Directory

LGBTQ

Twin Ports Area

Duluth, MN & Superior, WI
Northeast Minnesota
Northwest Wisconsin

2018

Developed by collaborating partners:

Lutheran Social Service Together For Youth

Trans +

Northland Gay Men’s Group

Northland Prism Community

Trans + Family, Friends & Allies Group

Northland LGBT Elders

This Directory will be updated often, please refer back to the original pdf on the Together for Youth Facebook page, for the most current copy. A copy is also available on the lssmn.org page under Together for Youth.
**Cafés & Coffeehouse Hangouts**

**Amazing Grace Bakery & Café**  
394 South Lake Ave.  
Duluth, MN 55802  
(218) 723-0075  
amazinggraceduluth.com

**Beaner’s**  
324 N. Central Ave.  
Duluth, MN 55807  
(218) 624-5957  
www.beanerscentral.com

**Chester Creek Café**  
Sara’s Table  
1902 E. 8th St.  
Duluth, MN 55812  
(218) 723-8569  
www.astccc.net

**The Snooty Fox**  
1831 E 8th St, Duluth MN 55812  
(218) 464-0237

**Red Mug**  
916 Hammond Ave. #2  
Superior, WI 54880  
(715) 392-26662  
redmugcoffee.com

**Black Cat Coffee Shop**  
220 Chapel Ave.  
Ashland, WI  
(715) 682-3680  
blackcatashland.com
**Congregations**

**Coppertop 1st United Methodist**  
Rev. Jeanine Alexander  
230 E. Skyline Parkway  
Duluth, MN 55811  
(218) 727-5021  
www.fumcduluth.com

**Gloria Dei Lutheran**  
Rev. David Carlson  
219 North 6th Ave. East  
Duluth, MN 55805  
(218) 722-3381  
www.gloriadeiduluth.org

**Peace United Church of Christ**  
Rev. Kathy Nelson  
1015 E. 11th St. Duluth, MN  
(218) 724-3637  
www.peaceucc.org

**Pilgrim Congregational UCC**  
Rev. Jennifer Amy-Dessler  
2310 East 4th St. Duluth MN  
(218) 724-8503  
www.pilgrimduluth.org

**St. Paul’s Episcopal**  
Rev. Bill Van Oss  
1710 E. Superior St.  
Duluth, MN  
(218) 724-3535  
www.stpaulsduluth.org

**Temple Israel**  
Rabbi David Steinberg  
Youth Contact: Andrea Novel Buck  
1602 East 2nd St. Duluth, MN  
(218) 724-8857  
www.jewishduluth.org

**Lake Superior Interfaith Community Church**  
Presidents (2015)  
Rev. Jasmine Phoenix  
Rev. Jean Captain  
1414 East 9th Street  
Duluth, MN 55805  
(218) 724-6554

**Unitarian-Universalist**  
Rev. Bruce Johnson  
835 W. College St., Duluth, MN  
(218) 724-0308  
www.uuduluth.org
Counseling Services

**DULUTH, MN**

Lake Superior Community Health Center
4325 Grand Ave.,
Duluth, MN 55807
(218) 722-1497
www.lschc.org

Program for Aid to Victims of Sexual Assault
32 E. 1st St. Duluth, MN #200
(218) 726-1442 or
Crisis Line (218) 726-1931
www.pavsa.org

Full Circle Center for Psychotherapy Spiritual Direction
Kelly Ravenfeather, Lic Psych
(Adults)
101 W. 2nd St. Suite 101
Duluth, MN 55802
(218) 726-5433

Harbor City Psychological Associate
Cheryl Graham, LICSW
314 W Superior St. Suite 702
Duluth, MN 55802
(218) 722-4058
www.harborcitypsych.com

Human Development Center
1401 E. 1st St. Duluth, MN
Carolyn Phelps
Director of Outpatient Therapy
Saprina Matheny MSW, LICSW
(218) 728-4491
humandevelopmentcenter.org

The Wealth of Health
Mari Trine, LICSW
2421 London Rd.
Duluth, MN 55812
(218) 499-0617 ext. 102
mariktrine@gmail.com

Andrea Mousel
2421 London Rd. Suite 101
Duluth MN, 55812
(218) 499-0617 x 101

Nystrom & Associates, LTD
332 W Superior St. #300
Duluth MN, 55802
Carl Saxton, Psy. D.
nystromcounseling.com
(218) 722-4379

Kathleen Gates
218-624-4589
gatespea@centuryling.net

Inner Wisdom Psychotherapy, LLC
205 W. 2nd St Duluth MN 55802
Suite 431
Patty Olson, MSSW, LICSW
Carin Mizera, DSW, LICSW
info@innerwisdomduluth.com

Turning Point Mental Health
2024 W 3rd St, Duluth, MN 55806
Shelley Houston, MA, LMFT
(218) 722-1351
info@turningpointduluth.com

Raymone Kral, Ph.D.
Licensed Psychologist
202 W. Superior St. #700
Duluth, MN (218) 727-5400

Tara Richter
St. Luke’s Hillside Center
220 North 6th Ave E
218-249-7000

Northshore Mental Health Services
324 W Superior St, Duluth, MN 55802
Angie Adams
(218) 270-5055

