

Duluth Parks & Recreation

WINTER-SPRING 2023 PROGRAMS



duluthmn.gov/parks

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Mission Statement

To promote the health and well-being of our community, environment and economy by facilitating recreational opportunities and coordinating the enhancement of our parks, facilities and natural resources now and into the future.

Vision Statement

To be the central driving force in strengthening the heritage of a healthy, active community for future generations by continuing on the path of improving and enhancing our parks and facilities, protecting our natural resources, and developing partnerships to deliver recreation programs and services.

Financial Assistance Policy

The goal of the fee assistance policy is to lower financial barriers to participation in park programs for Duluth residents in financial need. Eligibility for the program is determined by completing an application and verifying City of Duluth residency. Qualified household members will be eligible to receive a discounted price on Parks and Recreation program fees. The discount is valid for the calendar year in which citizens applied and applicants must reapply for fee assistance each year. To qualify for assistance, applicants must affirm, one, that they are Duluth residents, and, two, that they are receiving, or are eligible for, one of the following benefits:

- School Free and reduced lunch program
- Housing Authority (HUD) Section 8 Rent Subsidy
- Medicare or Medicaid
- County financial assistance (SNAP, Emergency or Medical Assistance, Unemployment)
- Social Security Disability

Fee assistance provides a financial benefit for families by reducing recreation program fees on qualifying programs. Please visit our website for details.



WEATHER HOTLINE/REGISTRATION

Parks Hotline

Call the Parks Information Hotline at 218-730-4300x4 for information on program cancellations or trail closures, or visit our Facebook page for the most up to date program information.

Registration

Online

To register for parks and recreation programs, please visit our online registration system at duluthmn.gov/parks/register. Log in with your username and password, or create an account if you are new.

Create Account:

- Go to duluthmn.gov/parks/register
- Select "Create an Account"
- Enter all required information (all family members, contact information and birthdates must be entered – make sure the year is correct)

Over the phone

- Duluth Parks and Recreation Office, 218-730-4300

Payment

Payment must be made at the time of registration by cash, check, or credit card.

Participants wishing to withdraw from a program must do so at least three days prior to the start of the program or by the stated registration deadline to guarantee a full refund. Partial refunds after the start of the program are only considered if injury or serious illness occurs and must be approved. Refunds can take up to three weeks to process. If program is cancelled by Parks & Recreation, full refunds will be issued.

Photo Policy

Photographs and video are occasionally taken of participants while they are in programs, special events, city facilities, or while enjoying park spaces. Please note that these photos may be published by the City of Duluth.

Contact Us



218-730-4300



parks@duluthmn.gov



duluthmn.gov/parks



Facebook: DuluthParksMN



Parks and Recreation – City Hall (Ground Floor) 411 W. First St., Duluth, MN 55802

**SATURDAY,
FEBRUARY 4, 2023**

NOON - 6:00 P.M.

**BAYFRONT FESTIVAL PARK,
DULUTH, MN**



**SNOW PLAY,
TRACTOR RIDES,
BONFIRES, CURLING,
ICE SKATING, LUGES,
YOUTH DOG SLED RIDES,
OBSTACLE COURSE,
AND MORE!**



coldfrontduluth.com

YETI HUNT



S'MORE SKI GROOMING

Thursday, Feb 16 | 5:30-7 p.m. | Free
Lester-Amity Chalet and Ski Trails,
2940 Seven Bridges Road

Ages: All

5:30-6 p.m. | S'mores and Groomer talk
6:00-7:00 p.m. | Ski and S'mores

Learn about what it takes to keep our ski trails in great condition throughout the winter and how the MN Ski Pass gives back to our community. See the Pisten Bully groomer up close, ask questions of our talented groomers, make a s'more and go on a ski with the Duluth Cross Country Ski Club (DXC). Course #2860

No registration required.

PARKS NIGHT OUT

Thursday, May 18 | 6-8 p.m. | Free
Quarry Park, 1325 North 59th Avenue West

Ages: All

Celebrate Parks Day and gear up for summer by coming out to enjoy a night in Quarry Park. Make your own pudgy pie, and enjoy one of the many surrounding trails or play a round of disc golf. Course #2859



ADULT PROGRAMS

VOLLEYBALL LEAGUE

Su | Jan.-March 12 | 6-10 P.M. | \$100
Washington Center,
310 North First Avenue West

Ages: 18+

This is a fun, recreational open (no male/female restrictions) league! Played as 6 v 6. season consisting of a regular season and end of year playoffs. League will be played each Sunday except for February 12. Register by Friday, January 6. Course #2769

