# SUMMER PROGRAMS



**JUNE - AUGUST 2023** 





duluthmn.gov/parks

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### **ABOUT US**

Welcome to Summer with Duluth Parks and Recreation!

This 2023 Summer program guide is brimming with fun, free, and low-cost programs, special events, Summer camps, and more. Whether you're looking to hike new trails with a group, interested in learning a new skill like mountain biking or fly fishing, or simply love playing BINGO, there's something for everyone, and every age, in our program brochure this Summer.

Special thanks to our Recreation Team for their coordination of this tremendous set of programs, which include collaboration with community groups and partner organizations to bring even more programming to our community this year.

See you in the parks this Summer!

Jessica Peterson

Parks and Recreation Manager



Along the great Lake Superior, Duluth's extensive and all-season park system is a critical component of the city's physical, environmental, social, and economic well-being. In addition to a number of destination-quality parks, Duluth's park system offers an array of recreation amenities and a diverse trail network. Duluth's trail system includes 10 miles of horseback trail, 30 miles of paved accessible trail, 16 miles of gravel accessible trail, 38 miles of cross-country ski trail, 85 miles of bike-optimized singletrack trail, and over 150 miles of natural surface hiking trail!

### INFORMATION

### **Mission Statement**

To promote the health and well-being of our community, environment and economy by facilitating recreational opportunities and coordinating the enhancement of our parks, facilities and natural resources now and into the future.

### **Vision Statement**

To be the central driving force in strengthening the heritage of a healthy, active community for future generations by continuing on the path of improving and enhancing our parks and facilities, protecting our natural resources, and developing partnerships to deliver recreation programs and services.

### **Parks Planning**

Parks & Recreation planning, design, construction, and public engagement efforts related to parks, park facilities, trails, and natural resources is led by our Stewardship team. Stewardship projects aim to improve park access and recreational experiences for our citizens, reduce conflicts, enhance resiliency, and protect our natural resources. To learn more about active parks planning, design, and construction projects, please visit our Progress in the Parks page at: <a href="mailto:duluthmn.gov/parks/parks-planning/progress-in-the-park">duluthmn.gov/parks/parks-planning/progress-in-the-park</a>

### **Financial Assistance Policy**

The goal of the fee assistance policy is to lower financial barriers to participation in park programs for Duluth residents in financial need. Eligibility for the program is determined by completing an application and verifying City of Duluth residency. Qualified household members will be eligible to receive a discounted price on Parks and Recreation program fees. The discount is valid for the calendar year in which citizens applied and applicants must reapply for fee assistance each year. To qualify for assistance, applicants must affirm, one, that they are Duluth residents, and, two, that they are receiving, or are eligible for, one of the following benefits:

- School Free and reduced lunch program
- Housing Authority (HUD) Section 8 Rent Subsidy
- Medicare or Medicaid
- County financial assistance (SNAP, Emergency or Medical Assistance, Unemployment)
- Social Security Disability

The amount of fee assistance provided to each participant is limited per calendar year to:

- Up to \$300 per participant for qualifying programs
- Once recipients meet \$300 limit, then up to 50% off all other qualifying programs

### Weather Hotline

Call the weather hotline at 218-730-4321 for information on program cancellations or trail closure information, visit our Facebook page, **DuluthParksMN**, for the most up to date program information.

Visit duluthmn.gov to register for programs

### Registration

### Online

To register for parks and recreation programs, please visit our online registration system at <a href="mailto:duluthmn.gov/parks/register">duluthmn.gov/parks/register</a>. Log in with your username and password, or create an account if you are new.

### **Create Account**

- Go to <u>duluthmn.gov/parks/register</u>
- Select "Create an Account"
- Enter all required information (all family members, contact information and birthdates must be entered –
  including correct year)

### Over the phone

Duluth Parks and Recreation Office, 218-730-4300

### **Payment**

Payment must be made at the time of registration by cash, check or credit card.

### **Cancellations and Refunds**

- Participants wishing to withdraw from a program must do so at least three days prior to the start of the program or by the stated registration deadline to guarantee a full refund.
- Partial refunds after the start of the program are only considered if injury or serious illness occurs and must be approved.
- Refunds can take up to three weeks to process.
- If program is cancelled by Parks & Recreation, full refunds will be issued.

### **Photo Policy**

Photographs and video are occasionally taken of participants while they are in programs, special events, city facilities, or while enjoying park spaces. Please note that these photos may be published by the City of Duluth.

### **Contact Us**



218-730-4300



parks@duluthmn.gov



duluthmn.gov/parks



Facebook: DuluthParksMN



Parks and Recreation – City Hall (Ground Floor) 411 W. First St., Duluth, MN 55802

Duluth Parks & Recreation Presents the 40th Annual



<b>June 13 ·</b> (7:00 PM)		Rich Mattson and the Northstars
		(Cosmic Rock & Roll)
<b>June 20 •</b> (7:00 PM)		Listening Party
		(Folk Rock)
<b>June 27 •</b> (7:00 PM)		Sortà Country
		(Country/Rock)
July 4 • NO CONCERT		
<b>July 11 •</b> (/:00 PM)		Aly Aleigha
1 1 40 (7.00 DM)		(Transcendent Indie-Folk)
July 18 • (/:UU PM)		North Shore Big Band
Ib. 95 . (7.00 DM)		(Swing/Dance/Big Band)
July 25 • (7:00 PM)		
August 1 . (6:20 PM)		(Pop Fusion)  Ross Thorn
August 1 (0.00 I M)		(Folk/Country)
<b>Δυσμετ 8 •</b> (6:30 PM)		The Most Wanted
		(Variaty Cayara, Daal, Cayata, Dan)
<b>August 15</b> • (6:30 PM)		(variety Govers: Rock, Gountry, Pop) Fish Heads
		(Rluegrass/Rock/Country)
<b>August 22 •</b> (6:00 PM)		Rain Date
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### **FREE ADMISSION**

Please follow our social media @DuluthParksMN on Facebook and Instagram or call the Parks & Recreation weather hotline after 5 p.m. to check for cancellations: 218-730-4321x2 • Bring a lawn chair! 1801 E. Skyline Parkway











### **COMMUNITY EVENTS**











THURSDAY, JULY 20 | 3-5 P.M.
MORGAN PARK, 88th Ave. W. & Falcon St.

