



**FOR IMMEDIATE RELEASE**  
**City of Duluth Parks and Recreation Division**

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**DATE: 06/18/2013**

**SUBJECT: Parks and Recreation 2013 Summer Fun**

**BY: Amy Norris, Public Information Coordinator**

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## **Parks and Recreation 2013 Summer Fun**

### **Summer Turf Time at the Heritage Sports Center**

This is an opportunity for youth ages 7-17 from across the city to come socialize and participate in organized game activities at the Duluth Heritage Center's Indoor Turf Facility. University of Minnesota Duluth Athletes, Parks Staff and Men as Peacemakers will assist leaders in character development activities and sports oriented games on the indoor Turf Facility. Games such as kickball, flag football, disc golf, soccer parachutes, relays and obstacle courses will be played. Participants will be divided by age, ability and interests. Parents / Guardians must register children on-site and are encouraged to participate. A healthy snack will be provided after each session. This activity is FREE and a joint effort by Parks and Recreation and Men as Peacemakers. The Heritage Sports Center is located at 120 South 30th Avenue West. **Summer Dates:** June 20-August 22nd **Time:** Thursdays, 1:00-3:00 PM **Ages:** 7-17 **Cost:** Free **Contact:** Call 730-4322 for more information. Call-in reservation is suggested to save you a spot and a registration/permission form must be signed the day of the activity.

### **Parks and Recreation Summer Heritage Skating**

The Parks and Recreation sponsored summer skating sessions will be held from 1:30 to 3:30 pm every Wednesday until the end of August. The Heritage Sports Center is located at 120 South 30th Avenue West. These sessions are **free** and open to the public for pleasure skating. Please bring your own skates.

### **Fun Opportunities for Groups and Families at the BAYFRONT FAMILY CENTER!**

Bayfront Festival Park is a great place for people to go with friends and family almost any time! Take a walk around the festival grounds, stage and past the harbor... Play on

the biggest, most innovative playground in Duluth.... Check out the **Family Center**, open Monday-Thursday from 11:00 AM – 7:00 PM, which has sheltered seating, extra bathrooms and vending machines. Recreational Equipment is available for people to use, free of charge, and includes Frisbee Golf, Kites, Volleyball Sets, Kickballs, Croquet and more. **Dates:** May 27-September 19<sup>th</sup>.

### **Play Gym at Duluth Heights**

Unstructured, free, rain or shine playtime for preschoolers. Play Gym is held every Wednesday from 9:00 am to 12:00 noon at the Duluth Heights Community Recreation Center, 33 Mulberry St. For more information, call 730-4322.

For more Summer 2013 information go to [www.duluthmn.gov/parks](http://www.duluthmn.gov/parks) or check us out on Facebook.

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