



## Health Fair Presentation Schedule 2025

### Wednesday, November 12, 2025



Registration/Information tables & Chair Massages – *Lobby*

Flu shots and Health Fair Exhibits – *Edmund Fitzgerald Hall - 9:00 am – 1:00pm*

Fitness Assessments – *Gooseberry 3 - 9:00am – 1:00pm*

**10:00a.m. Medicare 101 – Gooseberry 1**

Terry Tipka, Medicare Specialist

*Overview of Medicare basics, navigating changes*

**11:00a.m. Bridge to Wellness Program Overview – Gooseberry 1**

Jackie Koller, Medica Product Manager

*Overview of the Bridge to Wellness Program including updates to 2026*

**12:00p.m. YOGA – Gooseberry 2**

Marcia Rienhardt, Yoga Instructor

**11:30a.m. – 1:00p.m. Chair Massages – Lobby**

Lake Superior College Students

**\*\*THANK YOU TO ALL OF OUR PRESENTERS, COLLEGE OF ST.  
SCHOLASTICA & LSC STUDENTS AND FACULTY,  
VOLUNTEERS AND EXHIBITORS!\*\***