Max Enrollment: 8 teams

KICKBALL LEAGUE

Su | April 2-May 21 | 7-10 P.M. | \$150
Essentia Duluth Heritage Center,
120 South 30th Avenue West

Ages: 18+

This is a fun, recreational open (no male/female restrictions) league! Season consists of a regular season and end of year playoffs. League will be played each Sunday except for April 9. Register by Friday, March 24. Course #2770

Max Enrollment: 12 teams

ULTIMATE FRISBEE LEAGUE

Su | April 2-May 21 | 3:30-6:30 P.M. | \$35
Essentia Duluth Heritage Center,
120 South 30th Avenue West

Ages: 18+

Throw, catch, and score your way to a great time by participating in this Ultimate Frisbee league. Sign up as an individual and then be placed on a team. League will be played each Sunday except for April 9. Register by Friday, March 24. Course #2771

Max Enrollment: 8 teams



GENERAL PROGRAMS

INTRO TO ARCHERY

Monday, January 23 | 6:15-7:45 p.m. | \$5
Washington Center, 310 North First Avenue
West

Ages: 7+

Come learn a new skill and practice your accuracy at Intro to Archery! Participants will learn the basic safety, technique, and process for shooting archery and practice their skills on the range. This is an introductory class for families and community members to learn the basics of archery.

All equipment is provided; no personal archery equipment will be allowed. Course #2724

Max Enrollment: 12

ARCHERY LEAGUE (BEGINNER)

M | March 20-April 10 | 6:15-7:45 | \$40
Washington Center, 310 North First Avenue
West

Ages: 9+

Prerequisite is a Parks & Recreation Intro to Archery class or Archery Club course. Archery League is designed for beginner recreational archers to continue skill development through friendly competition. Participants will learn how to use a scorecard and participate in scoring rounds each week to track personal progress.

All equipment provided; no personal archery equipment will be allowed. Course #2728

Max Enrollment: 12



GENERAL PROGRAMS

OPEN ARCHERY

Monday, January 30 | 6:15-7:45 p.m. | \$8 | COURSE #2725

Monday, February 6 | 6:15-7:45 p.m. | \$8 | COURSE #2726

Washington Center, *310 North First Avenue West*

Ages: 7+

Once you've taken an Intro to Archery class, camp, or program through Parks & Recreation, join us for Open Archery. This program is a chance for you to come review and practice your archery skills. Activities may also include archery games and challenges to keep practice fun!

All equipment provided; no personal archery equipment will be allowed.

Max Enrollment: 12

ARCHERY TOURNAMENT (BEGINNER)

Saturday, April 15 | 10 a.m.-2 p.m. | \$12

Washington Center, *310 North First Avenue West*

Ages: 9+

Join us for some friendly competition in an Archery Tournament! Participants will test their archery skills in scoring round shot from two different distances. Total points will be recorded throughout the day, with the number of bullseyes hit acting as a tiebreaker if needed.

Prizes for top archers in each age group (9-13, 14-17, and 18+).

Participants will shoot in either Heat 1 (10:15-11:45 a.m.) or Heat 2 (noon-1:30 p.m.). Final standings and prizes will be announced after scores are counted following Heat 2.

Prerequisite is a Parks & Recreation Intro to Archery class or Parks & Recreation Archery Club course. All equipment provided; no personal archery equipment will be allowed. Course #2729

Max Enrollment: 16

GENERAL PROGRAMS

ESPORTS - RECREATIONAL VIDEO GAMING!

WINTER LEAGUE

Registration open Oct. 24-Jan. 9 | Games take place Jan. 23-March 17. | \$40 | COURSE #2731

Ages: 7+

We continue to partner with GGLeagues, a recreational Esports platform, to offer a variety of gaming leagues for a variety of ages! Featuring games such as Super Smash Brothers Ultimate, Rocket League, Madden, Mario Kart 8 Deluxe, and more! GGLeague provides great resources for parents/guardians, schedules matches, and provides a moderator for every match to supervise sportsmanship between players.

This registration gives you a code that you can redeem for a Duluth Parks & Recreation Esports Pass on GGLeagues.com (one pass gives access to any and all leagues for that season!) On the GGLeagues website, find our 'Club' – Duluth Parks & Recreation – to redeem your code.

Solo players can play a variety of solo leagues; in order to play a team-based game, you must register with enough team members and each player needs to purchase a Season Pass (GGLeagues is working on a 'free agent' system for single players to get placed on an existing team, but it is not ready yet).

Participants must own the correct console and the specific game to participate. Some games are limited by console and some can be cross-played between different consoles.

