



FOR IMMEDIATE RELEASE
City of Duluth Parks and Recreation Division

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DATE: 01/06/2014

SUBJECT: Nordic Spirit Ski Race Saturday, January 12th at Spirit Mountain Nordic Center

BY: Amy Norris, Public Information Coordinator

Nordic Spirit Ski Race Saturday, January 12th at Spirit Mountain

The Nordic Spirit Ski Race, presented by the Duluth XC Ski Club and Lake Superior College, will be held Sunday, January 12 at the Spirit Mountain Nordic Center (9525 W. Skyline Parkway). This is a classic-only ski race with distances of 13k, 25k and 38k and also a kids' race. The race courses cover the Spirit Mountain and Magney-Snively trails, with breathtaking views of Lake Superior and St. Louis Bay.

Registration is required and can be done in advance or on the day of the race. Registration and packet pick-up begins at 7:30am on race day, and the first races begin at 10:30am. More information and online or mail-in registration can be found at <http://duluthxc.com/nordicspirit>.

Other sponsors include Ski Hut, Continental, Lakewalk Surgery Center, SuperOne Foods, Hammer Nutrition, RollerskiShop.com and Muggy Moose Massage.

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The Lake Superior
COLLEGE

Nordic Spirit
Ski Race and Tour