

# Duluth Parks & Recreation

# 55+ NEWSLETTER

May & June 2025

## RECENT EVENTS

### PICKLEBALL IS READY FOR SUMMER!

Open Pickleball is wrapping up at the Washington Center gym. Pickleball was offered 4 days a week throughout the winter and spring months. Many people are excited to return to the outside courts. Wheeler Field Complex offers 4 dedicated pickleball courts, and 4 interchangeable tennis/pickleball courts. The new court at Lincoln Park also has a net available.



### CHANHASSEN THEATER DAY TRIP

In March, 37 people traveled to the Dinner Theater to see 'Grease' live on stage. Attendees enjoyed riding a coach bus, stopping at Tobies for a caramel roll, and a wonderful show experience at the Dinner Theater. The famous songs from Grease were a crowd favorite!



←  
**St. Patrick's Day  
Bingo at  
Evergreen**

## DULUTH PARKS & RECREATION

55+ programs offer spaces and programs for socializing, learning, fitness, games and more!

### CONTACT & REGISTRATION

There are several ways you can register or request more information:



Register online at [duluthmn.gov/parks](https://duluthmn.gov/parks)  
Email: [parks@duluthmn.gov](mailto:parks@duluthmn.gov)



Senior Programs phone line:  
(218) 430-7310  
City Hall Parks & Recreation office:  
(218) 430-7300  
City Hall hours: 8:30 a.m. - 4 p.m.



Fill out a registration form at the Parks office at Evergreen

## UPCOMING CLOSURES

### Holiday Closures

Duluth Parks & Recreation is closed Monday, May 26 for Memorial Day and Thursday, June 19 for Juneteenth.

### Deep Cleaning Closures

Evergreen Community Center is closed Tuesday, May 6 and Wednesday, May 7. Tuesday's cribbage group is moved to Friday that week.

### Weather Closures

Facilities and programs are closed in the event of hazardous weather conditions. If the Duluth School District is closed, programs are canceled.

## UPCOMING PROGRAMS

See page 1 for registration details

### FISHIN' CLUB

Meet up once a week along the St. Louis River to go fishing. Bring your friends, meet new friends and enjoy the sport of fishing along the river. We will provide rods and reels, tackle and live bait to share; participants are also welcome to bring their own equipment. Prior fishing experience welcome, but not necessary. This program is for anyone looking to learn something new, refresh their skills



or just go fishing. Minnesota fishing license is required if you are 16 years of age and older.

Registration Required.

✳ Funding for these programs provided by the Great Lakes Restoration Initiative in cooperation with the National Park Service.

Ages: All

Wednesdays, June 11 - Aug. 13 | 10 - 12 p.m. | Free Course #4083

- Wednesdays in June: Perch Lake Fishing Pier
- Wednesdays in July/August: Munger Landing Fishing Pier

### PAINTING IN THE PARKS

Join Duluth Parks and Recreation with Northern Exposure Art to create your own canvas art! Come enjoy views of the St. Louis River while you create your own masterpiece during this evening of instructed outdoor painting led by Carly Jandl of Northern Exposure Art. All supplies are included with registration. No previous experience is needed.

✳ Funding for this program provided by the Great Lakes Restoration Initiative in cooperation with the National Park Service.

Advance registration required.

Ages: All

- June 11 | 6-8 p.m. | Free | Course #4010  
Chambers Grove, 13404 MN Hwy 23 30 4010
- July 23 | 6-8 p.m. | Free | Course #4011  
Morgan Park, 1242 88th Ave. W. 15 4011

### TENKARA FISHING

Tenkara Fishing: Some call it cane pole fishing while others say it's the gateway to fly fishing. It's up for you to decide but either way you're going to be out fishing! Learn this simplistic style of catching fish on flies in our local waterways. It's a great way to catch all species with very limited gear. All supplies will be provided. Please register in advance.

Ages: All

- May 22 | 3-5 p.m. | \$5 | Course #4064  
Twin Ponds, W. Skyline Dr. & 14th Ave. W. 4064
- June 24 | 8-10 a.m. | \$5 | Course #4065  
Mission Creek, 13404 MN Hwy 23 4065

### GREAT TRAILS IN YOUR TOWN

Come learn about great trails near your neighborhood and across Duluth. We will discuss trails for all users, and highlight options for flatter terrain and easy access. Discover new trailheads, learn about lesser-known trails, and ask questions. Please register so we can provide materials for you.