Dan Maki
405 East Superior Street Suite 215
Duluth MN 55802
(218) 576-5757

Megan Paris
Shelly Plude
715 East Central Entrance
Duluth MN, 55811
mnpsych.com

Shelley Rorvick
Jessica Metzger
104 West Superior Street
Suite 200
Duluth MN 55802
(218) 727-7353

Leah Zook
101 West 2nd Street
Duluth MN 55802
(218) 724-3122

Mitzi Doane
205 West 2nd Street Suite 437
Duluth MN 55802
(218) 722-2005

Chris Bowerman
1707 Miller Trunk Highway
Duluth MN 55811
northlandpsychological.com
(218) 729-6480

**SUPERIOR, WI**

HDC Douglas County
39 N 25th St. E. Superior, WI
Jane Larson, Runaway Services
(715) 394-9177 or (800) 777-7844

Creative Counseling Group, LLC
Elder/Mature therapy, adults,
LGBT
3215 Tower Avenue, Ste. 108,
Superior, WI 54880
(715) 718-5606
info@CCGcounseling.com
http://CCGcounseling.com

Center Against Sexual & Domestic Abuse
2231 Catlin Ave, Superior, WI
(715) 392-3136
www.casda.org

LSS Wisconsin
2231 Catlin Ave. Superior, WI
(715) 394-4173 ext. 103
www.lsswi.org
Counseling Services

CLOQUET, MN

Human Development Center
40 Eleventh Street
Cloquet, MN 55720
(218) 879-4559
Fax: 218-879-0282

Fond du Lac Human Services
927 Trettel Lane
Cloquet, MN 55720
(218) 879-1227
www.fdirez.com

Jean Pierce MA, LP
Rebecca Dachs MSW, LGSW
Amanda Radtke MSW, LGSW
Joanna Green MSW LICSW
Rebecca Perrett MSW, LGSW

GREATER MN

Ely Resource Center
Julie Hignell
P.O. Box 374, Ely MN 55731
(218) 365-5254
elycommunityresource.org

Range Mental Health
320 W 3rd Ave. Hibbing, MN
Carrie Chomizc, Lic Psychologist
(218) 263-9237
www.rangementalhealth.org

Range Mental Health
624 S. 13th St. Virginia, MN
(218) 749-2881
www.rangementalhealth.org

Victoria Beck
Grand Rapids, MN
(218) 326-9781

Family & Children’s Services
Abuse Intervention Network
(877) GLBT-KIDS or email
Leigh.Combs@fcsmn.org
Gender Neutral Bathrooms (Restroom Refuge App. Type in your nearest location & Find a Restroom!)

DULUTH, MN

St. Louis County Central Client Area
320 West 2nd Street
Duluth, MN

Whole Foods Co-Op
610 E 4th Street
Duluth, MN

Sarah’s Table/Chester Creek Cafe
1902 E. 8th Street
Duluth, MN

Basement Bar Tycoons
132 E. Superior St.
Duluth, MN

The Bakehouse
201 W. Superior Street
Duluth, MN

University of MN, Duluth
1.) Two uni-sex bathrooms on 1st floor Bohannon Hall where it intersects with the main hallway by ITSS.
2.) Library (L) 2nd Floor - Near Back Stairwell 3rd Floor - Near Back Stairwell 4th Floor - Inside of Rotunda (Circular Room)
3.) 2nd Floor AB Anderson Hall (History Department) it’s across from offices 1049 University Dr.

Men As Peacemakers
123 W Superior St. Suite 101
Duluth MN 55802

Duluth 10 Movie Theater
300 Harbor Dr.
Duluth, MN

Burrito Union
1332 E 4th St.
Duluth, MN

Caribou Coffee
307 Canal Park
Duluth, MN

Hanabi Japanese Cuisine
110 N 1st Ave W.
Duluth, MN

Miller Hill Mall
(near Express & Barnes and Noble)
1600 Miller Trunk Hwy
Duluth, MN

Dunn Brothers Coffee
2401 London Road
Duluth, MN

Bagley Classroom
Two Unisex Restrooms, Room 103 and 104.
703 Oakland Circle
Duluth, MN

AICHO - American Indian Community Housing
202 W 2nd St.
Duluth, MN

Employment Links
1131 E 4th St.
Duluth, MN

YMCA
302 W 1st St.
Duluth, MN

Essentia Health
420 E 1st St.
Duluth, MN

JC Penny
1600 Miller Trunk Hwy
Ste 4, Miller Hill Mall
Duluth, MN

Edgewater Waterpark
2400 London Rd
Duluth, MN

Pizza Luce
11 E Superior St. #100
Duluth, MN

Incline Station
601 W Superior St.
Duluth, MN

St. Mary’s Hospital
(3rd floor, near elevators)
400 E 3rd St
Duluth, MN

Toasty’s
220 W Superior St.
Duluth, MN

HERMANTOWN, MN

Wal-Mart
4740 Mall Dr.
Hermantown, MN

TWO HARBORS, MN

Betty’s Pies
1633 Highway 61
Two Harbors, Minnesota

SUPERIOR, WI

Red Mug Coffee Shop
916 Hammond Ave # 2
Superior, WI

Schultz’s Sports Bar
1307 N 5th St.
Superior, WI

Superior Value Cinema
Mariner Mall
69 N 28th St.
Superior, WI

Yellowjacket Union, University Of Wisconsin Superior
1.)First floor, behind Residence Life/Yellowjacket Union desk in hallway
2.) 2nd floor, across from rooms 203/204 by end of hallway Belknap & Catlin Ave,
Superior, WI

