



HealthPartners **yumPower** is all about finding tasty, good-for-you foods that power your body and help you live the best life possible. After all, when you eat better, you feel better! With tasty tips and useful resources, **yumPower** makes it easy to find better-for-you foods that are full of flavor and fun.

As a non-profit health care organization, HealthPartners mission is to improve the health of our members, patients and community. Because healthy eating is one of the four behaviors that help you prevent disease and live longer, HealthPartners created **yumPower** as a way to jump start better health for all. Following is the link to yumPower, HealthPartners nutrition initiative: <http://www.healthpartners.com/yumpower>



Healthy Dining's mission is to empower Americans to enjoy dining out as part of a healthier lifestyle and to inspire restaurants to prosper by offering dietitian-approved Healthy Dining menu choices at more than 60,000 participating restaurant locations.



The National Restaurant Association launched the Kids LiveWell program in collaboration with Healthy Dining Finder to help parents and children select healthful menu options when dining out.



EatingWell's mission is to provide the inspiration and information people need to make healthy eating a way of life. EatingWell does this by delivering easy recipes that meet stringent guidelines for taste and nutrition, science-based nutrition advice and information on the connections among food, its origins and impact on the environment.



For 38 years, Cooks of Crocus Hill has been regarded as one of the country's top culinary retailers and educators. Creators of the LifeRecipe program, Cooks' culinary approach to wellness is based on their experience inspiring and teaching people to cook and eat better. Visit cooksofcrocushill.com and liferecipe.com.

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