Ages: 55+

May 19 | 11am-Noon | Free

Course # 3893

Evergreen Community Center, 5830 Grand Ave

### ADVENTURE BOOK CLUB

Join Duluth Public Library for a book club in the great outdoors! Held at a different City park each month, we'll discuss a book with an outdoor theme, followed by a low-impact, optional hike led by Parks & Recreation.

Ages: 18+

Fridays | 10 a.m.-noon | Free

- June 13 | Morgan Park, 1242 88th Ave. W.  
*Bicycling with Butterflies* by Sara Dykman
- July 11 | Chester Park, 1800 E. Skyline Pkwy.  
*Share your favorite adventure book*
- Aug. 8 | Brighton Beach, Brighton Beach Rd.  
*Crow Talk* by Eileen Garvin





## BIRDING 101

The St. Louis River corridor is one of the busiest stopping spots in the spring for migratory birds in the region. Come learn the basics of birding as we walk along the river. Learn to use binoculars and where to find birds and begin to identify them. Bring your own binoculars and field guides or use ours! Space is limited, registration required.

Ages: All

May 14 | 10:00-11:30am | Free | Course #4147

Waabizheshikana Pulaski Trailhead, 7011 Pulaski St.



## RECREATIONAL GOLF

Let us introduce you to golf at Enger Park Golf Course. Our goal is to get you comfortable with the basics of golf, the resources of golf courses, and how to book a tee time. Day one begins with introductions, a tour of Enger Park Golf Course, and time at the driving range. For the following three sessions, we will golf 3 holes per evening. By the end of the four sessions, we will have golfed 9 holes, improved your skill level, and most importantly had fun outside on the links! Clubs provided if needed.

Ages: 18+

Mondays | June 23, 30 & July 21, 28 | 5:30-7:30p.m.  
\$70 | Course #4087

Enger Park Golf Course, 1801 W. Skyline Pkwy.

## FOREST BATHING

Meet nature in a new way! Experience its transformative healing power through guided sensory exploration with a certified forest therapy guide. Calm the body, soften the heart, and focus the mind.

All participants must register in advance.

Registration closes 2 days in advance of each class.

☀ Funding for the programs taking place along the St. Louis River (Chambers Grove Park and Blackmer Park) is provided by the Great Lakes Restoration Initiative in cooperation with the National Park Service.

Ages: 18+

- June 10 | 6-8 p.m. | \$45 | Course #4137  
Kingsbury Creek Trails, 7215 Waseca St.
- June 26 | 9-11 a.m. | Free | Course #4138  
Chambers Grove Park, 13404 MN Hwy 23  
*More dates are listed in the Summer brochure*

## FULL MOON HIKE

On the evening of the full moon, join us for a hike to enjoy the peacefulness of the night sky. Headlamps will be provided if desired. Hikes are up to 2 miles on natural surface trails.

Ages: All

- Monday, May 12 | 8:30-9:30 p.m. | \$5  
Course # 3922 | Park Point Nature Trail, 4599 Minnesota Ave.
- Wednesday, June 11 | 8:30-9:30 p.m. | \$5  
Course #4088 | Hartley Park, 3001 Woodland Ave.

Interested in more fishing and  
hiking opportunities?  
Need activities for your grandkids?



See the full Parks &  
Recreation brochure  
at our website or  
at the Evergreen  
Community Center.



## EVERGREEN OPEN HOUSE

Are you curious about joining Activity Clubs, Bingo, or just seeing what the Evergreen Community Center is all about? Drop by during the Open House to learn about senior programs and ways you can get involved. All are welcome, including current Evergreen visitors. Beverages and appetizers will be served. All attendees can enter a raffle drawing for a Grandmas Restaurant gift card! This is a drop-in style program. You do not need to register.

Ages: 55+

Wednesday, June 11 | 11 a.m.-1 p.m. | Free  
Course #4061

Evergreen Community Center, 5830 Grand Ave.



## EVERGREEN OPEN GAME TIME

Come play a game, color, or work on a puzzle at the Evergreen Community Center. This Open Game Time is open to anyone who is 55+. The Evergreen Community Center has many games and puzzles available, but you are welcome to bring your own.

