



FOR IMMEDIATE RELEASE
City of Duluth - Parks and Recreation Division

411 West First Street, Duluth, Minnesota 55802
218-730-4309 | www.duluthmn.gov

For more information contact Kate Van Daele, Public Information Officer 218-730-5309

DATE: 9/17/2019

SUBJECT: City of Duluth Parks and Recreation Upcoming Events and Programs

BY: Kate Van Daele, Public Information Officer

City of Duluth Parks and Recreation Upcoming Events and Programs

Please see below for highlights of upcoming Parks and Recreation program offerings, for more detailed program information please visit our website www.duluthmn.gov/parks

Community Events

Pop-Up Play

AGES: All

Parks and Recreation staff will bring equipment and lead family-friendly activities at parks throughout the city. Bring a picnic and come play in the park!

DAY	DATE	TIME	COST	LOCATION
Th	Sept. 12	3-7 p.m.	Free	Leif Erikson Park
Su	Sept. 22	11 a.m.-2 p.m.	Free	Endion Plaza

General Programs

Play Gym

AGES: 0 - Kindergarten

Come socialize with other families and engage in active play activities with your child.

DAY	DATE	TIME	COST	LOCATION
W&F	Weekly Starting Sept. 16	9-11 a.m.	\$1	Washington Center Gym

Family Archery Nights

AGES: 8 - Adult

Come learn a new skill and practice your accuracy at Family Archery Night! Participants will learn the basic safety, technique, and process for shooting archery and get a chance to test their skills in archery games and challenges.

DAY	DATE	TIME	COST	LOCATION	COURSE #
Su	Sept. 15	4-6 p.m.	\$5	Chester Park	1110
Su	Sept. 29	4-6 p.m.	\$5	Chester Park	1111

Family Hike

AGES: All

Join us in enjoying the great outdoors with a family-friendly hike! We'll end the hikes with roasting hot dogs and s'mores over a fire.

DAY	DATE	TIME	COST	LOCATION	COURSE #
Sa	Sept. 21	3:30-5:30 p.m.	\$3	Lester Park	1136

Family Canoeing

AGES: All

Learn the basics of moving, launching, paddling, and landing a canoe. Topics we will cover include equipment and safety, general paddling technique, basic paddle strokes, and how to properly launch and land a canoe.

LOCATION: Rock Pond in Bagley Nature Area (1325 Junction Ave.)

DAY	DATE	TIME	COST	COURSE #
Su	Sept. 29	10 a.m.-noon	\$10/canoe	1109

Outdoor Game Night

AGES: All

Take your Family Game Night outside! Come participate in a wide variety of games in one of Duluth's parks. Board games, yard games, card games, and more! All games and equipment will be provided.

DAY	DATE	TIME	COST	LOCATION	COURSE #
Tu	Sept. 17	5-7 p.m.	\$5/Family	Harrison Park	1106

Parks After Dark - Stargazing and Night Hike

AGES: All

We often see Duluth's beautiful parks and trails during the day, but what are they like when the sun goes down? Join us to explore and we will learn about what creatures prefer the night to the day, practice using our sense of hearing to experience nature, and do some stargazing!

DAY	DATE	TIME	COST	LOCATION	COURSE #
Tu	Sept. 24	8-9 p.m.	\$2	Chester Park	1103

GENERAL PROGRAMS

Women Hike Duluth

AGES: All

We have partnered with Hike Duluth to provide monthly guided hikes at various parks throughout Duluth to encourage women to be active and meet others who also enjoy the outdoors.

DAY	DATE	TIME	LOCATION	PARKING
Tu	Sept. 17	6 p.m.	Magney Snively Trailhead	Trailhead near 10005 West Skyline Pkwy

Intro to Mountain Biking

AGES: 16+

In this course, we will cover the basics of what goes into accessing and utilizing Duluth's trails.

Learn the basics of Duluth's trail systems and how to access them. We will hike bike trails and talk about: Trail systems and difficulty ratings, etiquette, what to bring, what to expect at a Trailhead, how to read signs, apps and maps, basic equipment and more.

SESSION	DAY	DATE	TIME	LOCATION
1	W	Sept. 18	5-7 p.m.	Lester Park

COST: \$50 COURSE#: 1122

Open Skate

AGES: All

All are invited to skate and socialize. Limited skates are available for use.

LOCATION: Essentia Duluth Heritage Center, 120 S 30th Ave. West

DAY	DATE	TIME	COST
Su	Weekly*	3-5 p.m.	\$2
W	Weekly**	6:30-8 p.m.	Free

*Beginning Oct. 6

**Beginning Sept. 18

Pre-School Skate

AGES: Pre-school aged children and their caregivers

This is an opportunity for young children, accompanied by an adult, to get on the ice without the crowds and intimidating speed of more advanced skaters.

LOCATION: Essentia Duluth Heritage Center, 120 S 30th Ave. West

DAY	DATE	TIME	COST
Tu	Weekly	9:15-10:30 a.m.	\$2

Seniors

Open Gym

Show up ready to move. Choose from an activity: basketball, badminton, volleyball, pickle ball and much more. Equipment available to try out. Self-directed with assistance from Parks Staff.

DAY	DATE	TIME	COST	LOCATION
Th	Weekly	8:30-11 a.m.	\$2	Washington Center Gym

*Starting Sept. 19

6

AARP Smart Driver Course

The AARP Smart Driver Course is the nation's largest classroom and online driver safety course and it's designed especially for drivers age 50 and older. Certificate of completion may entitle you to reduced car insurance rates. Check with your individual insurance company.

4-HOUR REFRESHER CLASS

DAY	DATE	TIME	LOCATION
Tu	Sept. 10	1-5 p.m.	Evergreen
Th	Sept. 19	1-5 p.m.	Portman

8-HOUR FIRST TIME CLASS

DAY	DATE	TIME	LOCATION
Tu & W	Sept. 3 & 4	5-9 p.m.	Evergreen

COST: \$15 for AARP members, \$20 for non-members

Movies

Join us for a movie this fall!

DAY	DATE	TIME	MOVIE
W	Sept. 11	1-3 p.m.	Little
W	Sept. 25	1-3 p.m.	The Public

LOCATION: Evergreen COST: Free

Hike

Looking to get out and explore our beautiful parks? This fall we're kicking off our first Seniors Hike event series. Join us a different trail each week. Each hike can be adapted to your ability level. After the hike, we will enjoy some healthy snacks. Dress for the weather.

DAY	DATE	TIME	COST	LOCATION	COURSE #
M	Sept. 16	10-11 a.m.	\$2	Enger Park	1144
M	Sept. 23	10-11 a.m.	\$2	Chambers Grove	1145
M	Sept. 30	10-11 a.m.	\$2	Hawk's Ridge	1146

Day Trip

Christmastide with the Celtics Sounds of SimpleGifts with Billy McLaughlin

Join us for a day trip to watch this wonderful group perform at the elegant jewel-box Gideon S. Ives Auditorium located on the 80-acre Heritage Center campus along the Minnesota River in Bloomington and before/after lunch visit the Minnesota Masonic Heritage Center & Museum.

Detailed trip information can be found online.

<u>DAY</u>	<u>DATE</u>	<u>TIME</u>	<u>COST</u>	<u>LOCATION</u>	<u>COURSE #</u>
W	Dec. 18	8 a.m.-7:15 p.m.	\$93*	Morgan Park Community Center	1140

*all tips included