



## Automatic access to Lifestyle Benefits

Your employer's group insurance programs help protect your financial wellness. And you and your family can rely on a suite of additional tools, support, guidance and services to help make life a little easier.

There is no additional fee or enrollment for these resources. Just access the services you need, whenever you need them. Lifestyle Benefits are automatically available to active U.S. employees insured with Securian Financial. Your spouse and insurance-eligible children can also use these resources, even if they're not covered under the insurance program.

### Lifestyle Benefits available to you include:

- Legal, Financial and Grief Resources
- Travel Assistance
- Legacy Planning Resources
- Beneficiary Financial Coaching



## Legal, Financial and Grief resources

from TELUS Health

Professional services for a variety of needs - from legal matters and financial situations to coping with loss - through comprehensive web and mobile resources, as well as consultations

**Legal:** Includes resources such as will prep templates - and a free, 30-minute consultation per issue, by phone or in an attorney's office (additional services available at 25 percent discount)

**Funeral planning:** Resources to make funeral arrangements, including a final wishes and funeral planning form and guidebooks, as well as a 10 percent discount on prearrangements and immediate-need end-of-life services

**Financial:** Includes telephone consults or 45-minute counseling session per issue on many topics – from budget analysis to tax planning. Includes online access to a financial fitness assessment

**Grief support:** Access master's-level consultants by phone for any stage of grief and referrals for loss support

**Well-being:** Includes a total well-being index with personalized recommendations for lifestyle changes, access to online self-guided programs to help with anxiety, depression and stress, as well as personalized fitness journeys based on personal goals

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### How to access:

[LifeBenefits.com/Lfg](https://LifeBenefits.com/Lfg)

username: lfg

password: resources

1-877-849-6034



## Travel Assistance

from RedpointWTP LLC

24/7 online, pre-trip resources and support for emergency travel assistance and other services when traveling 50+ miles from home

**Pre-trip planning and trip support:** Passport, visa, immunization and currency conversion information

**Medical evacuation services:** Pre-hospital and rental vehicle assistance, transportation to nearest appropriate medical facility once hospitalized, mortal remains repatriation, return of dependent children/pets, family member visitation, and travel companion transport

**Security evacuation services:** Transfer to nearest safe area, ID theft support and assistance replacing lost/stolen luggage

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### How to access:

[LifeBenefits.com/travel](https://LifeBenefits.com/travel)

U.S./Canada:

1-855-516-5433

All other locations:

1-415-484-4677



## Legacy Planning Resources

from Securian Financial

Online information and resources to help with multiple aspects of legacy planning – from end-of-life and funeral planning, final arrangements, directives and survivor assistance

**Funeral concierge:** Allows for coverage verification and direct payment to a funeral home so services can be provided before insurance payment is made

**Express Assignment™:** Same-day funeral home assignment service reduces concern about paying funeral expenses by working with the funeral home or lending agency



## Beneficiary Financial Coaching

from Pricewaterhouse-Coopers LLP

Independent, objective and free financial coaching program for beneficiaries

**Dedicated financial coaching:** Telephone access to a coach for a specified period to help with financial decisions related to estate, insurance, investment, retirement and tax planning following the death of a loved one

**Survivor guide workbooks:** Resources focused on specific planning stages to help make decisions on critical financial and legal matters less overwhelming

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### How to access:

[securian.com/legacy](https://securian.com/legacy)

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### How to access:

Beneficiaries receiving \$25,000 or more will be invited to take advantage of this program when the life insurance claim is paid. Telephone financial guidance provided to beneficiaries receiving \$100,000+.

Insurance products are issued by Minnesota Life Insurance Company or Securian Life Insurance Company, a New York authorized insurer. Minnesota Life is not an authorized New York insurer and does not do insurance business in New York. Both companies are headquartered in St. Paul, MN. Product availability and features may vary by state. Each insurer is solely responsible for the financial obligations under the policies or contracts it issues.

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PROTECT  
SECURE

[securian.com](https://securian.com)

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