Superior Choice Credit Union
2817 Tower Ave
Superior, WI

VIP Pizza, Superior
1201 Tower Ave
Superior, WI
Health & Wellness

DULUTH, MN

Dr. Connie Jacoby (Chiropractor)
32 East 1st St. Suite 330
Duluth, MN 55802
(218) 940-4342

Healing Touch
Harriet Crofts,
Massage Therapist
(218) 428-3600

Healing Ways Wellness Studio
Carolyn Sheets
Massage Therapist
Healthy Eating & Lifestyle Coordinator
(218) 724-9737
www.healingways.org

LSS Teen Health Center
Beth Adams
Center for Changing Lives
1422 East Superior St. Duluth, MN 55805
www.lssmn.org

Duluth Family Medicine Clinic
330 N. 8th Ave. East Duluth MN 55805
(218) 723-1112
duluthfamilymedicineclinic.com

Bonnie Keeling, MSW

James (Jamie) Conniff, MD
Primary Care for all ages and Trans related health services, including hormones, one half each week.

Lake Superior Community Health Center
4325 Grand Ave.,
Duluth, MN 55807
(218) 722-1497
www.lschc.org

Women’s Health Center
32 East 1st Street
Duluth MN, 55802
(218) 727-3352

Planned Parenthood: Duluth
1001 E Central Entrance #200
Duluth, MN 55811
(218) 722-0833
plannedparenthood.org

Duluth Clinic (SMDC)
First Street Building
420 East First Street
Duluth, MN 55805

Internal Medicine (218) 786-3337
Dr. Kendra Sharkey RN CNP
Ob-Gyn (218) 786-3400
Pediatrics (218) 786-3400
Dr. Sharnell Valentine MD
Anne Stephen MD
Catherine J. Miller DNP RN CPNP

Duluth Clinic-Main (SMDC)
400 East 3rd Street
Duluth, MN 55805

Infectious Disease (218) 786-3737
Rajesh Prabhu MD
Kevin Stephan MD

Duluth Clinic- Hermantown (SMDC)
4855 West Arrowhead Road
Hermantown, MN 55811

Family Practice (218) 786-3540
Christie Erickson CNP

Duluth Clinic- West (SMDC)
4212 Grand Ave
Duluth, MN 55807

Family Practice (218) 786-3500
Jason Buffington MD

Essentia Lakewalk Clinic
1502 London Rd. Suite 102
Duluth, MN 55812

Family Medicine (218) 727-8228
Julie Reichhoff MD

Denfeld Medical Clinic
4702 Grand Avenue
Duluth, MN 55807

Family Practice (218) 249-6800
Nicole Schaefer MD

Essentia Health Family Medicine
4212 Grand Ave.
Duluth MN 55807

Family Practice (218) 786-3500
Kirsten Bich, MD

Mount Royal Medical Clinic
1400 Woodland Avenue
Duluth, MN 55803

Family Practice (218) 249-8800
Steve Long, MD

Family Practice (218) 624-4819
Lynn MacLean MD
Thomas Heinitz MD
Betsy Schwartz MD

Northland Ob-Gyn Associates
1000 East First Street Suite LL
Duluth, MN 55805

Ob-Gyn (218) 722-5629
Judith Johnson MD
Elisabeth Revoir MD

St. Luke’s Endocrinology Associates
1011 E 1st St.
Duluth, MN 55805

Dr. Derrick Aipoalani, MD

St. Luke’s Infectious Disease Associates
1001 East Superior St. Suite L201
Duluth, MN 55802

Infectious Disease (HIV) (218) 249-7990
Sherry A. Johnson, DNP, APRN, CNP

St. Luke's Internal Medicine Associates
1001 East Superior Street Suite L401
Duluth, MN 55802

Internal Medicine (218) 249-7960
David Arvold MD

St. Luke’s Internal Medicine Associates
220 Medical Arts Bldg.
Duluth, MN 55802

Internal Medicine (218) 727-8585
George Apostolou, MD
Health & Wellness Continued

PROCTOR, MN
Superior Health Proctor
211 South Boundary Avenue
Proctor, MN 55810

SUPERIOR, WI
Luke Chiropractic & Wellness
916 Hammond Ave.
Superior WI 54880
(715) 392-2476

Health Care Clinic
69 N 28th St E ste. 9
Mariner Mall
Superior, WI 54880
(715)-394-4117
www.hcclinic.org

WEBSITE/HOTLINE
TXT4LIFE
Suicide Prevention Text Source
Text “LIFE” to 61222
txtlife.org

Trevor Suicide Hotline
Crisis Counseling & Suicide Prevention
24hrs/7days
(866) 488-7386
(866) 4U TREVOR
thetrevorproject.org
HIV Testing Centers & HIV/AIDS Information

LSS Teen Health Center
Center for Changing Lives
1422 East Superior St. Duluth, MN 55805
www.lssmn.org

