



800+ ways to Show Your Pride

Help us celebrate and raise awareness for diversity, inclusiveness and wellbeing during national Pride Month.

Join our Show Your Pride Challenge with access to Wellbeats until July 31st!

Classes featured in the 5-week challenge all begin with the letters LGBTQIA and PRIDE - designed to boost our PRIDE! The diversity of classes showcase fitness, nutrition and mindfulness for all ages, genders and ability levels.

#showyourpride #wellbeatsforall

Wellbeats™

Virgin Pulse

Full access to the Wellbeats app provides you with:

- 800+ workouts, including Yoga, Strength Training, Cycling, Pilates, Recovery, Dance, and more!
- Goal based challenges and fitness assessments
- Tutorial & beginner level classes
- Recommended workouts based on your goals

FREE ACCESS
until July 31st

GET STARTED IN 3 EASY STEPS

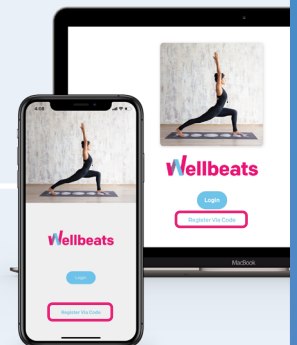
STEP 1

Download the Wellbeats App or visit the website portal: portal.wellbeats.com



STEP 2

Select 'Register Via Code' and enter invitation code



INVITATION CODE



STEP 3

Select Challenges from the main menu and select the Show Your Pride Challenge to get started!

