holiday BINGO 12:30-3pm Library program: Chess Club 3:45-4:45 pm	19 500 Cards 12:15-3pm Library program: Book club 3:45pm	20 Cribbage 1-4pm
21	22 Dominoes 10am- 12pm Hand & Foot 11:45- 3pm Cribbage 6-9 pm	23 Bone Builders 9-10am Cribbage 12:30-3:30pm	24 Parks & Recreation closed for Holiday	25 Parks & Recreation closed for Holiday	26 500 Cards 12:15-3pm	27 Cribbage 1-4pm
28	29 Dominoes 10am- 12pm Hand & Foot 11:45- 3pm Cribbage 6-9 pm	30 Bone Builders 9-10am Cribbage 12:30-3:30pm Irving Community Club 6pm	31 Play/Learn Mahjong 12-3:30pm	January 1 Parks & Recreation closed for New Years	Programs subject to change during Holiday weeks	