Women's Health Center
32 East 1st Street
Duluth MN, 55802
(218) 727-3352

Planned Parenthood: Duluth
1001 E Central Entrance #200
Duluth, MN 55811
(218) 722-0833
plannedparenthood.org

Lake Superior Community Health Center
4325 Grand Ave., Duluth, MN 55807
(218) 722-1497
www.lschc.org

Minnesota AIDS Project
400 E 3rd Street Duluth MN, 55805
Michelle Dalbec
(218) 786-8128
www.mnaidsproject.org

AIDS Resource Center Wisc.
Kasey Kiesler
1507 Tower Ave. #230 Superior WI
(715) 394-4009 or (888) 242-0282
www.arcw.com

Rural AIDS Action Network (RAAN)
18 W 1st Street
Duluth, MN 55802
(218) 464-8591
M-F 11am-5:30pm
Syringe Exchange and Hep C Testing

Rural AIDS Action Network
Free & Confidential HIV Testing
Call today to schedule a free HIV Test in your local area.

Alexandria: (320) 209-1181
Bemidji: (218) 368-0295
Duluth: (218) 464-8591
Grand Rapids: (218) 398-7115
Mankato: (507) 720-2224
Moorhead: (218) 368-5393
St. Cloud: (320) 293-1649
Worthington: (507) 720-7223

For More Information:

- Center for Disease Control & Prevention—HIV
  http://www.cdc.gov/hiv/
- Pre-Exposure Prophylaxis PrEP
  http://www.cdc.gov/hiv/basics/prep.html
- Post Exposure Prophylaxis PEP
  http://www.cdc.gov/hiv/basics/pep.html
- PEP Now
  http://pepnow.org/
- Minnesota AIDS Project
  http://www.mnaidsproject.org/
Housing Services

LSS Another Door
(Ages 18-24)
Angie Skogstad
(218) 529-2287
Center for Changing Lives
1422 East Superior St. Duluth, MN 55805
www.lssmn.org

LSS Bethany Crisis Shelter
Dawn Shykes
(218) 626-1901x14
9239 Idaho St.
Duluth, MN 55808
(218) 626-2726 24 hr. Line
www.lssmn.org

Center City Housing
1401 E. 2nd St. Duluth, MN
(218) 728-6437
www.centercityhousing.org

Life House Youth Center
102 West First St.
Duluth, MN 55802
(218) 722-7431
www.lifehouseduluth.org

LSS Renaissance Teen Transitional Housing
(Ages 16-21)
Lynn Gerlach-Collard
Center for Changing Lives
1422 East Superior St. Duluth, MN 55805
(218) 723-8052
www.lssmn.org

HDC Homeless Project
(Serves, Saint Louis County)
315 N. 2nd Ave. West
Duluth, MN
(218) 728-4491

CHUM
125 N 1st Ave W.
Duluth, MN 55802
(218) 720-0153 x 211
If needing services call or arrive at CHUM between the hours of 9AM-4PM.
Information (General)

**DULUTH, MN**

**LSS Bethany Runaway Program**  
24 hour Runaway Youth & Homeless Crisis Line  
(218) 626-2726  
[link](https://lssmn.org/youth/duluth/runaway/)

**Safe Place Program**  
Dawn Shykes  
(218) 626-1901x14  
9239 Idaho St.  
Duluth, MN 55808  
[link](https://lssmn.org/youth/duluth/safeplace/)

**United Way 2-1-1**  
Information and Referral for Health and Human Services - 24/7/365.  
424 W. Superior St. Suite 402  
Duluth, MN (218) 726-4855 or (800) 543-7709 for 24 hour access

**Duluth Public Library**  
Reference Desk  
520 W. Superior St.  
Duluth, MN  
(218) 730-4202  
[link](http://www.duluth.lib.mn.us)

**UMD GLBT Services**  
254 Kirby Student Center  
1120 Kirby Drive, Duluth MN 55812  
(218) 726-7300

**WEBSITE/HOTLINE**

**GLBT National Youth Talk Line**  
M-F 8-Midnight  
Phone & Email Counseling  
(800) 246-7743

**OUTFRONT Minnesota**  
GLTBQ info and 24 hr. crisis line  
(800) 800-0350

**TXT4LIFE**  
Suicide Prevention Text Source  
Text “LIFE” to 61222  
[link](txtlife.org)

**SAFE Alternatives Info Line (Self Abuse Finally Ends)**  
(800) DONT CUT

**Amnesty International**  
GLBT Info Activism  
[link](www.amnestyusa.org)

**SUPERIOR, WI**

**Gender & Equity Resource Center**  
Swenson Hall 1031  
Belknap and Catlin  
P.O. Box 2000 Superior, WI 54880  
(715) 394-8091  
genderequity@uwsuper.edu

**The Main Club**  
Bob Jansen  
1217 Tower Avenue  
Superior, WI 54880  
(715) 392-1756

---

**Amnesty International**  
GLBT Info Activism  
[link](www.amnestyusa.org)
**Law Enforcement & Legal Services**

**DULUTH MN**  
**Law Enforcement**  
(Dial 911 to report crime/emergency)

Duluth Police Department  
Lt. Laura Marquardt  
411 W. 1st St. Duluth, MN  
(218) 730-5501  
Police Chief Mike Tusken

