



FOR IMMEDIATE RELEASE
City of Duluth Parks and Recreation Division

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DATE: 06/04/2015

SUBJECT: June 6 is National Trails Day, public invited to participate in events

BY: Pakou Ly, Public Information Coordinator

June 6 is National Trails Day, public invited to participate in events

[Duluth, MN] - Come out June 6 to celebrate National Trails Day! The City of Duluth Parks and Recreation division and local trail organizations will be celebrating our growing and award-winning trails on Saturday, June 6, as part of National Trails Day. Show your love for trails by attending one of the scheduled events listed below, or take some time on your own to explore some of the 180 miles of trails that stretch across Duluth.

Duluth Parks: Visit with Duluth Parks on the Lakewalk during National Trails Day. Representatives from the Duluth Invaders service initiative will be hosting an informational table at 23rd Avenue East and Water Street to share information and answer questions about the negative impact of invasive plants.

WHAT: Learn about invasive plants that are growing along Duluth trails

WHEN: Saturday, June 6 from 10AM-2PM

WHERE: Informal Duluth Invaders informational booth located along the Lakewalk at 23rd Avenue East and Water Street.

Contact: Cheryl Skafte, Volunteer Coordinator, 218-730-4334 or cskafte@duluthmn.gov

Superior Hiking Trail Association: SHTA is hosting two hikes in and around Jay Cooke State Park. The long and short route options will offer hiking for almost everyone! Enjoy treats and a ribbon-cutting ceremony to officially open the new section of trail before the hikes begin. No pre-registration required for hikes. **Long Hike 5.9 miles, Wild Valley Rd. Trailhead to Jay Cooke State Park Visitor Center.** This NEW section of the SHT features a nice mix of forest, steep climbs and views of the St. Louis River and valley. **Short Hike 2.5 miles, within Jay Cooke State Park.** This hike crosses the famous Swinging Bridge and travels along the St. Louis River on the East and West Ridge state park trails.

WHAT: Hiking with the SHTA

WHEN: Saturday, June 6 from 10AM-2PM

WHERE: Both hikes meet at the Jay Cooke State Park Visitor center. A free state park day pass will be provided for those who do not have one. From I-35, take the Carlton Exit #235 and go right (east) on Hwy. 210 for 5.5 miles to Jay Cooke state Park Visitor Center parking lot.

Contact: hike@shta.org or 218-834-2700

Duluth Area Horse Trail Alliance: The Duluth Area Horse Trail Alliance will celebrate

National Trail Day with a gathering and trail trimming/walk on the Amity Creek Trail, a City of Duluth designated horse trail. The public is welcome to stop by to learn about the goals of the organization and meet some of the board members.

WHAT: DAHTA Celebration of National Trails Day

WHEN: Saturday, June 6 from 9:30 - 10:30AM

WHERE: The top of Seven Bridges Road at the Amity Trailhead

Contact: Jerry Brost, DAHTA Board Member, 763-228-2212

Cyclists of Gitchee Gumee Shores (COGGS): In celebration of National Trails Day, COGGS will be leading volunteers in a trail reconstruction project to reconnect what was lost with last year's road projects on Seven Bridges Road and will be bringing back the Amity Connector. Come out to get your hands dirty and meet fellow riders and trail enthusiasts. COGGS will provide lunch and some drinks, all tools and know-how. You provide yourself, some work gloves, sturdy footwear, and some water!

WHAT: Volunteer Trail Construction Project

WHEN: Saturday, June 6 - Meet at 10AM and work until around 2PM with a lunch break.

WHERE: Lester Park Trail Center (park at the Ski Trail parking area at Seven Bridges Road, Maxwell Road intersection).

RSVP: Help COGGS plan appropriately for lunch! RSVP at

<https://www.facebook.com/events/458502454304426/>

Contact: Waylon Munch, waymunch@gmail.com

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