For more information on GGLeagues, visit [GGLeagues.com](https://ggleagues.com)

Age Divisions Offered: 8-12, 13-18, and 18+

BAYFRONT WARMING HOUSE

Join us down at Bayfront to enjoy skating in the heart of Duluth! The Bayfront Family Center will be open every day to warm up and put on skates, and limited skates are available for use at no cost.

Open daily starting January 3 – weather permitting; weather cancellations will be posted on our website: duluthmn.gov/parks/cancellations

Monday-Friday | 3-7 p.m.

Saturday | Noon-7 p.m.

Sunday | Noon-4 p.m.

FREE

Bayfront Family Center, 350 Harbor Drive

GENERAL PROGRAMS

FULL MOON HIKE

On the evening of the full moon, hike and enjoy the peacefulness of the night sky. Headlamps are always recommended and snowshoes are recommended if trails are snowy. Headlamps and snowshoes available if needed.

Ages: All

| Day | Date | Time | Cost | Location | Distance/Difficulty | Course # |
|-----|--------|-------------|------|---|------------------------------------|----------|
| F | Jan. 6 | 6-8pm | \$5 | Piedmont Park 2226 Hutchinson Rd | Up to 2 mile more difficult trails | 2851 |
| Su | Feb. 5 | 6-8pm | \$5 | Hartley 3001 Woodland Ave | Up to 2 mile more difficult trails | 2852 |
| Tu | Mar. 7 | 6-8pm | \$5 | Waabizheshikana Trail 7011 Pulaski St. | Up to 3 miles easiest trails | 2853 |
| Th | Apr. 6 | 7:30-9:30pm | \$5 | Park point 4599 Minnesota Ave. | Up to 3 miles easy trails | 2855 |

Max Enrollment: 16

NIGHT XC SKIING - CLASSIC

Come explore some of Duluth's fantastic cross-country ski trails. This program is designed to introduce participants to our trailheads, what to expect, and how to navigate the trails. This program will take place on classic ski trails. Skiers will travel at a relaxed classic skiing pace. Participants will need a valid MN Ski Pass; pass is not included in program. Headlamps provided if desired.

Ages: All

| Day | Date | Time | Cost | Location | Distance/Difficulty | Course # |
|-----|---------|-------|------|--------------------------------------|---|----------|
| Tu | Jan. 3 | 6-8pm | \$15 | Lester Park 2940 Seven Bridges Rd | Up to 4 km on easy to more difficult trails | 2856 |
| Tu | Jan. 17 | 6-8pm | \$15 | Piedmont Park 2226 Hutchinson Rd | Up to 4 km on more difficult trails | 2152 |
| Tu | Feb. 7 | 6-8pm | \$15 | Hartley Park 3001 Woodland Ave | Up to 3 km on easy trails | 2857 |
| Tu | Feb. 21 | 6-8pm | \$15 | Piedmont Park 2226 Hutchinson Rd | Up to 4 km on easy to more difficult trails | 2858 |

Max Enrollment: 8

GENERAL PROGRAMS

ICE FISHING 101

Wednesday, January 11 | 4-6 p.m. | Free
Bayfront Family Center,
350 Harbor Drive

Ages: 7+

Join us at Bayfront Family Center to learn all you need to get out ice fishing! We will discuss equipment, techniques and locations to have a successful day out on the ice. This will be indoors, hands-on instruction. No fishing will occur during the program. Course #2850

Max Enrollment: 8

FAMILY BINGO

M | Jan. 16 | 6-8 p.m. | Free | Course # 2721
M | Feb. 13 | 6-8 p.m. | Free | Course #2722
M | March 13 | 6-8 p.m. | Free | Course #2723

Evergreen Community Center
5830 Grand Avenue

Ages: ALL

BINGO for all ages! These programs will run BINGO games for families with children of any age. All supplies are provided; bring your own dabber if you'd like. Youth may also get a chance to help call BINGO for the rest of the group!

These games are free to participate in; prizes will be small toys, candy, or something similar.

Max Enrollment: 30



GENERAL PROGRAMS

MUSIC TOGETHER

Discover the joy of making music together! Sing, laugh, move and learn along with your child each week. The goal of Music Together is to make the world a better place by making it more musical. We bring the highest quality music and movement experiences to children – and involving grownups in process of development that only music can provide. Classes are mixed-age; siblings can be together. Infants under eight months on the first day of the session attend free with a paid sibling.

Come try a free demo class (listed below) to see if Music Together is a good fit for your family.

*Age 5-8 class is Rhythm Kids - an exciting, drumming-focused music class.