UMD Police (for Students)  
287 Darland, University Drive  
Duluth, MN 55812  
(218) 726-7000  
dum.n.edu search, umd police

**Legal/Political Services**

Duluth Human Rights Office  
Carl Crawford  
410 City Hall  
City Hall Room, Room 106B  
411 W. 1st St. Duluth, MN  
(218) 730-5630

Unitarian Universalist (UUA)  
Interfaith group working for LGBTQ civil & religious rights.  
835 W College St.  
Duluth, MN 55811  
(218) 724-0308

**SUPERIOR, WI**  
**Law Enforcement**

Superior Police Department  
1316 N 14th St #150,  
Superior, WI 54880  
Todd Maas  
(715) 395-5150  
Bonnie Beste  
Police Chief Nick Alexander  
(715) 395-7234

**Legal/Political Services**

Karen J. Olson, Attorney  
2002 W. Superior St. Duluth, MN  
(218) 727-8557
Lutheran Social Service Youth, Children & Family Services

DULUTH, MN

**LSS Minnesota**
Beth Adams
Center for Changing Lives
1422 East Superior St. Duluth, MN 55805
(218) 529-2233

**LSS Teen Health Center**
Beth Adams
Center for Changing Lives
1422 East Superior St. Duluth, MN 55805
www.lssmn.org

**LSS Bethany Runaway Program**
Dawn Shykes
(218) 626-1901x14
24 hour Crisis Line
(218) 626-2726
lssmn.org/youth/duluth/runaway/

**LSS Renaissance Teen Transitional Housing**
Center for Changing Lives
1422 East Superior St. Duluth, MN 55805
Lynn Gerlach-Collard
(218) 723-8052
www.lssmn.org

**LSS Another Door**
(Ages 18-24)
Angie Skogstad
Center for Changing Lives
1422 East Superior St. Duluth, MN 55805
(218) 529-2287
www.lssmn.org

**LSS Bethany Crisis Shelter**
Dawn Shykes
(218) 626-1901x14
9239 Idaho St.
Duluth, MN 55808
24 Hour Crisis Line
(218) 626-2726
www.lssmn.org

**LSS Together For Youth**
Kathy Hermes
(218) 529-2224
Wednesday 4-6pm
Center for Changing Lives
1422 East Superior St. Duluth, MN 55805

**LSS Crisis Nursery**
Melanie Hansen
1 E 1st Street Suite 301
Duluth, MN 55802
(218) 529-2246
www.lssmn.org

**LSS Oh No! Eighteen (ONE) Program**
Angie Skogstad
(218) 529-2287
Center for Changing Lives
1422 East Superior St. Duluth, MN 55805

**LSS Teen Closet**
Angie Skogstad
Free new and gently used clothing for teens 13-20
First Presbyterian Church
300 E. 2nd St. Alley Entrance
(218) 428-0775 or
(218) 529-2287
Open Tuesdays 3-5pm or by appointment.

**LSS Street Outreach**
Center for Changing Lives
1422 East Superior St. Duluth, MN 55805
Lynn Gerlach-Collard
(218) 723-8052

Street Outreach Numbers
(218) 464-2538
(218) 464-2659
(218) 464-2585

**LSS Truancy Action Project**
School based truancy prevention for youth.
(218) 626-1909 x22
Center for Changing Lives
1422 East Superior St. Duluth, MN 55805

GREATER, MN

**LSS Range Together For Youth**
Jamie Stauty
LSS Family Resource Center
507 9th Ave. S.
Virginia MN 55792
(218) 741-3343

SUPERIOR, WI

**LSS Wisconsin**
Linda Toppings, LICSW
2231 Catlin Ave. Superior, WI
(715) 394-4173 ext. 103
www.lsswi.org
Queer Youth Groups & School Groups

LSS Together For Youth
Kathy Hermes
(218) 529-2224
Wednesday 4-6pm
1422 East Superior St. Duluth, MN 55805

LSS Together For Youth
Kathy Hermes
(218) 529-2224
Wednesday 4-6pm
1422 East Superior St. Duluth, MN 55805

LSS Range Together For Youth
Jamie Stauty
LSS Family Resource Center
507 9th Ave. S.
Virginia MN 55792
(218) 741-3343

LSS Range Together For Youth
Jamie Stauty
LSS Family Resource Center
507 9th Ave. S.
Virginia MN 55792
(218) 741-3343

Duluth High Schools Gay Straight Alliances
Denfeld High School
401 North 44th Ave W. Duluth, MN 55807
(218) 336-8830
www.isd709.org

East High School
Blake Peterson
GSA Advisor (2015)
301 N 40th Ave. E. 55804
blake.peterson@isd709.org
(218) 336-8845

Harbor City International School
Elizabeth Holte
GSA Advisor (2015)
332 W Michigan St. #300
Duluth, MN 55802
(218) 722-7574

Marshall School
1215 Rice Lake Road
Duluth, MN
Susan Nygaard (2015)
(218) 727-7266

Duluth Middle Schools Gay Straight Alliances
Lincoln Park Middle School
Terri Iannucci (2015)
3215 W 3rd Street,
Duluth, MN 55806
(218) 336-8880 x 1171