FRIDAY, AUG. 11 | 3-5 P.M.
KEENE CREEK PARK, Bristol St. & N. 63rd Ave. W.

FRIDAY, AUG. 4 | 3-5 P.M. GRANT PARK, 901 E. 11st St.

THURSDAY, AUG. 17 | 3-5 P.M.
PORTMAN PARK. 4601 McCulloch St.

# BEACH PARTY AND WATER SAFETY AWARENESS

Join us at the Beach House for music, activities, pop-up play equipment, and prizes for your beach safety knowledge!

Beach Parties will cancel in the case of forecasted thunderstorms, air temperatures below 55 degrees, or Red Flag days as determined by the Beach Safety Warning System. Summer lifeguard schedule is posted on parkpointbeach.org

Ages: All

Park Point Beach House, 5000 Minnesota Ave.

Noon-3 p.m. | FREE

Day Date W July 13 F July 28 Th Aug. 10



### **ADVENTURE BOOK CLUB**

Join Duluth Public Library for a book club in the great outdoors! Held at a different City park each month, we'll discuss a book with an outdoor theme, followed by a low-impact, optional hike led by Parks and Recreation.

Ages: 18+

Th | 10 a.m.-Noon | Free

Date	Book	Location	Difficulty (Optional Hike)	Course #
June 8	The Unlikely	Hartley Park	Easier	2966
	Thru-Hiker	3001 Woodland Ave.		
July 13	The Wolf's Trail	Lester Park	Easier	2979
		61 Lester River Rd.		
Aug. 10	H is for Hawk	Enger Park	Easier	2984
		1601 Enger Tower Dr.		
Sept. 14	<b>Hudson Bay Bound</b>	Chester Park	Easier	2985
		1800 E. Skyline Pkwy.		
Oct. 12	An Immense World	Chambers Grove	Easier	2986
		13404 MN Hwv. 23		

Max Enrollment: 10

### **ADVENTURING SKILLS**

Make your trips adventuring more adventurous this summer! Learn how to build a fire, read a map and compass, make a hot drink on a camp stove and what to pack for a day hike. Your friends and family will be impressed with your newfound or refreshed skills and your Instagram likes will increase!

Ages: 9+

Bayfront Park, 700 Railroad St.

M | May 22 | 6-8 p.m. | \$5 | Course # 2987

Max Enrollment: 10

### **DATE NIGHT CHILD CARE**

Calling all parents and guardians! Need a few hours away from the little ones? Date Night Childcare is here to watch the kids while you have some time for YOU! Parks staff will lead activities for youth from 5-8 p.m. Drop-off and pick-up will be at City Hall; we will take a Parks vehicle to our activity destination and return to City Hall just before 8 p.m.

Ages: 6-12

Meet at City Hall, 411 W. 1st St.

F | 5-8 p.m | \$12

Date	Course #
June 23	3013
July 28	3014
Aug. 18	3015

### **LEARN TO DISC GOLF**

Learn the basics of disc golf while spending time on our local courses. Topics will include how to play, different types of discs, throwing techniques, and course etiquette. Groups will practice their skills as we play and learn our way around the course!

Ages: 12+ 6-7 p.m. | \$5

Day	Date	Location	Course #
Tu	May 23	Quarry Park, 1325 N. 59th Ave. W.	3016
M	June 12	Morgan Park, 1243 88th Ave. W.	3019

Max Enrollment: 12

### **INTRO TO ARCHERY**

Come learn a new skill and practice your accuracy at Intro to Archery! Participants will learn the basic safety, technique, and process for shooting archery and get a chance to test their skills in archery games and challenges. This is an introductory class for families and community members to learn the basics of archery. Please wear closed-toe shoes. All equipment provided; no personal archery equipment is allowed.

Ages: 8+

Morgan Park, 1242 88th Ave. W.

5:30-7 p.m. | \$7

Day	Date	Course #
M	June 19	3029
M	June 26	3030
Tu	Aug. 22	3031



### **OPEN ARCHERY**

Once you've taken an Intro to Archery class, camp, or program through Parks & Recreation, join us for Open Archery. This program is a chance for you to come review and practice your archery skills! Please wear closed-toe shoes for archery. All equipment provided; no personal archery equipment is allowed.

Ages: 8+ | \$7

Day	Date	Time	Location	Course #
Th	June 22	5:30-7 p.m.	Morgan Park, 1242 88th Avenue W.	3032
Th	June 29	5:30-7 p.m.	Morgan Park, 1242 88th Avenue W.	3033
Su	July 9	6-7:30 p.m.	Wheeler Athletic Complex, 3501 Grand Ave.	3034
Su	July 16	6-7:30 p.m.	Wheeler Athletic Complex, 3501 Grand Ave.	3035
W	Aug. 23	5:30-7 p.m.	Morgan Park, 1242 88th Avenue W.	3036

Max Enrollment: 12

### **FLYCASTING CLINIC**

The local Gitchee Gumee chapter of Trout Unlimited is once again providing their expertise to lead free flycasting clinics in different Duluth parks this summer. This is a great opportunity for community members to learn about the basic equipment and casting skills involved in fly fishing.

Trout Unlimited's instructors will teach the basics of casting a flyrod and introduce some basic flyfishing concepts. All equipment is provided!

Ages: 12+

W | 6-8 p.m. | Free

Date	Location	Course #
July 12	Lester Park, 61 Lester River Rd.	3037
July 19	Merritt Park, 4017 W. 7th St.	3038
July 26	Chambers Grove Park, 13404 MN Hwy. 23	3039

### **FULL MOON HIKE**

On the evening of the full moon, join us for a hike to enjoy the peacefulness of the night sky. Headlamps will be provided if desired.