Harrison Community Center, *3002 West Third Street*

Portman Community Center, *4601 McCulloch Street*

| DAY | DATE | AGES | TIME | COST** | LOCATION | COURSE # |
|-----|------------------|------|------------------|-----------|----------|----------|
| Tu | Jan. 3 | 0-4 | 9:30-10:15 a.m. | Free Demo | Harrison | 2772 |
| M | Jan. 9 | 0-4 | 9:30-10:15 a.m. | Free Demo | Portman | 2773 |
| M | Jan. 9 | 5-8* | 4:30-5:15 p.m. | Free Demo | Portman | 2788 |
| M | Jan. 9 | 0-4 | 5:30-6:15 p.m. | Free Demo | Portman | 2774 |
| M | Jan. 16-March 20 | 0-4 | 9:30-10:15 a.m. | \$179 | Portman | 2775 |
| M | Jan. 16-March 20 | 0-4 | 10:30-11:15 a.m. | \$179 | Portman | 2776 |
| M | Jan. 16-March 20 | 5-8* | 4:30-5:15 p.m. | \$179 | Portman | 2789 |
| M | Jan. 16-March 20 | 0-4 | 5:30-6:15 p.m. | \$179 | Portman | 2777 |
| Tu | Jan. 17-March 21 | 0-4 | 9:30-10:15 a.m. | \$179 | Harrison | 2778 |
| Tu | Jan. 17-March 21 | 0-4 | 10:30-11:15 a.m. | \$179 | Harrison | 2779 |
| M | March 27 | 0-4 | 10:30-11:15 a.m. | Free Demo | Portman | 2780 |
| M | March 27 | 0-4 | 5:30-6:15 p.m. | Free Demo | Portman | 2781 |
| Tu | March 28 | 0-4 | 9:30-10:15 p.m. | Free Demo | Harrison | 2782 |
| M | April 3-June 12 | 0-4 | 9:30-10:15 p.m. | \$179 | Portman | 2783 |
| M | April 3-June 12 | 0-4 | 10:30-11:15 a.m. | \$179 | Portman | 2784 |
| M | April 3-June 12 | 5-8* | 4:30-5:15 p.m. | \$179 | Portman | 2790 |
| M | April 3-June 12 | 0-4 | 5:30-6:15 p.m. | \$179 | Portman | 2785 |
| Tu | April 4-June 6 | 0-4 | 9:30-10:15 a.m. | \$179 | Harrison | 2786 |
| Tu | April 4-June 6 | 0-4 | 10:30-11:15 a.m. | \$179 | Harrison | 2787 |

**Cost: additional sibling is \$97; use “Additional Sibling – Music Together” discount during checkout for this rate. Infants under 8 months can attend for free with a registered sibling.

Max Enrollment: 12

GENERAL PROGRAMS

WOMEN HIKE DULUTH

We have partnered with *Hike Duluth* to provide guided hikes at various parks to encourage women to be active and meet others who also enjoy the outdoors. Wear sturdy shoes and dress for the weather! Each month will be a new location.

Ages: All

Sunday, January 22 | 2-4 p.m.
Mission Creek-Fredrick Rodney Paine Trailhead
2505 Becks Road
Course #2798

Monday, February 13 | 6-7 p.m.
Beach Hike 12th Street Beach,
12th Street South
Course #2799

Sunday, March 19 | 2-4 p.m.
7 Bridges Road, 2940 Seven Bridges Road
Course #2800

Tuesday, April 18 | 6-7 p.m.
Lakewalk, Canal Park, *Lakewalk Plaza*
Course #2801

Tuesday, May 16 | 6-7 p.m.
Chester Park, 1801 East Skyline Parkway
Course #2802

OPEN SKATE

S | Jan 8-May 24 | 3-5 p.m. | \$3
W | Jan. 4-May 24 | 6:30-8 p.m. | \$3
Essentia Duluth Heritage Center,
120 South 30th Avenue West

Ages: All

This is an opportunity to try out ice skating. Indoor rink, music, and no sticks or pucks allowed for a comfortably paced and secure environment for active fun and interaction. Limited skates available for use.

FREE SKATING EVENT NIGHT

WEDNESDAY, FEBRUARY 8 | 6-8:30 p.m.
Essentia Duluth Heritage Center,
120 South 30th Avenue West

Ages: All

Join us for a Valentine's night of ice skating which includes a DJ and prize giveaways, change time to 6:30-8 p.m.



