



# MEMO

DATE: March 20<sup>th</sup>, 2024

TO: All City Supervisors

FROM: Amber Haglund-Pagel

SUBJECT: Updated COVID Isolation and Return-To-Work Guidance

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As of March 2024, time-based isolation periods related to COVID illness have been lifted by the CDC. The following guidance shall be followed by employees who are sick with a respiratory infection, such as a cold, the flu, or COVID:

- Employees should isolate at home and return to work only after their symptoms have improved and they have been fever-free for at least 24 hours without the use of fever-reducing medications.
- It is recommended that they mask upon return if they work around others and have lingering symptoms.