



City of Duluth
411 West First Street
Duluth, Minnesota 55802

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Duluth Joint Powers Enterprise Trust
Board of Trustees Minutes Meeting
Wednesday, January 17, 2024 at 11:00 am

Board Members Present: Dan Hartman, Jill Keppers, Dave Montgomery

Others Present: Jodi Amundson, Josh Bailey, Joelle Bodin, Adam Casillas, Keely Downs, Shawn Eastman, Robb Enslin, Cyndi Falconer, Paul Gucinski, Angel Hohenstein, Pete Johnson, Chris Kibler, Lauren Schuette, Matt Silverness, John Upton, Ben VanTassel, Tammie Walsh, Wendy Wohlwend, Diane Schlossin

Brown & Brown - Jodie Elder

Chair Dave Montgomery called the meeting to order at 10:58 a.m.

Approval of Minutes: Motion was made to approve the September 20, 2023 minutes. Motion by Dan Hartman; seconded by Jill Keppers. Approved.

Treasurer's Report:

Josh Bailey reviewed the financial statement for December 2023. It was noted that there could be a small variance as year-end numbers may still be processing. Health Plan revenues were over budget by \$553,918 or 1.69%. Health Plan expenses were under budget by \$6,091,059 or 17.29%. The Income Statement for Healthcare showed a reserve balance of \$16,014,128 of December 31, 2023. Dental showed a reserve of \$592,811 as of December 31, 2023. Motion by Jill Keppers; seconded by Dan Hartman. Approved.

New Business:

No new business

Wellness Report:

Angel reviewed 2023 Wellness activities and statistics

1. 164 participants paid for the 2022-2023 Wellbeing Program 400 Registered Participants and 248 point earning participants
2. Total payout for the Wellbeing Program was \$50,100
3. Challenges – Gratitude 132 participants with 101 actives
Winter Challenge – 32 in 100 distance, 12 in 200 distance and 25 in 300 (total of 69 participants)
4. Lunch & Learn – Kitchen Cupboard Wellness – 18 Healthy Holidays Webinar – 10
There were 12 Lunch and Learns for 2023 with 147 participants in total
5. Flu Shots – 215 total flu shots given in 2023; 108 at DECC Health Fair; Numbers continue to drop
6. Discussion on survey available at end of Health Fair to receive feedback from attendees
7. AllOneHealth EAP - 4,6,12 Week Courses – new in 2023
Weigh Beyond – 12 participants
Be Calm – 8 participants
Mini-meditation Course – 20 participants
Healthy Beginnings – 2 participants
8. Financial Wellness – series beginning in April 2024 – Focusing on organizing and strategizing to build assets; then a deep dive into taxes and other financial mysteries; open platform of discussion.

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The City of Duluth is an Equal Opportunity Employer.

9. Core & Mobility class – six-week course beginning January 24, 2024 Workout designed to improve muscular strength and endurance in your core – abs, low back and glutes.
10. Try the Y – January 28-Feb 3 Employees of the City, HRA, Airport and DECC along with their families are invited to try the Y for free all week. If you join, they will waive the joiner fee.

Discussion on meeting location; Conference rooms are limited in City Hall for 2024. A new location will be considered for the next meeting.

Motion to adjourn by Jill Keppers; seconded by Dan Hartman. Approved. Meeting adjourned at 11:30 a.m.
Next meeting: Wednesday, March 20, 2024 at 11:00 am

Minutes respectfully submitted by,

Diane Schlossin
Human Resources Technician
City of Duluth