

FALL 2020  
SPEAKER SERIES

UNIVERSITY of WISCONSIN

*Superior*

Pruitt Center for  
Mindfulness and Well-Being

# Emotional Intelligence: From Theory to Practice at Work

**Tuesday, October 20**

Faculty, Staff and  
Community Session:  
4:30 - 6 p.m.

Register at  
[uwsuper.edu/brackett](https://uwsuper.edu/brackett)

**Presenter:**

**Marc Brackett, Ph.D.**

Director, Yale Center for  
Emotional Intelligence  
Professor, Yale Child Study Center



**Presentation Description:**

Emotions can either hurt or help us. In this presentation, Marc will describe how people can harness the wisdom of emotions to enhance decision making, leadership skills, relationships, well-being, workplace creativity, and organizational performance. Marc will also teach skills that have been shown to help people achieve personal and professional success.

**Presenter Bio:**

Marc Brackett, Ph.D., is the author of "Permission To Feel." His grant-funded research focuses on the role of emotions and emotional intelligence in learning, decision making, creativity, relationship quality, and mental health; the measurement of emotional intelligence; and the influence of emotional intelligence training on children's and adults' health, performance, and workplace performance and climate.

*For more information, contact Lori Tuominen at  
[ltuomine@uwsuper.edu](mailto:ltuomine@uwsuper.edu).*

*While each talk is free, registration is required. Only registered participants will have access to the recording.*