Ages: All | \$5

Day	Date	Time	Location	Difficulty	Course #
F	May 5	8:30-9:30 p.m.	Hawk Ridge 3980 E. Skyline Pkwy.	Easier	3023
Su	June 4	8:30-9:30 p.m.	Hartley 3001 Woodland Ave.	Moderate	3024
М	July 3	8:30-9:30 p.m.	Waabizheshikana Trail 7011 Pulaski St.	Easier	3025
Tu	Aug. 1	8:30-9:30 p.m.	Park Point 4599 Minnesota Ave.	Easier	3026
W	Aug. 30	8-9 p.m.	Twin Ponds W. Skyline Pkwy. & Hank	Moderate S Jensen Dr.	3027

### **GONE FISHIN'**

We will teach you how to fish and share fishing stories of the past. We will provide rods and reels, tackle and live bait to share; participants are also welcome to bring their own equipment. Prior fishing experience welcome, this program is for anyone looking to learn something new, refresh their skills, or just go fishing.

Ages: All 3 – 5 p.m. | \$5

Day	Date	Location	Course #
M	May 22	Chambers Grove Park, 13404 MN Hwy. 23	3009
M	June 12	Chambers Grove Park, 13404 MN Hwy. 23	3010
F	June 23	Chambers Grove Park, 13404 MN Hwy. 23	3011
M	July 10	Twin Ponds, W. Skyline Dr. & 14th Ave. W.	3012
F	Aug. 11	Chambers Grove Park, 13404 MN Hwy. 23	3028





### **GENERAL PROGRAMS**

### **MORNING YOGA**

Welcome the weekend with morning yoga every Saturday at Enger Park led by Full Circle Yoga of Duluth. Yoga will begin at 8 a.m. at the pavilion overlooking our great city and great lake. Please bring a yoga mat, comfy clothes and water. Registration preferred: please register to receive course updates and weather cancelation notices. *No class July 1*.

Ages: All

Enger Park, 1601 Enger Tower Dr.

Sa | June-August

8-9 a.m. | Free | Course #2965



### **MUSIC TOGETHER**

Mixed Ages Class (Infant-preschool): Discover the joy of making Music Together! Sing, laugh, move and learn along each week. The little ones love the engaging classes and the caregivers love helping their children grow into confident, life-long music makers.

Rhythm Kids (ages 5-8): This exciting, drumming-focused music class is filled with active musical games and loads of fun. In each weekly class, we'll drum, sing, move, and play to rhythms inspired by musical traditions around the world.

Come try a free demo class to see if Music Together is a good fit for your family.

Ages: Infant-Preschool, K-2

Portman Community Center, 4601 McCulloch Street

Day	Date	Ages	Time	Cost	Course #
M	June 12 FREE DEMO	5-8	4:30-5:15 p.m.	FREE	3040
M	June 19 FREE DEMO	0-4	9:30-10:15 a.m.	FREE	3041
M	June 19 FREE DEMO	0-4	5:30-6:15 p.m.	FREE	3042
M	June 26-Aug. 14	0-4	9:30-10:15 a.m.	\$139*	3043
M	June 26-Aug. 14	0-4	5:30-6:15 p.m.	\$139*	3044
M	June 26-Aug. 14	5-8	4:30-5:15 p.m.	\$139*	3045

<sup>\*</sup>additional sibling rate is \$72; use "Additional Sibling – Music Together" Discount during check-out.

### **POP UP PLAY**

Join our programming team at a new park every week for Pop Up Play! We will have yard games and activities every Wednesday and Thursday.

Ages: All

W & Th | June 8-Aug. 31 | 4-6 p.m. | Free

Date	Location
June 8*	Leif Erickson Park, 11th Ave. E. & London Rd.
June 14-15	Morgan Park, 1242 88th Ave. W.
June 21-22	Washington Square, 4215 E. Superior St.
June 28-29	Memorial Park, 5315 Grand Ave.
July 12-13	Portland Square, 1016 E. 5th St.
July 19-20	Merritt Park, 4017 W. 7th St.
July 22**	Morgan Park, 1242 88th Ave. W.
July 26-27	Observation Park, 914 W. 3rd St.
Aug. 2-3	Riverside Park, 55 Cato St.
Aug. 5**	Portman Park, 4601 McCulloch St.
Aug. 9-10	Harrison Park, 3002 W. 3rd St.
Aug. 16-17	Duluth Heights Park, 33 W. Mulberry St.
Aug. 23-24	Norton Park, Coleman St. & 81st Ave. W.
Aug. 30-31	Morley Park, Spear St. & Leicester St.

<sup>\*</sup>Special Summer Kick-Off Event

### **SAILING**

Learn the basics of sailing with the Duluth Superior Sailing Association (DSSA). Participants will start with learning basic sailing knowledge like wind direction, simple sailing knots, and parts of a sailboat. The second half of the lesson will be rigging a sailboat and working on more basic sailing skills while under sail. This is a great introduction to sailing before exploring more instruction and opportunities with DSSA.

Ages: 21+

5:30 -8 p.m. | \$50

Park Point, 45th St. & Minnesota Ave.

 Day
 Date
 Course #

 Tu
 June 13
 2998

 Th
 June 15
 2999

<sup>\*\*</sup>Saturday Pop Up Play runs from 9 a.m.-12 p.m.

### **STORY AND PLAY**

Join us in a different neighborhood park each week for socially distanced storytimes in the park at 9:30 a.m. followed by fun, youth-focused activities and recreation!

Storytimes introduce young children to books, rhymes, music, and other fun activities that promote early literacy skills! Geared to children 0-5; any age is welcome to enjoy the story or play with Parks & Rec equipment.