YOUTH PROGRAMS

DEVELOP SKILLS TO SKATE

M | Jan. 23-Feb. 27 | \$25 | 5:15-6 p.m. | \$25
Ages: 5-9 | COURSE #2764

M | Jan. 23-Feb. 27 | \$25 | 6:15-7 p.m. | \$25
Ages: 10-14 | COURSE #2766

Ice Rink at Bayfront Park, 350 Harbor Drive

This instructional ice skating program is for youngsters just starting out on skates. Class consists of developing basic skating skills. It is suggested children bring helmets (bike or other is fine) to the class. Please arrive early to allow time to get skates on before lesson begins.

Max Enrollment: 8

SOCCER SHOTS

M | March 27-April 24 | 6:15-7 p.m. | \$20
Ages 5-6 | COURSE #2767

M | March 27-April 24 | 7:15-8 p.m. | \$20
Ages 7-8 | COURSE #2768

Gym at Washington Center,
310 North 1st Avenue West

Dribble, pass, and shoot! Introduction to the game of indoor soccer for your child. Your kickers will get to play with others while learning the skills of soccer and sportsmanship.

Max Enrollment: 8

NINJA SKILLS

Sa March 4 | 10-11 a.m. | \$7 | COURSE #2730
Sa March 11 | 10-11 a.m. | \$7 | COURSE #2833
Sa March 18 | 10-11 a.m. | \$7 | COURSE #2834
Washington Center Gym,
310 North First Avenue West

Ages: 4-6

It's time to run, jump, climb, and play! Youth will hone their Ninja Skills on an obstacle course including things like balance rocks, swinging rings, tunnels, mats, and more.

Each day will start with a warmup and stretching, then move to the obstacle course for some active play.

Max Enrollment: 8

PLAY GYM

Th | Jan. 5-May 18 | 10-11 a.m. | \$2*
Washington Center Gym,
310 North First Avenue West

Ages: 0-5 with caregiver

Come enjoy some indoor play space with toys and equipment for children with adult caregivers to use! Both adults and children have the opportunity to engage in active play and socialize with others. Adults choose toys and equipment that are suitable for the age and interest of their children. This is an open-play style program and no hands-on instruction will be provided. Course #2615

*Punch cards available for purchase and available as part of our Fee Assistance Program for families who qualify.

Max Enrollment: 25

YOUTH PROGRAMS

YOUTH ARCHERY CLUB

M | Feb. 20-March 13 | 6:15-7:45 p.m. | \$40
Washington Center Gym, 310 North First Avenue West

Ages: 10-16

Archery Club provides opportunities to learn, develop, and practice archery skills over the course of four sessions. Topics covered will begin with basic safety and technique, then progress to games and challenges and competition-style scoring practice to track skill development. Participants will also learn strategies to observe peers and provide feedback on archery skills.

All equipment provided; no personal archery equipment will be allowed. Course #2727

Max Enrollment: 12



SENIOR CENTER LOCATIONS

Evergreen Senior Center

5830 Grand Avenue

Senior board meeting is the second Friday at 10:30 a.m.

Morgan Park Community Recreation Center

1242 88th Avenue West

Senior board meeting is the first Wednesday at 10:30 a.m.

Portman Community Recreation Center

4601 McCulloch Street

Senior board meeting is the second Monday at 10:30 a.m.

LUCKY BINGO!

Wednesday, March 15 | Noon-2 p.m. | \$1-10
Morgan Park, *1242 88th Avenue West*

Ages: 55+

The Morgan Park BINGO Club hosts cash BINGO every Wednesday at 12:30 p.m. In addition to the regularly scheduled cash BINGO, we will have special St. Patty's day prizes. We invite you to dress up in green and bring a themed treat to share! Course #2528

SENIOR DINING

Meals for seniors are provided by the Arrowhead Economic Opportunity Agency (AEOA) weekdays at the Evergreen Senior Center. Meal reservations must be made at least 24 hours in advance. Dining menus can be found at duluthmn.gov/parks/seniors

To sign up for senior dining, please call: 218-727-4321 or 218-727-6448

AARP TAX-AIDE HELP

F | Feb. 10-April 14 | 11 a.m.-3 p.m. | FREE
Evergreen, *5830 Grand Avenue*

Ages: 55+

AARP Foundation Tax-Aide provides tax assistance to anyone, free of charge, with a focus on taxpayers who are over 50 and have low to moderate income. Tax-Aide volunteers are trained and IRS-certified every year to make sure they know about and understand the latest changes and additions to the tax code. Pre-registration required. Course #2835

55+ PROGRAMS

ACTIVITY CLUBS

Activity Clubs are community run groups that meet in park spaces and community centers throughout the City. Everybody aged 55+ is welcome to join or create an Activity Club. For more information on creating or participating in an Activity Club, please visit: www.duluthmn.gov/parks/seniors or contact Abby Proulx at 218-730-4310. Schedules are subject to change.

