

ST. LOUIS COUNTY

Community Connection

Educating, inspiring, and enriching the lives of St. Louis County residents and visitors.

The Great Hall

Creating community space for St. Louis County residents & visitors

The Depot's Great Hall is a special place. Thousands of people have passed through the Hall on their way to a new life in Minnesota or as visitors to our historic building. People have celebrated their weddings here. Or a special occasion. It's often filled with art or music. And sometimes it sits empty, with light streaming through the lake facing windows, and it's a peaceful, gracious space.

What the Great Hall always is, is a place that belongs to the citizens of St. Louis County. And we are extending our invitation to you. We want to welcome you to your Depot. We hope to bring you new experiences, to support our local artists, performers, and businesses, and to create a community space that is both engaging and comfortable. It's your village green. Your indoor town square. Come on in.



Great Hall Marketplace

Saturday, December 18, 10 am to 5 pm

Welcome to the Great Hall Marketplace!

This December the Great Hall will be filled with almost 60 local and regional artists showcasing their creative work at the Marketplace. And this event is so Great that it's spilled over onto two additional floors at The Depot. Our 2nd floor mezzanine will host a Duluth Art Institute Pop-Up featuring 10 DAI artists. You'll find another array of festive foods and original arts and crafts in our very cool Underground Theatre, which was once baggage storage for travelers moving through The Depot and on to new adventures.

We've featured just a few of our incredible vendors in the photo collage on this page. Click on each photo for more info about these artists and makers. Watch for more vendor highlights on the Great Hall Marketplace [Facebook page](#).

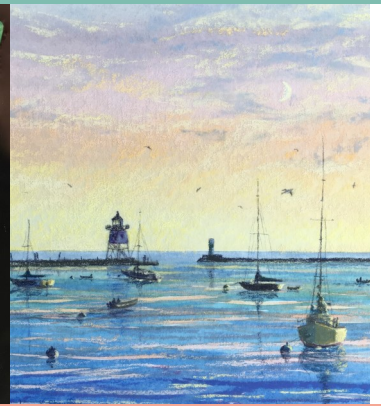
...and watch for more Great Hall events

Healthy January pop-ups, Movies on Michigan in February, The Depot's 130th Anniversary celebration in March, and much more!



The Marketplace Café

The **Mocha Moose** will be back at The Depot for the Marketplace, hosting our café with special custom menu items just for the Marketplace. And you can enjoy a delicious treat from **Lots of Love Sweets and More** too!



Duluth Art Institute Artist POP-UP

Ten Duluth Art Institute members will be transforming our mezzanine into a gallery, selling paintings, pottery, and prints. For more information about DAI membership visit duluthartinstitute.org. Our DAI member artists are:

Craig Bruce - functional wheel thrown and hand built pottery

Naomi Christenson - art prints, printed scarves, small paintings

Holly Fearn - original paintings

Anna Marie Friesen - watercolor originals, ink originals and prints

Deb Hannu - funky arts, earrings, jewelry, sculpture

Dale Lucas - oil paintings

Kris Nelson - ornately painted chairs, greeting cards

Nina Preheim - porcelain ceramics: functional, sculptural & oil paintings

Sharon Rogers - pottery

Lisa Stauffer - oil paintings, giclee prints, photography, pottery

DAI Clay Studio/Lake Superior Ceramic Guild

Sweets, Treats, & Heat!

We've got amazing local bakers and inventive food artists coming to the Marketplace to tempt your palate.

Haitian Heat	On 93rd and Grace	Mocha Moose
Jenny's Bakery	Lisa's Jamcrafting	Muddy Trails
Lift Bridge Bagels	Lots of Love Sweets	Spilled Sugar Sweets

Community events like the Marketplace help support The Depot, it's mission, and the organizations that call it home. Please consider giving a donation at our events or by visiting experiencethedepot.org. Monetary donations help keep events low cost or free and allow us to continue presenting educational, youth focused, and fun, festive events for all ages. Thank you for your support.



We are excited to welcome the following local artists and makers to The Depot!