Ages: Youth/Family

Cost: Free

Day	Date	Time	Location
M	June 12	9:30 a.mnoon	Riverside Park, 55 Cato St.
Sa	June 24	9:30 a.mnoon	Chester Park, 1801 E. Skyline Pkwy.
M	June 26	9:30 a.mnoon	Blackmer Park, 8301 Beverly St.
M	July 10	9:30 a.mnoon	Cascade Park, W 6th St. & 1st Ave. W.
M	July 17	9:30 a.mnoon	Lester Park, 61st Ave. E & Superior St.
M	July 24	9:30 a.mnoon	Memorial Park, 5315 Grand Ave.
Sa	July 29	9:30 a.mnoon	Duluth Heights Park, 33 W. Mulberry St.
M	July 31	9:30 a.mnoon	Washington Square Park, 4131 E. Superior St.
M	Aug. 7	9:30 a.mnoon	Enger Park, 16th Ave. W. & Skyline Pkwy.
Sa	Aug. 12	9:30 a.mnoon	Merritt Park, 4017 W. 7th St
M	Aug. 14	9:30 a.mnoon	Portland Square, 1016 E. 5th St.



### **WOMEN HIKE DULUTH**

We have partnered with Hike Duluth to provide monthly guided hikes at various parks to encourage women to be active and meet others who also enjoy the outdoors. Wear sturdy shoes and dress for the weather. Each month will be a new location! Registration preferred: please register to receive hike updates and weather cancelation notices.

Ages: All

M | 6-7 p.m. | Free

Date	Location	Difficulty	Course #
June 12	Short Line Park	Moderate	3109
	Trailhead near 2384 Becks Rd.		
July 17	Twin Ponds Trailhead near	Moderate	3110
	W. Skyline Pkwy. & Hank Jensen Dr.		
Aug. 21	Tischer Creek	Moderate	3111
	3116 E. Superior St.		

### **MINNESOTA TWINS BUS TRIP**

Board the bus and head south for the Twins vs. Brewers in their annual border battle! Bus will depart from the Wade Stadium parking lot at 8 a.m. with first pitch 12:10 p.m. at Target Field. Arrival time back in Duluth will be approximately 6 p.m. Ticket and transportation are covered in your registration fee. Deadline to sign up is Wednesday, June 7.

Ages: All

Wade Stadium, 35th Ave. W. & 1st St. W | June 14 | 8 a.m.-6 p.m. | \$80

Course #2978

Max Enrollment: 26



### **OPEN SKATE**

Open skate is for all ages and abilities to have ice time at an indoor rink. No sticks or pucks allowed. Limited skates available for use. This schedule is for June 4-August 27. No skating June 7, June 14, and July 2.

Ages: All

Essentia Duluth Heritage Center,

120 S. 30th Ave. W.

June 4-Aug. 27 | Su 3-5 p.m. | W 2-3 p.m. | \$3



### STAND UP PADDLEBOARDING (SUP)

Join North Shore SUP for a fun, educational experience in the world of Stand Up Paddleboarding. Each instructional course is uniquely designed to teach you the basics of Stand Up Paddleboarding & water safety while introducing you to all that the life-long water sport has to offer, either solo or with family & friends! Professional instructors & quality equipment ALL provided. Choose which course suits you or join in on a few! For questions about courses please contact North Shore SUP at (218) 343-1308.

Ages: All

Lafayette Community Center, 3026 Minnesota Ave.

A. Individual Intro to SUP Class: for ages 14+

B. SUP for the Whole Family (households with youth ages 4-14): practice skills and meet other families interested in paddling! 1 board per household for learning basics and practicing skills

C. SUP with your Pup!: learn to SUP with your dog (1 dog per household; leash required)

Day	Date	Class	Time	Cost	Course #
Tu	June 27	С	4:45-6 p.m.	\$60/household	3112
Tu	June 27	Α	6:15-7:30 p.m.	\$60	3113
Tu	July 11	В	4:45-6 p.m.	\$60/household	3114
Tu	July 11	Α	6:15-7:30 p.m.	\$60	3118
Tu	July 25	В	4:45-6 p.m.	\$60/household	3119
Tu	July 25	С	6:15-7:30 p.m.	\$60/household	3120

Max Enrollment: Class A - 6 individuals, Class B & C - 6 Households



### HIKING THE SUPERIOR HIKING TRAIL: THE DULUTH EDITION

Hike the Duluth section of the Superior Hiking Trail with Duluth Parks and Recreation! Throughout our bi-weekly guided hike series we will be completing the Duluth section of the Superior Hiking Trail.

Hikers must sign up for shuttle in advance to guarantee a spot on the shuttle. The Parks & Rec shuttle will meet at the end location and transport you to the start location. Hikers are welcome to hike ahead at their own pace or stay with the group, ending at the shuttle pick-up location. Noted below in the chart, hikes will be on Monday evenings and Sunday afternoons. Please bring water, adequate footwear and a camera. Trail difficulty: Moderate.

Ages: All | \$5

Day	Shuttle Pick-Up Time (course #)	Shuttle Pick-Up Location	Hiking Route	Miles	Approximate Hike Time
M	5:15 p.m.				
June 26	2988	Beck's Rd/Munger Trailhead 11804 123rd Ave. W.	Fond dul Lac Trailhead to Beck's Rd/Munger Trailhead	2.7	1.5 hrs
July 10	2989	Magney Snively Trailhead 10005 W. Skyline Pkwy.	Beck's Rd/Munger Trailhead to Magney Snively Trailhead	4.3	2.5 hrs
July 24	2990	Spirit Mountain, Parking Lot B 9500 Spirit Mountain Pl.	Magney Snively Trailhead to Spirit Mountain Trailhead	3.2	1.5 hrs
July 31	2991	Kingsbury Creek Trailhead 7215 Waseca St.	Spirit Mountain Trailhead to Kingsbury Creek Trailhead	2.0	1 hr
Aug. 14	2992	Skyline/Highland Trailhead 7051 W. Skyline Pkwy.	Kingsbury Creek Trailhead to Skyline/Highland Trailhead	3.2	1.5 hrs
Aug. 28	2993	Haines Rd Trailhead 23210 Haines Rd.	Skyline/Highland Trailhead to Haines Rd Trailhead	2.6	1.5 hrs
Su	2:45 p.m.				
Sept. 10	2994	Enger Park Trailhead 1461 W. Skyline Pkwy.	Haines Rd Trailhead to Enger Park Trailhead	4.5	2.5 hrs
Sept. 24	2995	Rose Garden 15 S. 13th Ave E.	Enger Park Trailhead to Rose Garden Trailhead	3.8	2.25 hrs
Oct. 15	2996	Hartley Trailhead 3001 Woodland Ave.	Rose Garden to Hartley Park Trailhead	4.5	2.5 hrs
Oct. 22	2997	Martin Rd. Trailhead Trailhead near 3801 Martin Rd.	Hartley Park Trailhead to Martin Rd Trailhead	3.1	1.5 hrs