Age: 55+

Cost: Free

| ACTIVITY | LOCATION | DAY | TIME | COURSE # |
|----------------------------|-------------|--------|--------------|----------|
| 500 Cards | Evergreen | Tu, F | 12:15-3 p.m. | 1968 |
| BINGO | Evergreen | Th | 12:30-3 p.m. | 2226 |
| BINGO | Morgan Park | W | 12:30-3 p.m. | 2079 |
| Bone Builders | Evergreen | Tu, Th | 9-10 a.m. | 1969 |
| Bridge | Portman | M | Noon-3 p.m. | 1965 |
| Cribbage | Evergreen | W | 1-4 p.m. | 2809 |
| Cribbage | Morgan Park | Tu | 12:30-3 p.m. | 1959 |
| Dominoes | Evergreen | M | 10 a.m.-noon | 1967 |
| Evergreen Crafters | Evergreen | W | 12:30-4 p.m. | 2185 |
| Hand and Foot | Evergreen | M | Noon-3 p.m. | 1966 |
| Men's Coffee and Chat | Portman | W | 9-11 a.m. | 2031 |
| Play/Learn to Play Mahjong | Evergreen | W | Noon-3 p.m. | 1960 |

CHAIR YOGA

W | January 11-May 31 | 5:45-6:30 p.m. | \$3

Evergreen, 5830 Grand Avenue

*No class on March 15 and May 17

Ages: 55+

Chair Yoga is a form of the practice that primarily takes place while seated in a chair. It is a fantastic way for people of all experiences and abilities to improve flexibility and strength, support joint health, and overall boost mood. Our yoga instructor will guide you through a series of different poses each week to help you feel your best! Pre-registration required, registration closes the day before each session. Course #2803

GENTLE YOGA

W | January 10-May 30 | 5:30-6:30 p.m. | \$3

Portman, 4601 McCulloch Street

No class on March 14 and May 16

Ages: 55+

Yoga offers many benefits to the mind and body! It can relieve stress and tension, calm the nervous system, and help maintain mobility. Our yoga instructor will guide you through a relaxing flow to leave you feeling refreshed. No previous experience is necessary, all levels welcome! Adaptations can be made where possible. Pre-registration required, registration closes the day before each session. Course #2528

55+ PROGRAMS

CURLING, CARDS AND COFFEE

Come on in to the Evergreen for some Friday fun! Enjoy a social hour with indoor curling, shuffleboard, and card games over a warm cup of coffee. We invite you to bring your favorite snack or card game to share.

Optional meal from AEOA will be available at 11 a.m. as a part of the AEOA Senior Dining program. Meals must be reserved 24 hours in advance. Meal cost is \$4.50 for those ages 60+ and \$9 for those under 60.

Ages: 55+

| DAY | DATE | TIME | COST | LOCATION | COURSE # |
|-----|----------|------------|------|------------------------------|----------|
| F | Jan. 27 | 10-11 a.m. | Free | Evergreen, 5830 Grand Avenue | 2804 |
| F | Feb. 24 | 10-11 a.m. | Free | Evergreen, 5830 Grand Avenue | 2805 |
| F | March 24 | 10-11 a.m. | Free | Evergreen, 5830 Grand Avenue | 2806 |
| F | April 28 | 10-11 a.m. | Free | Evergreen, 5830 Grand Avenue | 2807 |
| F | May 26 | 10-11 a.m. | Free | Evergreen, 5830 Grand Avenue | 2808 |

DRIVE SAFETY WITH AARP

Duluth Parks and Recreation is hosting AARP Smart Driver courses. When course is complete, you may be eligible for discounts on your auto insurance. Plus safer driving can save you more than just money. The course teaches proven techniques to help keep you and your loved ones safe on the road. Pre-registration required, space is limited.

Ages: 55+

| DAY | DATE | TIME | COST | LOCATION | COURSE # |
|-----|---------|----------|------|------------------------------------|----------|
| M | Jan. 9 | 1-5 p.m. | \$25 | Morgan Park, 1242 88th Avenue West | 2794 |
| M | Feb. 6 | 1-5 p.m. | \$25 | Morgan Park, 1242 88th Avenue West | 2795 |
| M | March 6 | 1-5 p.m. | \$25 | Morgan Park, 1242 88th Avenue West | 2796 |
| M | April 3 | 1-5 p.m. | \$25 | Morgan Park, 1242 88th Avenue West | 2797 |

SPREAD THE LOVE: VALENTINE'S DAY CELEBRATION

Tuesday, February 14 | 10-11:30 a.m. | \$2 | Evergreen, 5830 Grand Avenue

Ages: 55+

Come celebrate Valentine's Day by creating a custom card to tell a loved one what they mean to you! We will provide card templates, scrapbooking supplies, envelopes, and light refreshments. Pre-registration required. Optional meal from AEOA will be available at 11 a.m. as a part of the AEOA Senior Dining program. Meals must be reserved 24 hours in advance. Meal cost is \$4.50 for those ages 60+ and \$9 for those under 60. Course #2836

DULUTH AGING SUPPORT

Calling all adults and older adults!