Ages: 55+

Wednesdays this Summer, May 14 -August 20  
1:30 – 3 p.m. | Free | Course #4062

Evergreen Community Center, 5830 Grand Ave.



## GENTLE YOGA

Yoga offers many benefits to the mind and body! It can relieve stress and tension, calm the nervous system, improve balance, and help maintain mobility. Our yoga instructor will guide you through a relaxing flow to leave you feeling refreshed. No previous experience is necessary, all levels welcome! Adaptations can be made where possible.

Please arrive 15 minutes early and wear comfortable clothing. You may bring your own yoga mat or the instructor will have some available. Optional items to bring include a water bottle if desired, beach towel, and a throw pillow for comfort in lying positions.

No drop-ins are allowed.

Ages: 55+

**Portman Community Center, 4601 McCulloch St.**  
Session 1

Tuesdays | June 10, 17, 24, July 1, 8, 15  
5:30-6:30 p.m. | \$30 | Course #4126

Session 2

Tuesdays | July 22, 29, Aug 5, 12, 19, 26  
5:30-6:30 p.m. | \$30 | Course #4127

**Lafayette Community Center, 3016 Minnesota Ave.**

Fridays | June 6, 20, 27, July 11, 18 | 9-10 a.m.

\$25 | Course 4009

\*No class June 13 or July 4

## PATIO PLANTERS

Get ready for summer by making a compact patio planter. You will make your own tomato and herb planter that is perfect for a patio, deck, or other small space.

Containers, soil, and plants will be provided. Please register to ensure enough materials are provided.

Ages 55+

Tuesday | May 13 | 11 a.m. - Noon | \$15

Course #3457

Evergreen Community Center, 5830 Grand Ave





## DAY TRIPS

### MINNESOTA TWINS TRIP

Board the bus and head south for the Twins vs. Red Sox game in an intra-league showdown! Bus will depart from the Wade Stadium parking lot at 8 a.m. with first pitch at 12:10 p.m. at Target Field. Arrival time back in Duluth will be approximately 6 p.m. Ticket and transportation are covered in your registration fee. Deadline to register is Tuesday, July 8. Not eligible for Fee Assistance.

Ages: All

Wednesday | July 30 | 8 a.m.-6 p.m. | \$80

Course #4032

Wade Stadium, 35th Ave. W. & W. 1st St.



### MINNESOTA LANDSCAPE ARBORETUM

Visit the spectacular gardens at the Landscape Arboretum in Chaska, MN! The Arboretum includes over 1,000 acres of rolling terrain featuring unique public gardens: spectacular annual and perennial display gardens, collections of plants developed for northern climates, natural and native areas, and demonstration gardens.

Our group will get a narrated riding tour of the gardens and woodlands. Attendees will have the opportunity to explore the grounds on their own and shop at the gift store.

Attendees travel together on a coach bus. Sack lunch is included in trip fee. This trip will include walking on paved and natural surfaces.

For additional information about the trip, please call the Senior Programs line at 218-730-4310.

Registration deadline is June 10. No refunds are allowed after registration closes.

This program does not qualify for Fee Assistance.

Ages: 55+

Thursday | July 10 | 7a.m.-7p.m. | \$100

Course #4094

Pickup and drop off at Wheeler Athletic Complex, 3501 Grand Ave. or Scanlon Park N Ride



## ONGOING PROGRAMS

### 2<sup>nd</sup> HALFERS AFTERNOON BREAK

Looking for a social group? This is an informal get together to grow connections and friendships. Enjoy discussions on many topics. Coffee and tea will be served. You do not need to register, you can just drop in at the Evergreen Senior Center's Conference Room.

Ages: 55+

2nd and 4th Wednesdays of the month | 3-4:30 p.m.

Free | Course #3583

Evergreen Community Center, 5830 Grand Ave.

### SENIORS GET SAVVY

Do you have questions about your new device? Want to learn how to best utilize your settings? Bring your questions and drop-in for an informational Q&A session to help build your confidence in technology! Be sure to bring your devices and know your passwords. Please note, this is NOT a repair or virus removal service. This program can help with basic technology questions, but may not be able to answer all individual inquiries. This is a drop-in program, you do not need to register.