### **PICKLEBALL LEAGUE**

Pickleball is a fun, rapidly growing sport enjoyed by all ages and skill levels. The game combines elements of tennis, badminton, and ping-pong. Each week participants will split up and play singles and/or doubles. No schedule; results will be taken as just a way for people to get together and have some fun! *No league July 3.* 

Ages: 18+

Wheeler Athletic Complex – Sport Courts, 3501 Grand Ave.

M | 6-7:30 p.m. | \$5

 Session
 Date
 Course #

 1
 June 12-July 17
 2974

 2
 July 24-Aug. 28
 2975

### **ULTIMATE FRISBEE LEAGUE**

Throw, catch, and score your way to a great time by participating in this Ultimate Frisbee league. Sign up as an individual and then be placed on a team. Deadline to sign up is Friday, May 26.

Ages: 18+

Irving Park, 20 S. 57th Ave. W. M | June 5-July 31 | 6-8 p.m. | \$35

Course #2976

### WIFFLEBALL LEAGUE

Hit, catch, and throw your way to a great time! This is a fun, recreational open (no male/female restrictions) league. Round up your friends and put together a team. League will be played each Wednesday. Deadline to sign up is Wednesday, May 31. *No league July 5*.

Ages: 18+

Harrison Park, 3002 W. 3rd St.

W | June 7-Aug. 9 | 5:30-8:30 p.m. | \$150

Course #2977



### **INTRO TO GOLF**

Learn the basics of golf with the College of St. Scholastica golf team in a fun and interactive group setting! Participants will learn the game and knowledge from full-swing, stance, grip, short game, chipping, putting, and golf etiquette. Clubs will be provided if needed. *No class July 3*.

Ages: 6-11

Enger Golf Course, 1801 W. Skyline Pkwy.

M | \$30

Session 1

Ages	Date	Time	Course #
6-8	June 12-July 10	1-1:45 p.m.	2967
9-11	June 12-July 10	2-2:45 p.m.	2968

Session 2

Ages	Date	Time	Course #
6-8	July 17-Aug. 7	1-1:45 p.m.	2969
9-11	July 17-Aug. 7	2-2:45 p.m.	2970

Max Enrollment: 12

### **DEVELOP SKILLS TO SKATE**

This instructional ice skating program is for youngsters just starting out on skates. Class consists of developing basic skating skills. Skates and/or helmets are provided. Please arrive early to allow time to get skates on before lesson begins. *No class July 5*.

Ages: 5-10

Essentia Duluth Heritage Center, 120 S. 30th Ave. W.

W | 1-1:45 p.m. | \$15

Session	Date	Course #
1	June 21-July 12	2971
2	July 19-Aug. 2	2972
3	Aug. 9-23	2973



### INTRO TO PICKLEBALL

Learn as you play and become a Pickler in no time! You will learn the basics of pickleball rules, terminology, primary skills, coordination, introduction to the court, and more. *No class July 4*.

Ages: 7-12

Wheeler Athletic Complex – Sport Courts, 3501 Grand Ave.

Tu | \$25

Session 1

Ages	Date	Time	Course #
7-9	June 13-July 11	1-1:45 p.m.	2980
10-12	June 13-July 11	2-2:45 p.m.	2981

Session 2

Ages	Date	Time	Course
7-9	July 25-Aug. 15	1-1:45 p.m.	2983
10-12	July 25-Aug. 15	2-2:45 p.m.	2982

Max Enrollment: 12



# BUG CATCHING ADVENTURES

Join us to take your backyard bug-hunting to the next level! We will provide nets, insect guides, magnifying glasses, microscopes, and more as we look for and learn about any insect friends we may find.

Ages: 3-6 with adult Sa | 9-9:45 a.m. | \$3

Date	Location	Course #
June 24	Blackmer Park	3017
	8301 Beverly St.	
July 15	Washington Square,	3018
	4131 E. Superior St.	
July 29	Chester Park	3020
	1801 E. Skyline Pkwy.	
Aug. 12	Chambers Grove Park,	3021
	13404 MN Hwy. 23	

### JAZZ/HIP HOP DANCE

Professional instructors from 218 Dance Project will be leading youth dance classes in outdoor spaces this summer! All classes run for 5 weeks; the last session of each class is a final performance.

The 45-minute class for youth ages 3-5 incorporates all five of the child's senses. Here, children will learn about musicality and movement skills by skipping, hopping, and clapping to the beat of the music and by learning basic jazz and hip hop movement in a fun and creative way.

Dancers ages 6-8 will have a blast in this fun, upbeat, and high energy 1-hour class. They will receive an introduction to the hard-hitting movements and body isolations characterizing street jazz and hip hop. This class, for beginner-intermediate dancers, specifically focuses on developing rhythm and coordination while encouraging individual style.

Leif Erikson Park, 11th Ave. E & London Rd.

Day	Date	Ages	Cost	Time	Course #
Tu	May 30-June 27	3-5	\$40	5-5:45 p.m.	2961
Tu	May 30-June 27	6-8	\$50	6-7 p.m.	2962
Tu	July 11-Aug. 8	3-5	\$40	5-5:45 p.m.	2963
Tu	July 11-Aug. 8	6-8	\$50	6-7 p.m.	2964



### **MOUNTAIN BIKING - LEARN TO RIDE!**



Youth on Trails is an initiative to expand access to mountain biking for youth. Programming and equipment made possible by a grant from the Greater Minnesota Regional Parks and Trails Commission, through the Clean Water, Land and Legacy Amendment.