Duluth Public School Climate Coordinator
Ron Lake
ISD 709 Offices
215 North First Avenue East
Duluth MN, 55802
(218) 336-8700 x 2014

Cloquet High School
Student Group Meets Reg.
No Staff Advisor
(218) 879-3393

Proctor
Phyllis Cook, Social Worker
Jim Vos, Counselor
1319 9th Ave. Proctor, MN, 55810
(218) 628-4926
(2015 no GSA Advisor)

South Ridge School
Carolyn Olson
GSA Advisor (2015)
8162 Swan Lake Rd.
Culver, MN 55779
(218) 345-6789

Two Harbors
Jeann Brandt, Psychologist
(218) 834-8205 x8207

Superior Sr. High School
Rachael Holden
GSA Advisor (2015)
2600 Catlin Ave. Superior, WI
(218) 394-8720

Greater Northeast/RANGE Schools
Grand Rapids
Crystal Sunell (2014)
800 Conifer Drive
Grand Rapids, MN 55744
(218) 327-5760

Virginia High School & Virginia Jr. High School GSA’s
Paula Larson, Counselor (2015)
(218) 742-3908

Ely
Heather
600 E. Harvey Street,
Ely, MN 55731
(218) 365-6166

Other Youth Social/Activist Groups

Boys & Girls Club
Lincoln Park Branch – Teen Services | Mentor Duluth
2407 W 4th St.
Duluth, MN 55806
(218)-725-7706
(218) 727-1549

Men as Peacemakers
Boys Restorative Program
Girls Restorative Program
205 West 2nd Street Ste. #15
Duluth, MN 55802
(218) 727-1939

YWCA Girl Power!
YWCA Duluth
32 E First St. Ste 202
Duluth, MN 55802
ywca@ywcaduluth.org
(218) 727-7425

Planned Parenthood Teen Council
Planned Parenthood
1001 E. Central Entrance
Duluth, MN 55811
rjenson@ppmns.org
Questions? Call at 218-722-3267

Queer Youth Groups & School Groups

Boys & Girls Club
Lincoln Park Branch – Teen Services | Mentor Duluth
2407 W 4th St.
Duluth, MN 55806
(218)-725-7706
(218) 727-1549

Men as Peacemakers
Boys Restorative Program
Girls Restorative Program
205 West 2nd Street Ste. #15
Duluth, MN 55802
(218) 727-1939

YWCA Girl Power!
YWCA Duluth
32 E First St. Ste 202
Duluth, MN 55802
ywca@ywcaduluth.org
(218) 727-7425

Planned Parenthood Teen Council
Planned Parenthood
1001 E. Central Entrance
Duluth, MN 55811
rjenson@ppmns.org
Questions? Call at 218-722-3267
University & College Groups

DULUTH, MN

University of Minnesota Duluth
GLBT Services Offices at UMD
245 Kirby Student Center
1120 Kirby Drive
Duluth, MN 55812
(218) 726-7300

College of St. Scholastica
Queer Straight Alliance
Brenda McColgan
bmccolga@css.edu

Lake Superior College
Unity/GLBT
2101 Trinity Rd.
Duluth MN, 55811

CLOQUET, MN

Fond du Lac Tribal & Community College
Two Spirits Association
Jan Chronister
(218) 879-0865
or jchronister@fdltcc.edu

SUPERIOR, WI

University of Wisconsin Superior
Alliance
Wednesday at 5:00pm
Phill Wilken
pwilken@uwsuper.edu
Debbie Cheslock
Swenson Hall 1031
Belknap and Catlin
P.O. Box 2000 Superior, WI 54880
(715) 394-8091

Wisconsin Indianhead Technical College
Bonny Ball Copenhaver
Vice President, Academic Affairs & Campus Administrator
600 North 21st Street
Superior, WI 54880
Phone: 715-394-6677, Ext. 6214
Fax: 715-394-3771
Bonny.Copenhaver@witc.edu
Radio Programming

Women's Music Program
Sundays 1-5pm
KUMD 103.3 FM
www.kumd.org

This Way Out: National
Sundays 5pm
KUMD 103.3 FM
www.kumd.org
Social, Support & Recovery Groups (Adult)

DULUTH, MN/SUPERIOR, WI

Duluth-Superior GLBTQAI Pride Committee
P.O. Box 3198 Duluth, MN 55803
www.dspride.com
Co-Chairs: Nathan Westerberg & Kristy Johnson

Northland Gay Men’s Group
Lake Superior Interfaith Community Church
1414 E Ninth Street
Duluth, MN 55805
ngmgduluth@gmail.com

Northland LGBT Elders
Meeting 4th Saturday of the Month
Gloria Dei Lutheran Church
219 North 6th Ave. East
Duluth, MN 55805
Church Secretary
(218) 722-3381

TRANS +
Sean Hayes
1st & 3rd Tuesday of the Month
transplus.org
transplusmn@gmail.com

Trans+ Friends & Family Support Group
Kathy Hermes
1st Thursday of each month
from 7:00-8:45pm
1422 East Superior Street
Duluth, MN 55805
(218) 529-2224

Duluth Superior HIV Support Group
Second Monday of Month 7pm
Gloria Dei Lutheran Church
219 North 6th Ave. East
Duluth, MN 55805
(218) 722-4903

RAAN HIV Group
Duluth, MN
Michael
(218) 464-8591

Northland Prism Community
The Northland Prism Community
(formerly the Northland Queer Coalition) in the Twin Ports (Duluth MN and Superior WI) that strives to address the needs of the LGBT+ community.
Meetings and social events to bring the queer community together are in the works. Check on here to find out what the group is up to!