Ages: 55+

June 12, July 17, Aug. 21 | 10 a.m.-noon | Free

Evergreen Community Center, 5830 Grand Ave.

## MUSIC IN THE PARK

Duluth Parks and Recreation, along with their partners at Chester Bowl, announce the lineup of the 42nd annual Music in the Park concert series. Concerts will take place Tuesday nights throughout the summer. Concerts will take place this year at Chester Park (1801 E. Skyline Parkway) for the first half of the summer and Lincoln Park (Lincoln Park Drive and W. Third Street) for the second half of the summer. This free, family-friendly concert series features a variety of toe-tapping, engaging music on Tuesdays from 6:30 pm to 8:00 pm throughout the summer. Grab a lawn chair and come enjoy the music!



DULUTH PARKS AND RECREATION PRESENTS

# MUSIC IN THE PARK

## CONCERT SERIES 2025

**Tuesday Evenings • 6:30-8 p.m. • FREE ADMISSION**

### CHESTER PARK + LINCOLN PARK

1801 E. Skyline Parkway

Lincoln Park Drive & W. 3rd St.

June 17

**Inga Entheos**

June 24

**Climes**

**Kage**

July 1

**Lake Effect String Band**

July 8

**Joan of Profile**

July 15

**The Fish Heads**

July 22

**The Yeah Scherz**

July 29

**Yuya Mix**

**The Lindula Brothers**

August 5

**A Band Called Truman**

August 12

**Breanne Marie and the**

**Front Porch Sinners**

August 19

**Rain Date**

Twin Ports Express food truck on site • Bring a lawn chair!

Please check our website, social media, or call our weather hotline after 4 p.m. for cancellations.

duluthmn.gov/parks • @DuluthParksMN • 218-730-4321 x2



### AOEA MEALS



Meals for seniors are provided by the Arrowhead Economic Opportunity Agency (AEOA) at some community center locations.

The cost is \$4.50 for those 60 and above, or \$7.50 for those under 60.

Meal reservations must be made at least 24 hours in advance. Dining menus can be found at Evergreen Community Center.

To sign up for senior dining, please call: 218-727-4321 or 218-727-6448.

Harrison Community Center serves a hot lunch every Monday, followed by bingo. Lunch begins at 11:15 a.m. followed by bingo at 12:00 p.m. Everyone 55+ is welcome to join. Please register with AEOA before attending.

## TRACK CHAIR RENTAL

The city of Duluth, in partnership with the Hartley Nature Center, offers a track power wheelchair (Trackchair) for visitors with mobility challenges to enjoy the trails at Hartley Park for free.

Reservations are required. Call Parks & Recreation for more information (218) 730-4300.





## ACTIVITY CLUBS

Activity Clubs are community run groups that meet on an ongoing basis in community centers. Club topics range from coffee and chat, cards, BINGO, crafts, or any other interest that a group of community members might have.

Activity Clubs are free and everyone age 55+ is welcome to join. If you would like to know more about joining or starting an Activity Club, please contact the 55+ Recreation Specialist at (218) 430-4310.

### Portman Community Center, 4601 McCulloch St

Bridge (Competitive)	Mondays	12 - 3 p.m.
Men's Coffee & Chat	Wednesdays	9 - 11 a.m.

### Morgan Park Community Center, 1242 88th Ave W

Cribbage	Tuesdays	12:30 - 3 p.m.
BINGO (cash to play)	Wednesdays	12:15 - 3 p.m.

### Evergreen Community Center, 5830 Grand Ave

Bone Builders	Tuesdays Thursdays	9 - 10 a.m.
Dominoes	Mondays	10 a.m. - 12 p.m.
Hand & Foot	Mondays	12 - 3 p.m.
500 Cards	Fridays	12:15 - 3 p.m.
Cribbage	Tuesdays	12:30 - 3:30 p.m.
Cribbage	Saturdays	1 - 3 p.m.
Cribbage	Mondays	6:30 - 8:30 p.m.
Mahjong (learn/play)	Wednesdays	12:30 - 3 p.m.
Open Game Time	Wednesdays	1:30 - 3 p.m.
BINGO (cash to play)	Thursdays	12:15 - 3 p.m.