These Learn to Ride events are one of this initiative's programs, and will teach youth about the world of mountain biking through a few different activities and topics. Topics may include instruction on basic mountain biking skills from a certified instructor and practicing biking skills in different activities, drills, and challenges; learning basic bike maintenance skills and fixes as a family like how to clean your bike, how to inflate and change a tire, and how to put a chain back on; and learning and practicing bike safety skills for riding anywhere, including in your neighborhood.

Youth of any biking ability level are welcome. Youth will be split by age and/or biking experience for small group activities.

Ages: 6-16

Day	Date	Time	Location	Course #
Th	June 15	4-5:30 p.m.	Memorial Park, 5315 Grand Ave.	3103
		5:30- 7 p.m.		3123
Th	July 6	4-5:30 p.m.	Hillside Sport Court, 408 E. 8th St.	3104
		5:30-7 p.m.		3124
Sa	July 22	9-10:30 a.m.	Morgan Park, 1242 88th Ave. W.	3105
		10:30 a.mNoon		3125
Sa	Aug. 5	9-10:30 a.m.	Portman Park, 4601 McCulloch St.	3106
		10:30 a.mNoon		3126
Su	Aug. 13	9-10:30 a.m.	Chester Park, 1801 E. Skyline Pkwy.	3107
		10:30-Noon		3127
Tu	Aug. 22	4-5:30 p.m.	Gary New Duluth Park, 801 101st Ave. W.	3108
		5:30-7 p.m.		3128

Max Enrollment: 12 per group

### **MOUNTAIN BIKING - SHARE THE SHRED**



### **DAY CAMPS**



### SENIOR CENTER LOCATIONS

**Evergreen Senior Center** 5830 Grand Avenue

Morgan Park Community Recreation Center 1242 88th Avenue West

Portman Community Recreation Center 4601 McCulloch Street

Senior Programs
Abby Proulx
aproulx@duluthmn.gov
218-730-4310

### **SENIOR DINING**

Meals for seniors are provided by the Arrowhead Economic Opportunity Agency (AEOA) weekdays at the Evergreen Senior Center. Meal reservations must be made at least 24 hours in advance.

To sign up for senior dining, please call: 218-727-4321 or 218-727-6448

### **ACTIVITY CLUBS**

Activity Clubs are community run groups that meet in park spaces and community centers throughout the city. Everybody aged 55+ is welcome to join an existing or create a new Activity Club. For more information on creating or participating in an Activity Club, please visit <u>duluthmn.gov/parks/seniors</u> or contact Senior Programs. Schedules are subject to change.

Ages: 55+ Cost: Free

Activity	Location	Day	Time	Course #
500 Cards	Evergreen	Tu, F	12:15-3 p.m.	1968
BINGO	Evergreen	Th	12:30-3 p.m.	2226
BINGO	Morgan Park	W	12:30-3 p.m.	2079
Bone Builders	Evergreen	Tu, Th	9-10 a.m.	1969
Bridge	Portman	M	Noon-3 p.m.	1965
Cribbage	Evergreen	W, Sa	1-4 p.m.	2809
Cribbage	Morgan Park	Tu	12:30-3 p.m.	1959
Dominoes	Evergreen	M	10 a.mnoon	1967
Hand and Foot	Evergreen	M	Noon-3 p.m.	1966
Men's Coffee and Chat	Portman	W	9-11 a.m.	2031
Play/Learn to Play Mahjong	Evergreen	W	Noon-3 p.m.	1960

### **ALL CITY SENIOR PICNIC**

Save the date for the annual All City Senior Picnic with a special Centenarian Celebration! Lunch will be provided by AEOA and a special dessert served after. Post meal festivities include live music, prize drawings, and yard games!

We also invite centenarians to attend for a Centenarian Birthday Celebration. If you or somebody you know is a centenarian, please reach out to us by Tuesday, August 1 to be honored at this event. There will be no charge for centenarians attending.

Pre-registration required; register by Monday, August 14 at noon.

Ages: 55+ Morgan Park

Th | Aug. 24 | 11 a.m.-2:30 p.m. | \$10 | Course #3072

Max Enrollment: 100

### **BIRDHOUSE BRUNCH**

Join us for a hands-on program to learn more about the history and impact of the Eastern Bluebird in the state of Minnesota, and decorate your very own Bluebird home to be prepared for next year's arrival. Premade houses are provided for decoration with acrylic paints. A light pastry brunch will be served.

Ages: 55+

Harrison Community Center, 3002 W. 3rd St. Sa | June 3 | 10 a.m.-noon | \$15 | Course #3037

Max Enrollment: 12



# CHRISTMAS IN JULY BINGO

The Morgan Park BINGO Club hosts cash BINGO Wednesdays at 12:30 p.m. This week will feature a special Christmas in July theme. In addition to regular cash BINGO, the winner of each round will select a surprise wrapped gift. BINGO cards can be purchased through the Morgan Park BINGO Club, prices range from \$1-\$5. We invite you to bring your favorite holiday treat or snack to share!

Ages: 55+ Morgan Park

W | July 12 | 12:30-2:30 p.m. | \$1-10

Course #3074

### **CURLING, CARDS, AND COFFEE**

Come on in to the Evergreen Senior Center for some Friday fun! Enjoy a social hour with indoor curling and card games over a warm cup of coffee. We invite you to bring your favorite snack or card game to share. Our indoor curling set can be played traditionally by pushing the stone, or shuffleboard style with a cue stick.

Optional meal provided by the Arrowhead Economic Opportunity Agency (AEOA) available at 11 a.m. as a part of Senior Nutrition Services. Meals are \$4.50 for those ages 60 and above, and \$9 for those under 60. Meal reservations must be made 24 hours in advance through AEOA at 218-727-4321.