“Two-Spirit” Native American Wellness Talking Circle
Monday, 7-8 pm at Gimaajii Building, 202 W. 2nd Street, Duluth, MN.
For information contact Frank Goodwin: 218-491-4123. Group is open to all ethnicities.

Queer & Allied Families
Em Westerlund
(218) 355-1137
A group for folks in the Twin Ports who are part of LGBTQ+ families looking for community, information, and support.

Smoke-Free Queers
GLBTQIA*-identified individuals and allies who have quit smoking, are trying to quit, or thinking about quitting.

Deaf Queers & Allies Group
Deaf Queer Resource Center
www.deafqueer.org
Closed Facebook Support Group
Network with other Deaf and signing queers. We gladly welcome our straight allies and hearing queer non-signers.

Narcotics Anonymous
(218) 726-3199 Duluth MN Regional Helpline:
(877) 767-7676
www.nanminnesota.org

Children of Lesbians & Gays
www.colage.org

Itasca GLBT Alliance

E. Central MN Men’s Circle
www.menscircle.org
Email: info@menscircle.org

TWIN CITIES, MN

Pride Institute
LGBT Mental Health & Chemical Dependency Care
Residential & Outpatient Care
(800) 54 PRIDE (547-7433)
www.pride-institute.com
# Recommended Reading for Youth

