## TOTAL WELL-BEING

Now in the Palm of your Hand



## A TOTAL WELL-BEING EAP

Sand Creek EAP provides
Total Well-Being solutions for
organizations and employees
by combining high touch
services through high tech
delivery capabilities. Our
Total Well-Being services
are available anywhere at
anytime to address any
problem.

## PERSONAL ASSISTANT

Personal Assistant
helps individuals with their
"to do" list. It can be difficult
to find extra time in the day
to manage everyday tasks.
We help lighten the load
through researching the best
options to benefit you and
your loved ones. Receive
access to a Personal
Assistant via: phone, web
portal, mobile app and chat.

## SERVICES INCLUDE:

- Travel
- · Sports and recreation
- Household errands
- Professional services
- Entertainment planning
- Housing and real estate
- Cleaning services
- Home food delivery



Telephone: 888.243.5744

Website: www.sandcreekeap.com

