Is the **STRESS** of the job piling up? Do you have concerns about **CANCER** or **HEART HEALTH**?

Dial 888-784-6634 for help.

**MnFIRE**

Gearing Up for Health

Learn more at: [www.mnfireinitiative.com](http://www.mnfireinitiative.com)

The Minnesota Firefighter Initiative (or MnFIRE; Minnesotans Forging Solutions by Investing in Resources and Education) is designed to be the connection for firefighters, family, friends, employers, and elected officials that helps to build awareness and give the right resources to the people that want and or need them.

Currently, MnFIRE is focused on Cardiac Issues, Emotional Wellness, and Cancer in the Minnesota fire service.

MnFIRE is a collaboration of the Minnesota Professional Firefighters, the Minnesota State Fire Department Association, and the Minnesota State Fire Chiefs Association: