


EVERGREEN SENIOR CENTER

5830 Grand Ave, Duluth, MN 55807

AUGUST 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Goulash, corn, fruit 10am: Dominoes 12pm: Hand & Foot	3 Minestrone soup and Philly sandwich, fruit 9am: Bone Builders 12:15pm: 500 Cards	4 Chicken pasta salad, fruited Jell-O w/ topping	5 Roast beef dinner, banana pudding poke cake 9am: Bone Builders	6 French Toast and sausage with warm apples, blueberry fluff 10am: Evergreen Board Meeting 12:15pm: 500 Cards	7
8	9 Twisted taco casserole, pudding w/ topping No activities, closed for elections	10 ALL PROGRAMS CLOSED FOR ELECTIONS	11 Parmesan crusted chicken, fruit No activities, closed for elections	12 Penne with Italian sausage, fresh fruit 9am: Bone Builders	13 Hamloaf or chicken patty Chocolate Marble Cake 12:15pm: 500 Cards	14
15	16 Meatballs/gravy, fresh fruit 10am: Dominoes 12pm: Hand & Foot	17 Chef Salad Cookie 9am: Bone Builders 12:15pm: 500 Cards	18 Pizza w/tossed salad, Jell-O with fruit and topping	19 Roast turkey dinner, fresh fruit 9am: Bone Builders	20 Lasagna, fruit 12:15pm: 500 Cards	21
22	23 Chicken, mashed potatoes, glazed carrots 10am: Dominoes 12pm: Hand & Foot	24 Stuffed Peppers, pudding w/ topping 9am: Bone Builders 12:15pm: 500 Cards	25 ALL CITY PICNIC AT MORGAN PARK	26 Tri colored rotini w/ chicken, fresh fruit 9am: Bone Builders	27 Fish Taco or chicken strips, rice krispy bar 12:15pm: 500 Cards	28
29	30 Salisbury steak, fruit 10am: Dominoes 12pm: Hand & Foot	31 Ham dinner or chicken patty, pudding w/ topping 9am: Bone Builders 12:15pm: 500 Cards				



Meals are provided by the Arrowhead Economic Opportunity Agency.

Alternative entrees are available on days indicated. Please call in your request 24 hours in advance. Registered customers are offered the meal service for a \$4.00 contribution; customers under 60 are charged \$7.50.

Menus are subject to change without notice. Frozen meals are available on weekends.

Sign up by calling
218-727-4321
or
218-727-6448



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To view up to date information on 55+ programs, please visit:
www.duluthmn.gov/parks/seniors