Ages: 55+

Day	Date	Time	Cost	Location	Course #
F	June 23	10-11 a.m.	Free	Evergreen	3099
F	July 28	10-11 a.m.	Free	Evergreen	3100
F	Aug. 25	10-11 a.m.	Free	Evergreen	3101

### DAY TRIP: THE GREAT NOTHERN RAILROAD

Take a trip back in time to Trego, Wisconsin! The Great Northern Railroad recreates the atmosphere of rail travel in by-gone days, using historic train cars rebuilt from 1912 to 1918. Train cars have been updated with air conditioning. Cost includes round trip transportation on a coach bus and lunch. Two pickup locations: Cloquet pickup is 9:00 a.m. at Super One. and Duluth pickup is 9:30 a.m. at Wheeler Stadium. Select pick-up location upon registration. Pre-registration required by Friday, June 23.

Ages: 55+

Pick-Up Options: Cloquet Superone, 707 MN-33 OR Wheeler Athletic Complex, 3501 Grand Ave.

W | July 26 | 8:15 a.m.-3:30 p.m. | \$95 | Course #3102

Max Enrollment: 50

### SMART DRIVER REFRESHER COURSE WITH AARP

Join us for AARP Smart Driver courses. When course is completed, you may be eligible for discounts on your auto insurance. Plus, safer driving can save you more than just money. The course teaches proven driving techniques to help keep you and your loved ones safe on the road. Pre-registration required, space is limited. Class instructor is Marilyn Flemming with AARP.

Ages: 55+

M | 1-5 p.m. | Morgan Park

Date	Cost*	Course #
June 5	\$25	2919
July 10	\$25	2920
Aug. 7	\$25	2921

\*\$20 if AARP member

### **DULUTH AGING SUPPORT**

Like help getting groceries delivered? Want to find new ways to volunteer or get involved in the community? Need a ride to the doctor? Searching for something new to try?

Duluth Aging Support can point you in the right direction! Helping to connect residents to resources of all types throughout the community. Join us at one of our monthly drop-in sessions where we welcome your questions about anything from caregiving to volunteer opportunities. For sensitive topics, there is a private room available for discussion.

Ages: 55+

Day	Date	Time	Cost	Location	Course #
Tu	June 20	10-11 a.m.	Free	Evergreen	2187
Tu	July 18	10-11 a.m.	Free	Evergreen	2187
Tu	Aug. 15	10-11 a.m.	Free	Evergreen	2187

### **GENTLE YOGA**

Yoga offers many benefits to the mind and body! It can relieve stress and tension, calm the nervous system, and help maintain mobility. Our yoga instructor will guide you through a relaxing flow to leave you feeling refreshed. No previous experience is necessary, all levels welcome! Adaptations can be made where possible. Preregistration required and closers the day before each session.

Ages: 55+ Portman

Tu | June 6-Aug. 29 | 5:30-6:30 p.m.

\$3/session | Course #2528

Max Enrollment: 16



### LUNCH, LEARN, AND SHARE

Join us with Duluth Aging Support for a monthly conversation on rotating topics that are important to community. We will have refreshments upon arrival, and local food catering. Pre-registration is required; food is limited to 30 participants.

Ages: 55+ Harrison

F | 10:30 a.m.-12:30 p.m. | Free

Course #
2686
2687
2688



### **SENIORS GET SAVVY**

Questions about your new device? Want to learn how to utilize your settings? Access Facebook on your phone? Change your privacy settings? Bring your questions and drop-in for an informational Q&A session to help build your confidence in technology! Bring your devices and know your passwords. Please note, this is NOT a repair or virus removal service.

Ages: 55+ Evergreen

Th | 9:30-11 a.m. | Free

Date	Course #
June 1	3076
June 22	3077
July 13	3078
July 27	3079
Aug. 10	3080
Aug. 31	3081

### **RED, WHITE AND BINGO**

Evergreen BINGO Club hosts cash BINGO Thursdays at 12:30 p.m. This week will have Red, White, and BINGO as a special theme. We invite you to dress up in your favorite patriotic colors and join us for themed word games and root beer floats prior to BINGO!

Optional meal provided by the Arrowhead Economic Opportunity Agency (AEOA) available at 11 a.m. as a part of Senior Nutrition Services. Meals are \$4.50 for those ages 60 and above, and \$9 for those under 60. Meal reservations must be made 24 hours in advance through AEOA at 218-727-4321.

Ages: 55+ Evergreen

Th | July 6 | 11 a.m.-3 p.m. | \$1-10 Course

#3082



### **TRAIL TREKKERS**

Join other 55+ individuals to explore a variety of trails, park features, and scenery. Hikes vary in difficulty. Please dress for the weather. Pre-registration required.

Ages: 55+

M | 5:45 p.m.-6:45 p.m.

Date	Time	Location	Cost	Difficulty	Course #
June 5	5:45-6:45 p.m.	Lester Park, 61st Ave. E. & Superior St.	\$2	Moderate	3087
June 12	5:45-6:45 p.m.	Rose Garden, 1300 London Rd.	\$2	Easier	3088
June 26	5:45-6:45 p.m.	Hartley Park, 3001 Woodland Ave.	\$2	Moderate	3089
July 10	5:45-6:45 p.m.	Hawk Ridge, E. Skyline & 52nd Ave.	\$2	Moderate	3090
July 17	5:45-6:45 p.m	Quarry Park, 1325 N. 59th Ave. W.	\$2	Easier	3091
July 24	5:45-6:45 p.m	Chambers Grove, Hwy. 23/137th Ave. W.	\$2	Moderate	3092
July 31	5:45-6:45 p.m	Park Point Nature Trail, 5600 Minnesota Ave.	\$2	Easier	3093
Aug. 7	5:45-6:45 p.m	Oneota Park, W. Skyline Pkwy.	\$2	Difficult	3094
Aug. 14	5:45-6:45 p.m	Chester Park, 1417 E. 5th St.	\$2	Moderate	3095
Aug. 21	5:45-6:45 p.m.	Observation Hill, 1461 W. Skyline Pkwy.	\$2	Difficult	3096
Aug. 28	5:45-6: 45 p.m.	Lester Park, 61st Ave. E. & Superior St.	\$2	Moderate	3097

Max Enrollment: 16

### **MACRAMÉ**

Macramé is the art of knotting in patterns to create a variety of projects! We will learn step-by-step to create a simple planter hanger with decorative beads as a final touch. No experience is needed, though some hand dexterity is required to create the knots in the cord.