- Would you like help getting groceries delivered?
- Want to find new ways to volunteer or get involved with the community?
- Need a ride to the doctor?
- Looking for ways to stay socially engaged?
- Just searching for something new to try?

Duluth Aging Support can point you in the right direction! Their mission is to connect residents to resources throughout the community. We welcome your questions about anything from caregiving to volunteer opportunities at our monthly drop-in sessions. A representative with Duluth Aging Support will have a table set up in Evergreen available to chat. For sensitive topics, there is a private room available for discussion.

Ages: 55+ | Free | Evergreen, 5830 Grand Avenue | COURSE #2187

| DAY | DATE | TIME |
|-----|----------|------------|
| Tu | Jan. 17 | 10-11 a.m. |
| Tu | Feb. 21 | 10-11 a.m. |
| Tu | March 21 | 10-11 a.m. |
| Tu | April 18 | 10-11 a.m. |
| Tu | May 16 | 10-11 a.m. |

LUNCH, LEARN, AND SHARE

Join Duluth Parks and Recreation with Duluth Aging Support for a monthly conversation on rotating topics that are important to community. We will have refreshments upon arrival, and food catered from local restaurants. Pre-registration is required, food is limited to 20 participants.

Topics are as follows:

- January: Wellness in the Winter – physical and mental health
- February: Talking Taxes – new things to know and where to go for help
- March: Growing Older at Home – community supports to stay in your home and independent as you age
- April: Social Connections – importance of staying connected and engaging with others
- May: Beware of Scams – how to protect yourself from fraud and scams

Harrison Community Center, 3002 West 3rd Street | Free

| DAY | DATE | TIME | COURSE # |
|-----|----------|-----------------------|----------|
| F | Jan. 20 | 10:30 a.m.-12:30 p.m. | 2681 |
| F | Feb. 17 | 10:30 a.m.-12:30 p.m. | 2682 |
| F | March 17 | 10:30 a.m.-12:30 p.m. | 2683 |
| F | April 21 | 10:30 a.m.-12:30 p.m. | 2684 |
| F | May 19 | 10:30 a.m.-12:30 p.m. | 2685 |

55+ PROGRAMS

SENIORS GET SAVVY

Do you have questions about your new device? Want to learn how to best utilize your settings? How to access Facebook on your phone? Change your privacy settings? Bring your questions and drop-in for an informational Q&A session to help build your confidence in technology! Be sure to bring your devices and know your passwords. Please note, this is NOT a repair or virus removal service.

Ages: 55+

| DAY | DATE | TIME | COST | LOCATION | COURSE # |
|-----|----------|------------|------|--|----------|
| Th | Jan. 26 | 10-11 a.m. | Free | Evergreen Senior Center, 5830 Grand Avenue | 2837 |
| Th | Feb. 23 | 10-11 a.m. | Free | Evergreen Senior Center, 5830 Grand Avenue | 2838 |
| Th | March 23 | 10-11 a.m. | Free | Evergreen Senior Center, 5830 Grand Avenue | 2839 |
| Th | April 27 | 10-11 a.m. | Free | Evergreen Senior Center, 5830 Grand Avenue | 2840 |
| Th | May 25 | 10-11 a.m. | Free | Evergreen Senior Center, 5830 Grand Avenue | 2841 |

SNOWSHOE SOCIAL

Looking for a way to stay active and enjoy the Minnesota winter? Join other 55+ individuals for a snowshoe social throughout Duluth's parks! No experience necessary, snowshoes and poles are provided. Our last session of the season will include warm beverages and snacks post-hike. Pre-registration required. This program is dependent on snowfall and is subject to change. Check for updates at www.duluthmn.gov/parks/seniors.