Art by SJ Nielsen	Joya by Hand	Marvelous Melissa	Northern Raven Studio	Sorvik North
Claire Sahara Illustration	Juniper	Mission Creek Design	Patty Sampson	Stardust and Clay
CrystalsMNCreations	Juniper Blue	Mistee Made	Riverside Soy Candles	Stone Dog Ridge
Dixie Byrnes Designs	Lapsi Babycrafts	MN Nice Designs	Rock Island Design	Stoneweaver
Du Designs	Little Leaf Designs	Nature's Jewels by Carol	SCHÖN Jewelry	True North Rustic
Ecocraft	Lov LLC/HejLov	Noble Woodworking	SLC Historical Society	Up North Fiber
Frozen Fire Pottery	LSRM Gift Shop	Norshor Woodshop	Shari Johnson Artworks	Wonderfully Made
Heart Berry	Macmanus Stoneworks	Northern Home Candle	Sheila's Signs & Designs	Woolly Wearables
Jewelme	Maelise Makes			

Tickets make great gifts!

Season tickets to the Playhouse, a ride on the train, or a night of ballet are the perfect gift for the people in your life who value experiences and time well spent. Visit The Depot [website](#) to view a list of organizations that make The Depot their home. You can link to each tenant to purchase tickets.

DAI Classes

The Art Institute offers a variety of classes in its Lincoln Park building and other locations. Check out their events calendar for [December classes](#) including tapestry, pottery, card making, embroidery, figure drawing, and more. Classes are for youth and adult beginners and up.



OPEN CALL | Jan 1 – Feb 14, 2022
2023/2024 Exhibition Proposals

Submissions are open to any local, regional, and national visual artist or artist collective, not currently enrolled in a degree seeking program at the time of application. The DAI seeks proposals that reflect the expanding field of contemporary art and practice as well as those engaged in timeless folk and craft traditions. More info:

duluthartinstitute.org/Artist-Opportunities

ON VIEW SOON



Christmas City Express November 26–December 19

Begin your visit at the **Lake Superior Railroad Museum** where you'll be treated to a reading of the new Christmas City Express story, enjoy carolers, and a visit from a special guest! Then climb aboard the train for a 30 minute ride along Lake Superior while enjoying complimentary hot chocolate, cookies, and holiday tunes. For more info and to buy your tickets visit duluthtrains.com.



The Nutcracker: A Duluth Tale

December 10-12, 2021

This fresh, new version of the family favorite, choreographed by Karl von Rabenau, captivates in new ways as a holiday treat. Experience young Clara's enchanting dream come to life while on a holiday travel trip with her beloved Nutcracker doll. Clara encounters fairies, princes, lumberjacks, sweets-makers, and more in this joyous tale that will delight the whole family. Featuring Live Orchestra and students from School of Minnesota Ballet School.

The Nutcracker: A Duluth Tale will be presented at the DECC. Click [here](#) to purchase tickets.

MINNESOTA
BALLET

A Charlie Brown Christmas

December 11 – 19, 2021 | Sat & Sun 1 & 4pm
Sensory friendly show, December 19, 10 am.

Bring your family and celebrate the season with Charlie Brown and the rest of the Peanuts gang in this live staged rendition of the beloved animated TV special! When Charlie Brown complains about the overwhelming materialism he sees among everyone during the Christmas season, Lucy suggests that he become director of the school Christmas pageant. Charlie Brown accepts, but this proves to be a frustrating endeavor. When an attempt to restore the proper holiday spirit with a forlorn little Christmas fir tree fails, he needs Linus' help to discover the real meaning of Christmas. Click [here](#) to buy tickets.





The 4-H spooky laboratory crew, led by Brian Kinziger, brought creepy experiments to kids in the Depot classroom.

Hundreds celebrate Halloween at Eek! the Depot!

Over 1000 kids and adults attended the first annual Eek! The Depot event on October 30th. The Duluth Playhouse, North Shore Scenic Railroad, and the Duluth Art Institute all contributed to the festivities with a variety of fun activities throughout the building. The Historical Society's creepy dolls helped set the mood.

The Depot scavenger hunt was a big hit, as was the Playhouse's Ghost Light Dance Party, the train museum's art project, and 4-H's science experiments.

Thanks to all our organizations and Youth in Action volunteers for making this free community event a huge success.

Inspiring young leaders

Youth in Action Make a Difference Conference

Local businesses, organizations, and individuals are invited to support the YIA Make a Difference conference taking place on February 28th, 2022 at the Iron Trail Motors Event Center in Virginia.

The mission of the Make a Difference Conference is to strengthen, educate and inspire young people with the help of partners so they can make a difference in their communities through leadership, advocacy, and service and to recruit, grow, and promote the YIA program.

The conference is St. Louis County's largest youth focused event. Attending is free for the 250 youth from 19 SLC schools that will attend this year. Conference expenses include venue rental, bus transportation, speaker, lunch, t-shirts, and meal during Sunday set up. St. Louis County and community sponsorship cover this event.

