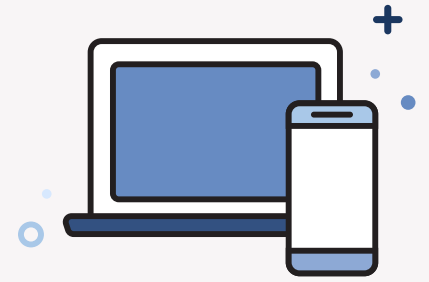


Virtual care with Amwell



Save time, connect with a provider online

Virtual care, also known as online care or an e-visit, is a quick, cost-effective, and easy way to get care for non-urgent, common health conditions like:

- Allergies
- Bladder infection
- Bronchitis
- Cold and cough
- Ear pain
- Flu
- High blood pressure
- Migraines
- Pink eye
- Rashes
- Sinus infection

With Amwell

- Receive care from a board-certified doctor or nurse practitioner
- Get help for many common medical conditions
- Access behavioral health care services, including therapy and psychiatry*

24/7 doctor access

Amwell is a virtual care clinic available to members in all states anytime, day or night. You can talk to a doctor in minutes without an appointment or long wait times. It's a great option when your primary care doctor isn't available; when you're traveling; or if you need fast, real-time, non-emergency care. Medical visits are \$64 or less, depending on your plan.

Benefits

- Save time — avoid a trip to the doctor's office and get care from the comfort of your home, work, or wherever you are.
- Get care for non-urgent medical conditions when you need it — visits are available 24/7.
- Save money — a virtual care visit typically costs less than a regular visit to the doctor's office, depending on your plan.

Behavioral health services

You can also get behavioral health care services through Amwell, including therapy and psychiatry. With virtual behavioral health care, you get the same care and attention you'd expect from an in-office visit, plus you can schedule at times that are convenient for you. Eligible services are covered under your plan as a behavioral health office visit.*

Other services

Amwell also offers other online services, but is not an in-network provider for those services. You can use those services, but you will pay the full cost.

Getting started with Amwell is easy

Enroll

Take a few minutes to create an account with Amwell:

- **Smartphone/tablet:** Download the free Amwell app from the App Store or on Google Play.
- **Computer:** Go to **Amwell.com/cm**.
- **Phone:** Call **1 (844) 733-3627**.

Choose

Select a doctor or nurse practitioner and follow the prompts to start your visit.

Visit

The provider will review your history, answer questions, diagnose, treat you, and prescribe medication (if needed). If you need a prescription, it'll be sent to your pharmacy. The cost of your prescription will be based on your plan's prescription drug coverage.

*To check your plan's coverage for behavior health, sign in to your secure member website at **Medica.com/SignIn** or call the number on the back of your Medica ID card.