Ages: 55+

| DAY | DATE | TIME | COST | LOCATION | COURSE # |
|-----|---------|------------------|------|--|----------|
| Tu | Jan. 10 | 10:30-11:30 a.m. | \$2 | Hartley Park, 3001 Woodland Ave. | 2842 |
| Tu | Jan. 17 | 10:30-11:30 a.m. | \$2 | Hawk Ridge, East Skyline Parkway | 2843 |
| Tu | Jan. 24 | 10:30-11:30 a.m. | \$2 | Enger Park, 16th Ave. W. & Skyline Pkwy. | 2844 |
| Tu | Jan. 31 | 10:30-11:30 a.m. | \$2 | Chambers Grove, 13404 MN-23 | 2845 |
| Tu | Feb. 7 | 10:30-11:30 a.m. | \$2 | Lester Park, 61 Lester River Rd. | 2846 |
| Tu | Feb. 21 | 10:30-11:30 a.m. | \$2 | Quarry Park, 1325 N. 59th Ave. W. | 2847 |
| Tu | Feb. 28 | 10:30-11:30 a.m. | \$2 | Hawk Ridge, East Skyline Parkway | 2848 |
| Tu | March 7 | 10 a.m.-noon | \$2 | Hartley Park, 3001 Woodland Ave. | 2849 |

PARK PLANNING

Parks Planning

Parks & Recreation planning, design, construction, and public engagement efforts related to parks, park facilities, trails, and natural resources is led by our Stewardship team. Stewardship projects aim to improve park access and recreational experiences for our citizens, reduce conflicts, enhance resiliency, and protect our natural resources. To learn more about active parks planning, design, and construction projects, please visit our Progress in the Parks page at <https://duluthmn.gov/parks/parks-planning/progress-in-the-park/>



Project Highlight – Lincoln Park Improvements

Construction for the Lincoln Park improvements are expected to be completed by the end of 2023. The project will include improved accessibility, restoration of the stone pavilion to include new ADA-compliant restroom facilities, new parking lots, a nature playscape, new and refurbished picnic pavilions, and a new multi-use sport court. The playground will be replaced and relocated across the creek from its previous location. The photo included here depicts the playground that will be installed in 2023. This project is made possible by grant funding from the National Park Service Outdoor Recreation Legacy Partnership Program, the Clean Water Fund Competitive Grants Program, US Bank Foundation, City of Duluth Community Development Block Grant Program and half-and-half tourism tax proceeds, Super Bowl Legacy program, and donations from Essentia Health, Maurices, St. Luke's, and Minnesota Power.

Guiding Documents

Parks & Recreation decisions and services are guided and informed by a series of reference documents, such as mini-master plans, natural area management plans, and ordinances as approved by the Parks and Recreation Commission and/or City Council. In October 2022, Duluth City Council approved a new comprehensive plan to guide the division for the next 10 to 15 years. To learn more about the background, public engagement processes, design approach, and recommendations related to specific parks and natural areas, please visit our Parks Planning Library and Duluth Natural Areas Programs pages at:

- <https://duluthmn.gov/parks/parks-planning/parks-planning-library/>
- <https://duluthmn.gov/parks/natural-resources/dnap/>



Duluth Parks and Recreation manages six different buildings that are available for rent.

- City Center West | Evergreen Center
- Morgan Park Community Recreation Center
- Portman Community Recreation Center
- Lafayette Park Community Center
- Park Point Beach House
- Harrison Community Recreation Center

For building availability and rental rates, please visit duluthparks.gov/parks/register

For athletic facility listing and availability, please visit duluthmn.gov/parks

Private Events, Special Events and Weddings

Looking to hold an event? Permit applications and facility rentals can be found online by visiting:

duluthmn.gov/parks/register

Private Events

- Birthday Party
- Baby/Bridal Shower
- Corporate Party
- Picnic
- Family Reunion
- Graduation
- Celebration of Life

Special Events

- Walk, Run, Cycle Event
- Festival
- Fair
- Concert
- Ceremony
- Rally
- Gathering

Youth Birthday Party

- Host a youth birthday party at one of our community center for \$25/hr. Inquire for details at parks@duluthmn.gov.

Duluth Parks and Recreation does not manage the following buildings.

Please contact them directly for assistance.

- [Bayfront Family Center](#) • 218.722.5573 • bayfront@decc.org • bayfrontfestivalpark.com
- [Chester Bowl Chalet](#) • 218.724.9832 • sam@chesterbowl.org • chesterbowl.org
- [Central Hillside Community Center](#) • 218.727.5372 • jsimonette@1roofhousing.org
- [Gary New Duluth Recreation Center](#) • 218.464.1930 • gnd.community
- [Woodland Community Center](#) • 218.722.4745 • eranta@duluthymca.org
- [Duluth Heritage Sports Center](#) • 218.464.1711 • duluthheritage.com



duluthmn.gov/parks