Community sponsorship helps us continue to provide a free, impactful, and memorable day for the future leaders of St. Louis County. We will also be offering a hybrid model to reach youth both in-person and virtually.

If you would like to learn more about sponsorship levels, including the benefits of sponsorship for your organization or business, please contact Stacey DeRoche at deroches@stlouiscountymn.gov

Safely selling homemade food

The University of Minnesota is offering an online course for individuals who would like to make and sell food out of their homes. This advanced course focuses on food safety practices for all processes covered under the cottage food law including drying, baking, confections, jams and jellies, acid and acidified fruit and vegetables and fermentation. You will learn how to produce, package, label, store and transport a safe food product. Food safety experts will be available to answer your questions.

Register for the [self-paced online course](#) or a [webinar](#) class.



Top row: Shirley, Daniela, Gwyn, Cora, Anja, Mia, Daniel & Sasha. Bottom row : Hanna, Jack, Lauryn, Renee, Elise, Alexa & Kellyn.

*Chopping carrots & celery: Kaylie & Sofia
In the kitchen: Grace, Erica, Keegan & Kaylee*

YIA puts the soup on!

Youth in Action students Participated in the Lincoln Park Children and Families Collaborative event "Soup's On" on November 21. Twenty-one YIA youth from Marshall, Hermantown & East served 70 people from the Lincoln Park community in Duluth. They did an incredible job prepping chicken wild rice soup, organizing the Big Red Bookshelf & setting out food & hygiene items for families to take home with them.

Thank you to the Collaborative staff—Jodi, Madison, Chef Kim and Nik for inviting YIA to be a part of this event.

From SLC Wellness: Does your mood change with the seasons?

Sometimes this is seen as what's called Winter Blues, but it may also be Seasonal affective disorder (SAD) which is a bit more extreme. SAD is a mood disorder subset in which people who have normal mental health throughout most of the year exhibit depressive symptoms at the same time each year, most commonly in winter. Common symptoms include sleeping too much, having little to no energy, and overeating.

While light therapy and medication have been prescribed for those suffering from SAD, research points to Cognitive Behavioral Therapy (CBT) as the strongest solution. You may already know that CBT involves examining your thoughts and emotions. But many people, including some providers, are unaware that it includes behavioral tools, like activation. When we increase our level of activity despite our rainy-day mood, we nudge ourselves to engage in activities that normally bring us joy. Where to begin? Learn to Live is here to help. Learn to Live is an online resource for those of us struggling with stress, depression, sleeplessness, anxiety, substance use, worry and social anxiety.

Learn to Live Program

- 100% Confidential
- Online mental health programs with option for coaching
- You and family members (age 13 and older) are eligible (SLC and ARC employees on the SLC BlueCross health plan reach out to your Health Promotion Coordinator, Tiffany Kari for free access)
- Self-paced help available anywhere, any time
- Access with phone, tablet, or computer

For immediate access and to learn more visit LearntoLive.com.



Special care for holiday plants

Did you know that there are three types of holiday cacti? Thanksgiving cactus (*Schlumbergera truncata*), Christmas cactus (*Schlumbergera bridgesii*) and Easter cactus (*Schlumbergera gaertneri*) are popular houseplants, often given as gifts during the holiday season. They are long lived and are grown for their beautiful, exotic flowers.

Native to Mexico, poinsettias are in the *Euphorbia* family and are a popular holiday plant because of their colorful leaves. They are most commonly used for decorating during the winter holidays, but are also attractive as green plants throughout the year.

To keep your cacti and poinsettia's healthy and blooming follow guidelines from U of MN Yard & Garden News.

[Holiday cacti care](#)

[Poinsettia care](#)

Resources for safe holiday cooking

USDA Meat & Poultry Hotline, 1-888-674-6854

University of MN Extension food safety,

z.umn.edu/turkeybasics

FDA Hotline Food preparation and safety, 1-888-723-3366

General food safety foodsafety.gov

Butterball Turkey hotline 1-800-288-8372

The Answerline

Contact the **Answerline** at 1-800-854-1978 or answer@iastate.edu for info about safe cooking, canning, and freezing as well as other household issues like cleaning, stain removal, and mildew.

THE DEPOT



Contact Us

The Depot

218-733-7571

Duluth Extension

218-733-2870

Virginia Extension

218-749-7120

experiencethedepot.org

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[Duluth Extension website](#)

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