Ages: 55+ Evergreen

W | July 19 | 10 a.m.-noon | \$5

Course #3083

Max Enrollment: 10



### **MOSAIC**

Join us for an afternoon of mosaics! Get in touch with your artistic side and create your own design using colorful mosaic tiles making your own coaster or picture frame. No experience needed, though some hand dexterity is required to place tiles with fingers or tweezers.

Ages: 55+ Morgan Park

F | Aug. 4 | Noon-2 p.m. | \$5

Course #3084



## **ATHLETICS**

### Make a Reservation - Athletics, Facilities, and Parks

Permit applications and faciltiy rentals can be found online: <a href="mailto:duluth.gov/parks/reservations-permits">duluth.gov/parks/reservations-permits</a>

Athletic Facility	Address	Multi-Use Field	Youth Baseball	HS/College Baseball	HS Baseball Field	Softball Field	Pickleball	Tennis	Bocce Ball	Horseshoes	Baskeball Court	Sand Volleyball	Lights	Scoreboard
Blackmer Park	8301 Beverly St.	Х												
Chester Park	1800 E. Skyline Pkwy.	х												
Duluth Heights	33 W. Mulberry St.	х	х											
Helmer Carlson (Basswood Field)	900 N. Basswood Ave.		х			х								
Irving Park	20 S. 57th Ave W.	х												
Merritt Park	4017 W. 7th St.	х	х			х	х				х			
Wheeler Complex	35th Ave. W. & Grand Ave.						х	х	х	х	х	х		
Wheeler Ball Field 1	35th Ave W. & Grand Ave.		х			х							х	х
Wheeler Ball Field 2	35th Ave W. & Grand Ave.		Х			Х							х	Х
Wheeler Ball Field 3	35th Ave W. & Grand Ave.		х			х							х	х
Wheeler Ball Field 4	35th Ave W. & Grand Ave.		х			х							х	х
Wheeler Ball Field 5	35th Ave W. & Grand Ave.				х								х	Х
Wade Ball Field 6	35th Ave W. & 1st St.		х			х							х	х
Wade Ball Field 7	35th Ave W. & 1st St.		х			х							х	х
Wade Stadium	35th Ave W. & 1st St.			х									х	х
Woodland Park	3211 Allendale Ave.	Х	Х			Х								



### **FACILITY RESERVATIONS**

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Facility	Address	Capacity	Handicap Accessible	Wi-Fi Available	Projection Screen	Microwave	Sink	Fridge	Stove	Ample Off-Street Parking	Limited Off-Street Parking	On-Site Event Host
City Center West/Evergreen Center	3501 Grand Ave.	50	Х	Х	Х	Х	Х	Х	Х		Х	
Morgan Park Community Center	1242 88th Ave W.	100	Х		х	х	Х	Х		Х		
Harrison Community Center	3002 W. 3rd St.	50	х		х	х	х	х	х		х	
Portman Community Center	4601 McCulloch St.	50	Х		Х	Х	Х	Х		Х		
Lafayette Community Center	3026 Minnesota Ave.	50	Х			х	Х	Х			х	
Park Point Beach House	4750 Minnesota Ave.	200	х		Х	х	х	х		х		х
Wade Stadium	101 N 35th Ave W.	400	х							х		х
Washington Center Gym	310 1st Ave W.	100	х								х	

### **PARKS**

Park	Address	Capacity	Private Events	Wedding Events	Pavilion	Gazebo	Stage	Stadium	Electricity	Grill(s)	Permanent Restroom (May - Oct)	Portable Toilet	Playground	Ample Off-Street Parking	Limited Off-Street Parking
Bayfront Playfront Park	350 Harbor Dr.	20	х	х	х						х	х	х	х	
Brighton Beach Park	6202 Congdon Blvd.	50	х	х	х					х		х	х	х	
Chambers Grove Park	13419 W. 3rd St.	100	х	х	х				х	х	х		х	х	
Chester Park	1801 E. Skyline Parkway	200	х	х			х			х		х	х	х	
Enger Park	1601 Enger Tower Dr.	100	х	х		х			х	х	х				х
Gichi-ode' Akiing Park	218 Canal Park Dr.	50		х					х		х			х	
Lakewalk Plaza	504 Canal Park Dr.	50		х								х		х	
Leif Erikson Park	1301 London Rd.	250	х	х			х		х			х			х
Lester Park	61 Lester River Rd.	250	х	х	х				х	х		х	х		х
Lincoln Park	2505 W. 3rd St.	100	х	х	х		х			х		х			х
Memorial Park	5315 Grand Ave	50	х	х	х					х		х	х		х
Park Point Pavillion 1	4750 Minnesota Ave.	50	х	х	х				х	х		х		х	
Park Point Pavillion 2	4750 Minnesota Ave.	50	х	х	х				х	х		х		х	
Rose Garden	15 S. 13th Ave. E.	150		х		х			х		х			х	
Sister Cities Park	218 Canal Park Dr.	50		х							х			х	
Wade Stadium - Special Event	101 N 35th Ave W.	400	Х	Х				х	Х			Х		Х	

### The following buildings are managed on behalf of Parks & Recreation by third parties.

Please contact them directly for assistance.

- <u>Bayfront Family Center</u> 218.722.5573 bayfront@decc.org bayfrontfestivalpark.com
- <u>Chester Bowl Chalet</u> 218.724.9832 sam@chesterbowl.org chesterbowl.org
- <u>Central Hillside Community Center</u> 218.727.5372 jsimonette@1roofhousing.org
- <u>Duluth Heritage Sports Center</u> 218.464.1711 duluthheritage.com
- Gary New Duluth Recreation Center 218.464.1930 gnd.community
- Lester-Amity Chalet 218.721.8241 duluthxc.com
- Woodland Community Center 218.722.4745 eranta@duluthymca.org





www.duluthmn.gov/parks