**Keeping You a Secret** by Julie Anne Peters—Teen lesbian love story.

**Luna** by Julie Anne Peters—(male to female theme)

**Down to the Bone** by Mayra Lazara Dole—Cuban American coming out love story.

**Boy Meets Boys** by David Levithan—Love story.

**Hero** by Perry Moore—Gay teen superhero saving the world.

**Parrotfish** by Ellen Wittlinger—(female to male theme).

**Totally Joe** by James Howe—a fun story about a totally loveable, totally out 13 year old.

**So Hard to Say** by Alex Sanchez—middle school/pre-teen novel.

**Split Screen**, by Brent Hartlinger—Teen bi-interest.

**Empress of The World** by Sara Ryan—bi-interest.

**Ash** by Malinda Lo

**Tortured Discovery** (Finding Our Way, #2) by Jayson James

**Finding Our Way** (Finding Our Way, #1), by Jayson James

**Teenage Rewrite** by Brandon Williams

**The Bermudez Triangle** by Maureen Johnson

**Am I Blue?: Coming Out from the Silence** by Marion Dane Bauer

**Outtakes of A Walking Mistake** by Anthony Paull

**Boy Meets Boy** by David Levithan

**The Perks of Being a Wallflower** by Stephen Chbosky

**Geography Club** (Russel Middlebrook, #1) by Brent Hartinger

**Turning 16 (Turning 16, #1)** by Perie Woford

**Openly Straight (Openly Straight, #1)** by Bill Konigsberg

**Aristotle and Dante Discover the Secrets of the Universe** by Benjamin Alire Sáenz

**Will Grayson, Will Grayson** by John Green

**Annie on My Mind** by Nancy Garden

**The Vast Fields of Ordinary** by Nick Burd

**Something Like Summer** (Something Like #1) by Jay Bell

**Torn** by Amber Lehman

**Suicide Notes** by Michael Thomas Ford

**Kissing Kate** by Lauren Myracle

**What They Always Tell Us** by Martin Wilson

**City of Bones** (The Mortal Instruments, #1) by Cassandra Clare

**Sprout** by Dale Peck

**The God Box** by Alex Sanchez

**Hard Love** by Ellen Wittlinger

**Something Like Winter** (Something Like #2) by Jay Bell

**How to Repair a Mechanical Heart** by J.C. Lillis

**Simon vs. the Homo Sapiens Agenda** by Becky Albertalli

**Tales from Foster High** (Tales from Foster High, #1-4) by John Goode

**Rubyfruit Jungle** by Rita Mae Brown

**Where You Are** by J.H. Trumble

**The Order of the Poison Oak** (Russel Middlebrook, #2) by Brent Hartinger

**Her Name is James** by C.J. Heath

**Two Boys Kissing** by David Levithan

**The Screwed Up Life of Charlie the Second** by Drew Ferguson

**Sock it to Me, Santa!** by Madison Parker

**The Miseducation of Cameron Post** by Emily M. Danforth

**Beauty Queens** by Libba Bray

**The Realm of Possibility** by David Levithan

**One Man Guy** by Michael Barakiva

**Bridges** (Bridges, #1) by M.J. O’Shea

**Turning 17** (Turning 16, #2) by Perie Woford

**grrl2grl** by Julie Anne Peters

**Don’t Let Me Go** by J.H. Trumble

**Safe** by C. Kennedy

**Beautiful Music for Ugly Children** by Kirstin Cronn-Mills

**Tricks** (Tricks, #1) by Ellen Hopkins

**Peter** by Kate Walker

**Huntress** by Malinda Lo

**Thinking Straight** by Robin Reardon

**Shine** by Lauren Myracle

**The Soccer Field Is Empty** (Gay Youth Chronicles, #3) by Mark A. Roeder

**The Dark Wife** by Sarah Diemer

**Baby Be-Bop** (Weetzie Bat, #5) by Francesca Lia Block

**Getting It** by Alex Sanchez

**Just Between Us** by J.H. Trumble

**Rainbow** (Rainbow Trilogy 1-3) by Alex Sanchez

**Leave Myself Behind** by Bart Yates

**The Year of Ice** by Brian Malloy

**Kamikaze Boys** by Jay Bell
Recommended Reading for Youth (cont.)

**The Mortal Instruments**, #1-5 by Cassandra Clare

**This High School Has Closets** by Robert Joseph Greene

**Being Emily** by Rachel Gold

**Falling From The Sky** (Bear Creek, #1) by Nikki Godwin

**A Boy’s Own Story** by Edmund White

**Lies (Gone, #3)** by Michael Grant

**I’ll Give You the Sun** by Jandy Nelson

**Dare Truth or Promise** by Paula Boock

**Pantomime** (Micah Grey, #1) by Laura Lam

**Fingersmith** by Sarah Waters

**Breaking Saint Jude** by Nikki Godwin

**What Happened to Lani Garver** by Carol Plum-Ucci

**Bait** by Alex Sanchez

**Power Play** by J.M. Snyder

**Far from Xanadu** by Julie Anne Peters

**Suicide Watch** by Kelley York

**Wanting** (Wanting #1) by Piper Vaughn

**Where Are You** by J.H. Tumble

**The Secret Fruit of Peter Paddington** by Brian Francis

**Magic’s Pawn** (Valdemar: Last Herald-Mage #1) by Mercedes Lackey

**The Fire’s Stone** by Tanya Huff

**Luck in the Shadows** (Nightrunner, #1) by Lynn Flewelling

**The Boyfriend** by Keith Morrisette

**Sunblood** by Maria Mora

**Wanting** (Wanting, #1) by Piper Vaughn

**Cody: Clicking Beat on the Brink of Nada** by Keith Hale

**Born This Way: Real Stories of Growing Up Gay** by Paul Vitagliano

**Orphan’s Quest** (The Chronicles of Firma, #1) by Pat Nelson Childs

**Strings Attached** #1-3 by Nick Nolan

**Exiled to Iowa, Send Help, and Couture** by Chris O’Guinn

**The World of Normal Boys** by K.M. Soehnlein

**I Am J** by Cris Beam

**Good Moon Rising** by Nancy Garden

**With or Without You** by Brian Farrey

**Magic’s Pawn** by Mercedes Lackey

**Starting From Here** by Lisa Jenn Bigelow

**Finding H.F.** by Julia Watts

**Rhythm and Blues** by Jill Murray

**Necessary Hunger** by Nina Revoyr

**Degranon: A Science Fiction Adventure** by Duane Simolke

**Hollowstone** by Dennis R. Upkins Jr.

**Hillserpent Academy** by Richard Denney

**Curse of Arachnaman** by Hayden Thorne

**The Blue Lawn** by William Taylor

**(In)visible** by Anyta Sunday

**She Loves You, She Loves You Not...** by Julie Anne Peters

**Emerald City Dreamer** by Luna Lindsey

**Awake** by Tracey Pennington

**Lunatic Fringe** by Allison Moon
Recommended Movies for Youth

**Fun:**

*Bend It Like Beckham* (2002) PG-13

*But I’m a Cheerleader* (1999) R


*The Edge of Seventeen* (1998) R


*Floored by Love* (2005) NR

*Hedwig and the Angry Inch* (2001) R

*The Incredibly True Adventure of Two Girls In Love* (1995) R

*Mango Soufflé* (2003) NR


*Rent* (2005) PG-13


*To Wong Fu Thanks For Everything, Julie Newmar* (1995) PG-13

*Victor/Victoria* (1982) PG

**Serious:**

*All About My Mother* (1999) R

*Angels in America* (2003) NR

*Beautiful Boxer* (2003) NR

*Beautiful Thing* (1996) R


*Bound* (1996) R

*Boys Don’t Cry* (1999) R

*Brokeback Mountain* (2005) R

*The Crying Game* (1992) R


*Imagine Me & You* (2005) R

*The Laramie Project* (2002) NR


*Ma Vie En Rose* (1997) R

*Madame Butterfly* (1995) NR

*Normal* (2003) NR

*Paris is Burning* (1990) R


*Quinceanera* (2006) R

*Saving Face* (2004) R


*Summer Storm* (2004) R

*Transamerica* (2005) R


**Documentary:**

*The Aggressives* (2005) NR

*Beautiful Daughters* (2006) TV-14

*The Brandon Teena Story* (1998) NR

*Brother Outsider: The Life of Bayard Rustin* (2003) NR

*For the Bible Tells Me So* (2007) NR

*God and Gays: Bridging the Gap* (2006) NR

*Just Call Me Kade* (2002) NR

*No Dumb Questions* (2001) NR


*Red Without Blue* (2007) NR

*Southern Comfort* (2001) NR

*Transgeneration* (2005) NR

Recommendations from GSANetwork and Indiana Youth Group